



The Academy for Adventurers "AFA": Adventure Map Worksheet

🎯 1. NAME YOUR QUEST

What's the meaningful goal, mission, or transformation you're pursuing right now?

★ 2. YOUR GUIDING STAR (Your 'Why')

Why does this matter? What will it feel like when you succeed?



3. ALLIES AND MENTORS

Who can support, encourage, or guide you on this quest?



4. THE DRAGONS (Challenges & Fears)

What inner or outer obstacles might block your journey?