

Barbados Equestrian Association COVID-19 Competition Protocols



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1 Introduction

This policy manual contains Barbados Equestrian Association's updated protocols regarding COVID-19. These protocols have been put in place to create a safe environment whilst still being able to have fun and compete. These protocols are to be followed by competitors, organizers and show officials. These protocols align with the Barbados Government's protocols regarding sporting events. This manual will highlight who to speak to in regard to any questions about these protocols.

Furthermore, some insight into our communication plan and our competition organization. Finally, we discuss the strategy that will be taken if a person is to be in contact with COVID-19 from any of our competitions being held.

2 Safety Measures

HOW TO PREVENT CONTAMINATION



As organizers, we create conditions and an environment where individuals can follow these rules!

2.1 Social Distance

All over the competition venue, you must keep 6-foot distance at all times from people who do not belong to your "bubble". You move only in your social bubble and if you do move with others, you keep 6-foot distance and wear a face mask.

Different zones have been set up so that officials, competitors, employees, etc. cross each other as little as possible (such as separate sanitary facilities where possible, demarcated areas, etc.). In addition, some spatial measures are planned:

- Circulation plan (one-way traffic and walking lines in any confined areas)
- Density rules -
- Separate entrance and exit warm up ring and competition ring as needed

2.2 Face Masks

Each person that plans to be on the competition venue must bring and wear a face mask correctly at all times.

Exception: while riding, it is not compulsory to wear a face mask but as soon as you dismount, the face mask must be put back on.

As a committee, we will provide masks. These masks can be purchased at the Show Office.

2.3 Hygiene Measures

As a committee, we will provide sanitizer dispensers which will be distributed amongst the show grounds. These are regularly checked and refilled. We also ensure that there is always a sufficient supply of soap, paper towels, disinfecting gel and plastic gloves.

It is also important for persons coming onto the show ground to bring their own sanitizer.

Contact surfaces that are used frequently such as door handles and taps are additionally disinfected as are materials that are used by multiple people.

Cleaning Attendants will be provided to clean the portable toilets after each use, although the portable toilets used at Equestrian venues are usually touch free units except for the door handles.

It is important that people wash and disinfect their hands regularly and follow the hygiene rules.

2.4 Ventilation

All competition is held in outdoor arenas, so ventilation is not an issue

The indoor areas such as toilets will be ventilated with natural ventilation systems to prevent the spread of the virus. Portable Toilets are mostly used at Equestrian Events owing to their remote outdoor locations.

3 COVID- Coordinator

Our Covid-coordinator is responsible for all communication concerning the measures concerning Covid. They are the point of contact and checks whether everyone complies with the measures and if not, they are allowed to remove these persons from the competition site. The access of persons who want to enter the competition site will be denied if they do not comply with the measures. The Covid-coordinator will be assisted by the Covid-safety team for the enforcement of the measures.

Information: COVID-Coordinator

Name: Jessie Pinheiro

Email:jessie pinheiro@yahoo.com

Tel: 246-826-4377

4 Communication Plan

All communication regarding the show safety will take place online such as starting orders, class times. This will be to minimize contact via paper.

All communications regarding COVID measures will be communicated by our secretary in support of our Covid- coordinator.

For any further questions you can contact the following authorities:

BEA Covid-coordinator: Jessie Pinheiro

E-mail: jessie pinheiro@yahoo.com

• - Tel.: 246-826-4377

BEA Secretary General: Laura Smith

• - E-mail: beasecretary@hotmail.com

Tel.: 246-233-6334

5 Competition Organization

5.1 Division of different areas

5.1.1 Parking

- At the Entrance Gate to the Parking Area, an appointed Covid Official will be present to take temperatures, names, and provide hand sanitizing for all entering the venue.
- When parking, the Official will make sure there is enough distance between cars, trucks and horse trailers to guarantee social distancing. This includes when preparing the horse for the show.
- The steward/show officials will ensure there is enough space, and that social distancing is maintained on the way to and from the tracks.

5.1.2 Stables

- In the stables, enough disinfectant will be provided so that all equipment can be cleaned regularly
- Everyone in stabled areas must wear a face mask and maintain social distancing.
- Riders and grooms are only allowed in their horse's stables.

5.1.3 Arenas

Warmup Arena

- Only riders, coaches and ring steward are allowed in the warm-up arena. Everyone else is not permitted access without first clearing it with the ring steward
- All attendees are required to wear a face mask. Grooms and trainers are asked to
 disinfect their hands and maintain 6 feet of distance. A steward will check this and if
 these measures are not maintained, the rider whose handler, trainer or parent does not
 comply will not be permitted to compete.
- Riders do not need to wear a face mask while riding. However, they must maintain 6 feet of distance between them and others.
- Grooms, Trainers or anyone helping the rider while mounted must wear both a face mask and a face shield to avoid infection via the eyes.
- The warmup arena is only allowed 5 riders maximum at a time.
- The entrance and exit of each arena must always be kept free to ensure a smooth flow, thus avoiding any contact between the riders.

Competition Arena

- In the competition arena, a maximum of 2 horses are allowed in at the same time:
 - The combination that is currently competing
 - The person that is next and about to start competing
- During course building, track helpers and course builders must wear a face mask
- Competitors during course walk must have a mask on at all times
- At the prize giving, those receiving rosettes or prizes must wear a mask and social distancing will be maintained at all times.
- During Competitions and Training Sessions Athletes will have specified ride times or a specified "order of go" to minimize the number of people in the Arena area or even at the Venue at one time.

5.1.4 Judges & Show Office

- The scribe and judge that are based in the judge's booth must both wear a face mask and maintain a distance of 6 feet.
- They must also regularly sanitize their hands and wipe down their surroundings maintaining a sanitary environment.
- Judges should avoid direct contact with any riders or attendees of the show.
- Cash payments should be kept to the minimum to avoid the spreading of contact
- Communication with the Show Office will be via Walkie-talkies or via cell phone to avoid unnecessary contacts.

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5.2 Participants during the event

According to the current COVID rules, only the people who contribute to the running and organisation of a competition should be present on the show grounds. One groom and one attendant are allowed per athlete.

- All persons attending the show will be registered. Their name, email address or telephone number will be kept for at least 14 days for possible track and trace. Their temperature will also be taken and recorded. Hand sanitizing will be done on entry.
- The association is responsible for the registration of athletes and officials and all other persons present on the show grounds.
- People who are displaying or have symptoms of COVID will not be permitted onto the show grounds.

5.3 Crowd Management

- We will provide walkways and one-way flows to ensure social distancing where needed
- All areas at the venue including portable toilets will have socially distanced waiting
- No spectators will be permitted until government protocols allow for this
- Any sessions will be limited to training sessions based on current protocols
- As an association, we will make participants aware, in a polite way, of the applicable measures and take sanctions if people do not comply with them

These people have access to all areas because of the tasks they are there to do:

- Veterinarians
- First aid
- Police officers
- Fire department
- Cleaning crew
- Show staff

6 Testing Strategy

6.1 Contact Tracing

First and foremost: if you feel sick, stay home!

In the list below you will find all possible symptoms of COVID-19. Someone who has one of the symptoms below contacts a doctor as soon as possible.

If an Individual showing Covid symptoms is already at the venue, officials will ask the Ambulance personnel on duty (Ambulatory Care is required for all Jumping Competitions) to assist with medical checks and the safe transportation of the person to a Medical Facility. If there is no Ambulance present, such as during a Training Session, we will ask those able to leave themselves to go to a medical facility immediately for medical and possibly Covid testing. We will stay in touch with the medical developments of this individual so as to be able to provide the Contact Tracing Information if needed.

- Symptoms of Covid-19:
- Abnormal fatigue
- Fever (38° or more)
- Sore throat
- Loss of smell or taste
- Runny nose
- Sneezing
- Vomiting
- Diarrhea
- Dry cough
- Headache
- General feeling of sickness
- Unexplained muscle pains
- Breathing difficulties