



**TRADITIONAL
KARATE CENTER** 剛柔流

Program Schedules

Monday

Administrative Time
[By Appointment]

**Olympic Karate
&
IKGA Karate**
5:30 pm - 7:00 pm

Administrative Time
7:00 pm - 7:15 pm

**IKGA Karate
Beginners
&
Self Defense
Tactics**
7:15 pm - 8:45 pm

Administrative Time
[By Appointment]

Tuesday

Administrative Time
[By Appointment]

**IKGA Karate
Beginners**
5:30 pm - 6:30 pm
[*All other ranks welcome to
practice beginner materials]

**IKGA Karate Nov
& Int**
6:30 pm - 7:30 pm
[*Advanced ranks welcome.
Beginners by invitation.]

**IKGA Karate Int
& Adv**
7:30 pm - 8:30 pm
[*No additional ranks]

Administrative Time
[By Appointment]

Wednesday

Administrative Time
[By Appointment]

**Olympic Karate
&
IKGA Karate**
5:30 pm - 7:00 pm

Administrative Time
7:00 pm - 7:15 pm

**IKGA Karate
Beginners
&
Self Defense
Tactics**
7:15 pm - 8:45 pm

Administrative Time
[By Appointment]

Thursday

Administrative Time
[By Appointment]

**IKGA Karate
Beginners**
5:30 pm - 6:30 pm
[*All other ranks welcome to
practice beginner materials]

**IKGA Karate Nov
& Int**
6:30 pm - 7:30 pm
[*Advanced ranks welcome.
Beginners by invitation.]

**IKGA Karate Int
& Adv**
7:30 pm - 8:30 pm
[*No additional ranks]

Administrative Time
[By Appointment]

Saturday

Administrative Time
[By Appointment]

**IKGA Karate
Open Mat Time**
8:30 am - 9:30 am
[*Open to all ranks]
*Independent practice
permitted from 9:30 until
10:00 am

Administrative Time
9:30 am - 10:00 am

**Olympic Karate
Open Mat Time**
10:00 am - 11:00 am

Administrative Time
[By Appointment]

NOTE: DOJO CLOSED ON FRIDAYS & SUNDAYS UNLESS ADDITIONAL EVENTS ANNOUNCED. SCHEDULE SUBJECT TO CHANGES.

SPECIAL EVENT BOOKINGS: KARATE BIRTHDAY PARTIES & FUNDRAISERS CAN BE ARRANGED AROUND SCHEDULES ON SATURDAYS OR FRIDAYS &