

Our bath bombs are among our most popular products for relaxation and pain relief. Many of our customers have asked for tips on how to make their own bombs so they can add their own scents, colors, and shapes instead of purchasing pre-made bombs from us. Many of those customers have found it more cost effective to make their own as well as just a fun project to embark on for themselves.

Here's a tutorial on making five bath bombs with approximately 200mg of cannabinoids each. These bath bombs are 2 ¼" Diameter, the recipe will change if you use different mold sizes.

Shopping List:

- 10 oz Citric Acid
- 20 oz Baking Soda
- 10 oz Corn Starch
- 10 oz Epsom Salt
- 7 Tbsp Avocado or Coconut Oil
- 2.5 Tbsp Water
- 1 tsp (75 drops) Essential Oils or Other Scent
- Food Coloring if Desired
- CBD Dominant Hemp Extract
 - 1 Gram CBD Isolate (If only CBD Is desired)
 - 1.25 mL 80% THC Free Distillate (If you want everything except for THC)
 - 1.25 mL 80% Full Spectrum Distillate (If you want everything the plant has to offer)
 - ***Not all distillate oil has the same potency, and therefore if you are going to use distillate, make sure you know the potency of the oil prior to formulating anything at home.

How To:

1. Mix all dry ingredients (Citric Acid, Baking Soda, Corn Starch, and Epsom Salt) in a medium mixing bowl, make sure there are no clumps and all ingredients are thoroughly mixed.
2. Add in Avocado or Coconut Oil and mix thoroughly.
3. Mix all other wet ingredients and CBD Concentrate of choice together in a small bowl (water, essential oils, coloring). While rapidly whisking, slowly add in the water so that the ingredients do not start reacting in the bowl with the water. Some reaction will happen, but you want to minimize it as much as possible, so the bomb has lots of fizz left in it for the bath.
4. Hold half of the mold in each hand and scoop the two together in the bowl and bring them together as full and as tight as possible. If the two halves of the mold easily touch each other while pressing them together, you need to get more material in between them. If you have too much material, it will be almost impossible to get them to stay together. It's a learning curve, but you'll get it.
5. Lastly, hold the molded bomb over a cooking sheet and gently wiggle both halves of the mold off leaving the bomb mold-less. The bombs need to dry out for about 10-12 hours before wrapping or putting into bags for storage.
6. Make sure they are stored in a dry area until they are used.
7. Should make about 5 bath bombs

We can provide all CBD Isolate or Distillate needed to accomplish your bath bomb goals or alternatively provide you with pre-made ready to enjoy bombs.