

Microblading: Aftercare Treatment Information

How to look after your brows:

Day 1:

You will see some lymph (body fluids which look just like water) form on top of the area – this happens on day of treatment only.

Follow this routine 1 hour after treatment and every hour for a further 2 or 3 hours. If you still see lymph being produced (clear fluid) repeat again for a maximum of another 2 times

- Ensure your hands are clean or your wearing gloves
- Put sterile water onto a cotton wool pad (the pad should be just over damp – not saturated and dripping with water)
- Very gently glide the cotton wool pad over the brow in the direction of the hair growth
- This gently removes the lymph fluid from the brows
- You may see pigment/coloring on the cotton wool pad – this is normal
- Remove any excess water that is there or give a minute to dry
- Apply a very thin layer of aftercare balm over the brow area (I advise applying this with the rubber gloves provided as it easily glides over the brow)
- Wipe off and repeat in 1 hour

Day 2 Onwards:

For the next week (or until the area appears to be healed and is at stage 2) undertake the following:

OILY TO COMBINATION SKIN:

- Use no aftercare balm. Your skin will contain enough oil to lubricate the scabs as they come
- Please keep an eye on how the scabs look (if you get any). If they appear quite soft and hardly raised then you will not need to apply aftercare balm
- If your scabs feel a little rough and slightly raised apply a very thin layer of aftercare balm in morning/night as required. The aim of the balm is to keep the area lubricated and facilitate healthy healing, scabs should be kept slightly soft which will stop the itching and prevent scabs from 'pulling' against the skin and thus removing pigment.

NORMAL TO DRY SKIN:

- Day 2 onwards apply the aftercare balm over the brow in the smallest amount possible
- If scabs appear just slightly dry and raised, 1 layer of balm is adequate
- If scabs appear a little rougher (almost as if they are lifting off) you may apply another THIN layer of aftercare

Please bear in mind that it is ESSENTIAL they you need to keep a check on your brows as you could jump from one day have no scabs/soft ones to the next day having really rough dry ones so you need to change your aftercare treatment in accordance with your brows. The aim is to keep the scabs/treated area nice and soft to avoid scabs coming off too soon and taking the pigment with them which will remove the tattoo/hair strokes.

Important Do's and Don't's:

- Do not expose the area to extreme heat until full healed (this include sunbeds, saunas and swimming and obviously sunny holidays)
- Do not apply anything other than the aftercare Balm given – defiantly not Vaseline. Ask for more aftercare is required.
- Don't pick, itch or rub the area
- Only over use 'gentle, patting' motions when drying your brows
- NO STEAM! (including steam generated from a hot bath)
- Avoid strenuous activity – increased activity/exercise makes the area ooze and swell more. Also sweat running into the area will string and could fade the coloring of the pigment
- Do not apply topical cosmetics for at least 24 hours after initial treatment
- Do not apply anti-aging products, creams, serums, exfoliants, face washes or moisturizers for at least 2 weeks after your initial treatment
- Do not dye, wax or use hair remover on the bow area for 2 weeks after treatment
- After the skin has stopped flaking and scabbing you can apply loose power to the area while waiting for the final colour to come through after 4 weeks.

THESE ARE NOT CALLED IMPRTANT DO'S AND DONT'S FOR NOTHING, I HAVE GIVEN YOU THESE INSTRUCTIONS IN DETAIL FOR A REASON

Would you rather ignore these guidelines and continue with your normal daily routine of applying make up, exfoliators, creams, exercising, picking and itching just because a scab is hanging off ad you don't want people noticing. If so, you will end up having to pay out more to have your brows re-done

Or...

For no more than 10 days, stick to these rules and get perfect brows the first time around.

Enjoy your beautiful brows xxxx

Stage 1: Days 2-5	<p>Expect to be:</p> <ul style="list-style-type: none"> • Itching Tender/redness/swollen • Weeping lymph fluid • Dry and quite itchy • Very dark, almost 50% darker than in a weeks time • Brows may take on a 'blocked' shape, looking intense, this will also make the shape look thicker than it actually is
Stage 2: 5-10 days from initial treatment	<p>Before the scabs flake away after a week or so....</p> <p>Your body will have grown a new layer of skin, underneath these scabs but over the area which has been tattooed (which means of course, you cannot visibly see this layer of skin as it is in the middle of what you can see and what is underneath your skin)</p> <p>The reason for this is because your body is trying to protect an open wound from becoming infected. It protects this by simply growing a new layer of skin over the area as quickly as possible. It sees that the micro blading procedure has broken the skin and your body grows a new layer of skin to protect itself.</p> <p>I am assuming that if you are reading this for the second time, you are after re-assurance as you are probably at the stage where not all of the scabs have come off and parts where the scabs have come off, it may look as though there is hardly any tattoo there.</p> <p>Please DON'T PANIC! The contrast between the darker scabs (as explained in stage 1) compared to lighter areas will appear like a massive noticeable patch, but it is not. THE COLOUR WILL COME BACK</p>
Stage 3: 14-28 days from initial treatment	<p>At this point, the new layer of skin will be starting to shed away, making the tattoo more visible; you will not see this baby skin shed away, unless your under a microscope! However, you will start to notice your brows getting darker.</p> <p>The brows will still be 20%-30% lighter than when you left after the initial treatment, which is to be expected</p> <p>The scabs that form are only very delicate and can come off pulling some of the pigment out with it (this can easily happen accidentally or even knocking your brows in your sleep) – please try to be very careful.</p>