Dr Mark Cornwell
Dr Howard Hope
Dr Indira Singh-Grewal
Dr David Whitaker
Dr Angus Thomson
Dr Hamid Asadzadeh Aghdaei

You have been booked for a procedure at St Vincents Private Hospital on: ___/___ /___

Location: St Vincent's Endoscopy Unit – Level 3, 20 Dalley Street, Lismore

BEFORE THE PROCEDURE

1. Complete and Return Admission Forms

You must complete the St Vincents Patient Registration Form (6 pages) and return it at least 1 week before your procedure. Return options:

- Email: lismore@nrgdoctors.com.au
- Fax: 0266219018
- Post or hand-deliver to: Suite 8&9, 20 Dalley St, Lismore **OR** Suite 5/85 Tamar St, Ballina

2. Read through ALL attachments given to you regarding your procedure.

These include:

- **Patient Instructions for St Vincents Private Hospital** (this sheet)
- **For Colonoscopy:** Colonoscopy Fact Sheet & Bowel Preparation Instructions (Moviprep)

You will need a printed copy of the Moviprep instructions to follow when completing your prep.

- **For Gastroscopy:** Gastroscopy Information Sheet

3. Buy your Bowel Prep Kit (for Colonoscopy)

- Purchase **Moviprep** from a pharmacy or from our Ballina/Lismore rooms (call our rooms first to check opening times).
- **Start your low fibre diet 3 days before** your procedure.
- A nurse from our rooms will phone you 7-10 days prior to your procedure to discuss the procedure with you, including any medication instructions.
- Please ensure that you have **thoroughly read your Moviprep instructions prior to this call** so that you can ask any questions that you may have.

MEDICATIONS

You will discuss your medication instructions with one of our nurses 7-10 days prior to your procedure.

- Let the nurse know if you take **blood thinners**
- Stop **iron** and **fish oil** tablets **7 days prior**
- Bring your **asthma inhalers**
- Advise of any **non-prescription medicines**

If diabetic:

- You will have a morning admission for your procedure
- Bring your diabetic medications and insulin with you to take after the procedure

Feeling unwell?

If you have had **flu-like symptoms or COVID** in the past **2 weeks** or start to feel unwell in the lead up to your procedure, please call our rooms immediately – 0266220388

St Vincents Specialist Centre
Suites 8 & 9, Level 3, 20 Dalley street
Lismore NSW 2480

Ph: 0266220388
Fax: 0266219018
Email: lismore@nrgdoctors.com.au

V9.2026

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THE DAY BEFORE YOUR PROCEDURE

Call St Vincents Admissions on 0266279223 after 11:00 AM the working day before your procedure to:

- Confirm your admission time
- Get fasting instructions

THE DAY OF YOUR PROCEDURE

- **Arrive at:** St Vincents Endoscopy Unit – Level 3, 20 Dalley Street, Lismore
- **Wear:** Comfortable, loose clothing and bring a warm jumper
- **Bring:** Required medications

Expect to be at the surgery for at least 4 hours.

AFTER THE PROCEDURE

- A **responsible adult** must take you home and stay with you for **24 hours**
- **Do not drive**, work, or use public transport alone for 24 hours post anaesthetic
- **Rest at home**
- You are advised **not to travel long distances for up to 10 days after a colonoscopy**

Location: St Vincent's Endoscopy Unit – Level 3, 20 Dalley Street, Lismore

FEES AND ACCOUNTS

- **An estimate of fees** will be sent to you prior to your procedure.
- Please check with your health fund to ensure that you are covered for all item numbers prior to your procedure.
- Return the Estimate of Fees form to us prior to your procedure or bring with you on the day.

If you are self-funding for your procedure you may receive up to 4 invoices:

- **Doctor's Fee** – a prepayment is required prior to booking procedure.
- **Hospital Fee** – payable at St Vincents Endoscopy Unit on the day of procedure.
  Call: 0266279223 for an estimate.
- **Anaesthetist Fee –** call: 0266221285 for an estimate
- **Pathology Fee –** depending if tests are completed on the day

CONTACT NUMBERS

- **Northern Rivers Gastroenterology:** 0266220388
- **St Vincents Private Hospital (Admissions)**: 0266279223
- **Northern Rivers Anaesthesia:** 0266221285

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