



EMERGENCY ACTION PLAN



Club Name:	Willingdon Athletic FC
Club Address:	Huggetts Lane Recreation Ground, Willingdon
Postcode:	BN20 9SU
Telephone:	07432 084862

FIRST AIDERS / HELPER INFORMATION	
Name	Mobile Number
For queries about this EAP:	
Laura Dempster	07432 084862
Brian Kensett	07856217959
See relevant coach for first aider on day of match	

FIRST AID EQUIPMENT AND FACILITIES	
Item	Location
Defibrillator	Outside of Clubhouse next to Referee's changing room
Stretcher	
First Aid Room	In Clubhouse

ACCESS ROUTES	
For Ambulance	Main gates to field, padlock key In key cupboard In Kitchen Area
From Pitch to Ambulance	Direct access

OTHER INFORMATION	
Nearest A&E / Trauma Hospital:	Eastbourne District General Hospital
Fastest Route to A&E / Trauma Hospital:	Follow Eastbourne Road to Roundabout, 2 nd left onto Kings Drive, follow road until you arrive at the Hospital
Distance & Journey Time:	1.9 miles, 5 minutes by car, 35 minute walk
Nearest Walk-in Centre:	DGH as above
Alternative Trauma Hospital:	Minor Injuries Uckfield, Conquest hospital Hastings or Brighton