

INSIDE PITCH

JANUARY 2019

- **PDP: PITCHERS DEVELOPMENT PROGRAM** (75 minutes – Ages 12+)
- **HF: HITTING + FIELDING** (90 minutes – Ages 12+)
- **YDP: YOUTH DEVELOPMENT PROGRAM** (90 minutes – Ages 7-12)
 - Hitting, Fielding and Throwing/Pitching
- **PL: PRIVATE LESSONS**



PROGRAM	TIME (min)	SINGLE	5 SESSIONS	10 SESSIONS	MONTHLY UNLIMITED
PDP (12+)	75	\$45	\$190	\$320	\$300
HF (12+)	90	\$50	\$215	\$350	\$280
YDP (7-12)	90	\$50	\$215	\$350	\$280
PL (One skill)	45	\$80	\$350	-	-
PL (Two skills)	75	\$120	\$500	-	-

*Session packages (group classes) expire at the end of May 2019

*Monthly unlimited package expires 30 days from date of purchase

*Private lessons expire 3 months from date of purchase

*Purchase two packages at once and receive 20% discount

January Schedule

Program	MON	TUES	WED	THUR	FRI	SAT	SUN
PDP	-	7:00-8:15	7:15-8:30	5:45-7:00	6:15-7:30	-	8:45-10:00
HF	-	-	5:45-7:15	-	4:45-6:15	-	10:00-11:30
YDP	-	5:30-7:00	5:30-7:00	-	-	-	11:30-1:00
PL	By appointment only (email or text us)						

*Schedule subject to change (official schedule posted on Mindbody)

www.INSIDEPITCHSJ.com

Mobile: 408.478.5361

Email: insidepitchsj@gmail.com

IP Policies & Procedures

- Rates effective as of January 1, 2019
- Accepted payments: cash or check, PayPal, credit card invoice via email (3% service fee added)
- All payments are final and non-refundable for any reason
- Maximum 6 students per group class; minimum 2 students for group class to be held
- One student only for private lessons
- All reservations must be completed through Mindbody (App or Web access)
 - Refer to schedule tab on our website for more information
 - Sign in to any class that has available slots; first-come, first-serve reservations
 - Sign in a few days early to avoid possible class cancelations/full classes
- Class cancelations: 24-hour notice required or class counts against package
- Unlimited monthly packages require \$50 deposit- this is to cover any cases of no show/late cancelations (\$25 per no show or late cancelation)
 - \$50 refunded back once month is complete if unused
- All students required to wear IP uniform for group and private lessons
 - Includes dri-fit tee, shorts and hat (\$25 per item or \$65 for full set)
- Students are expected to be ready 5 min early for group class, 15 min for private
 - Students have access to IP back area to warm up
- Referral Program: email us for details
- Progress reports will be sent out approximately every 3 months
- All packages include: starter workout program, access to our programs online

Inside Pitch Coaches

- **Cory Hall**- Director of Player Development
 - KC Royals, Santa Clara Univ., Taft College, Canadian Jr. National Team
- **David Abraham**- Hitting/Infield Coach
 - Santa Clara Univ., DeAnza, Bellarmine
- **Nate Garcia**- Lead Pitching Instructor
 - TB Rays, Santa Clara Univ., Bellarmine
- **Blake Morrison**- Pitching Instructor
 - Cal State Stanislaus, West Valley College, Los Gatos HS
- **Alex Rivers**- Pitching & Hitting Instructor
 - KC Royals, Santa Clara Univ., Tokay HS

Location: South Bay Sports Training (downstairs)
995 E Santa Clara St. San Jose, CA 95116