

INSIDE PITCH

SUMMER 2019

GROUP PROGRAMS

- **PDP: PITCHING DEVELOPMENT PROGRAM**
 - Bullpens, velocity, command, arm care, strength
 - 90-minute class, 3 or 4 students
- **HDP: HITTING DEVELOPMENT PROGRAM**
 - Rotational strength, weighted bats + balls, various swing metrics
 - 60-minute class, 2 - 4 students
- **YDP: YOUTH DEVELOPMENT PROGRAM**
 - Hitting, throwing/pitching, fielding
 - 90-minute class, 3 or 4 students per class, ages 6-10

Class	Length	Single	5 Pack	10 Pack
PDP	90 min	\$60	-	\$450
HDP	60 min	\$40	-	\$300
Combo (PDP+HDP)	2.5 hrs	\$100 (1 of each)	\$400 (5 of each)	\$700 (10 of each)
YDP	90 min	\$60	-	\$450

*Class schedule posted online

**Packages expire 6 months from date of purchase



PRIVATE LESSONS

- Hitting, pitching, catching, fielding
- 60 or 90 minute lessons, 1 or 2 students per class

Length	Single	5 Pack	10 Pack
60 min	\$110	\$450	\$850
90 min	\$160	\$675	\$1250

www.INSIDEPITCHSJ.com

Mobile: 408.478.5361

Email: insidepitchsj@gmail.com

IP Policies & Procedures

- Rates effective as of May 1, 2019
- Accepted payments:
 - Cash in person to an IP coach
 - Check in person to an IP coach: made payable to "Inside Pitch"
 - PayPal: insidepitchsj@gmail.com (please send via friends/family payment option)
 - Credit card invoice via email through Square (3% service fee added)
- All payments are final and non-refundable for any reason
- Class cancellations: 24-hour notice required or class counts against package
- Packages expire 6 months from date of purchase
- Maximum 4 students per 90 min group class (minimum 3 students for group class to be held)
 - If only 2 students enrolled, we will convert class to a semi-private 60-minute lesson
- All reservations must be completed through Mindbody (App or Web access)
 - Refer to schedule tab on our website for more information
 - Sign in to any class that has available slots; first-come, first-serve reservations
 - Sign in a few days early to avoid possible class cancellations/full classes
- All students required to wear IP uniform for group and private lessons
 - Includes dri-fit tee, shorts and hat (\$25 per item or \$65 for full set)
- Students are expected to be ready 5 min before time slot
- Referral Program: refer to Programs Tab on website for more information
 - New client: one time intro offer = take 50% off single session rate (group or private)
 - Reference: every new referral = \$20 credit to your account to use for any future packages
- All packages include: starter workout program, access to our programs online (email us for access)

IP Coaches

- **Cory Hall**
 - KC Royals, Santa Clara Univ., Taft College, Canadian Jr. National Team
- **David Abraham**
 - Santa Clara Univ., DeAnza, Bellarmine
- **Nate Garcia**
 - TB Rays, Santa Clara Univ., Bellarmine
- **Blake Morrison**
 - Cal State Stanislaus, West Valley College, Los Gatos HS
- **Alex Rivers**
 - KC Royals, Santa Clara Univ., Tokay HS

**San Jose: South Bay Sports Training (downstairs)
995 E Santa Clara St. San Jose, CA 95116**

**Santa Clara: Mission City Church (back parking lot)
1290 Pomeroy Ave. Santa Clara, CA 95051**