



MEET ANGIE

Wellness With Purpose. Guidance With Heart.



I'm **Angie King**, founder of King's Mortar & Pestle, KMP Resources, and KMP Innovations—and an **Herbalist and Certified Holistic Health Coach**.

What began with my own desire to better understand wellness has grown into a passion for helping others navigate theirs. Through thoughtfully crafted botanical products, practical education, and meaningful resources, my goal is to help you make informed, intentional choices that fit *your* life and *your* wellness journey.



PURPOSE

We exist to support your wellness journey with products and resources that matter.



INTEGRITY

We craft with care, transparency, and a commitment to quality.



EDUCATION

We provide practical knowledge and tools to help you make informed choices.



STEWARDSHIP

We honor God's creation through responsible, botanical stewardship and sustainable choices.



Faith is part of who I am and the foundation from which I serve.



“My greatest joy is seeing how small, intentional steps can bring meaningful change and renewed hope. You don't have to do it all perfectly—just keep showing up for your wellness journey.”



You don't have to walk alone.

We're here to support you with products, resources, and encouragement every step of the way.

Because your wellness journey matters.



WE'D LOVE TO WALK WITH YOU.

Explore products, resources, and community designed to help you thrive—naturally and intentionally.

