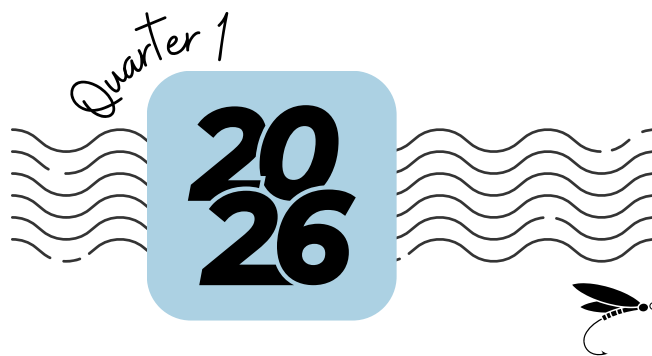
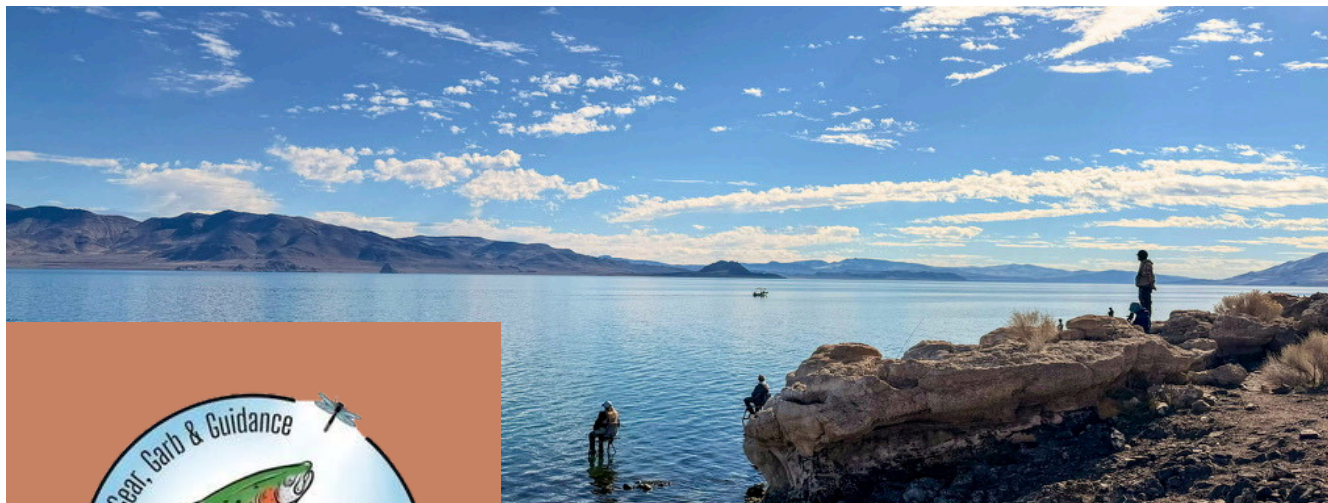


# QUARTERLY NEWSLETTER



Spring has arrived, and with it comes new momentum, bold hope and plenty to celebrate. We're already deep into 2026 and hard at work on the goals we set out to accomplish, energized by what's ahead and proud of all we have built together.

Our 2025 Impact Report tells that story - take a look [here](#). Looking ahead, our calendar is filling with opportunities to connect, grow, and cast new lines. Stay tuned for updates, mark your calendar, and as always, your support continues to help make all of this possible. Let's keep rising, together.





## TROUT TREK



Trout Trek is one of the boldest things we're building right now and it's hitting exactly how we hoped it would. What's taking shape is a space where women are finding their stride, making plans, getting on the water, and backing each other every step of the way. It's supportive, and rooted in the kind of connection that actually lasts. The momentum is undeniable.



## COMING UP

**MAY**



**29<sup>TH</sup> FRI** — **31<sup>TH</sup> SUN**

**THE BEAVERKILL RIVER  
NEW YORK**

Interested? Please email [info@risingtothefly.com](mailto:info@risingtothefly.com) for more information





# INTRO TO FLY FISHING



Our Intro to Fly Fishing/Casting Clinic was filled with incredible women, contagious energy, new skills, and unforgettable moments on the water. From the first cast to the final cheers, the day was a powerful reminder of what can happen. One of the biggest highlights came when our friend Miara landed her very first steelhead, a moment that felt nothing short of magic.

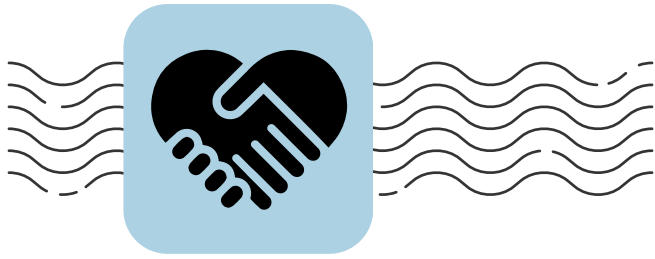
Throughout the clinic, participants had the chance to build foundational skills in a welcoming, hands-on environment while sharing plenty of laughter and encouragement along the way. It was inspiring to watch each woman show up ready to learn, push herself, and embrace the experience fully, all while forming connections that reach far beyond a single day on the river.

## COMING UP

**APPLICATIONS CLOSE  
JUNE 1ST**  
  
**APPLY NOW**

**JUNE**  
 **13<sup>TH</sup> SAT** **CASTING CLINIC**  
**TRINITY ALPS, CA**  
Please email [info@risingtothefly.com](mailto:info@risingtothefly.com)





## **STRONGER TOGETHER**

### **A WOMEN'S CIRCLE OF HEALING AND EMPOWERMENT**

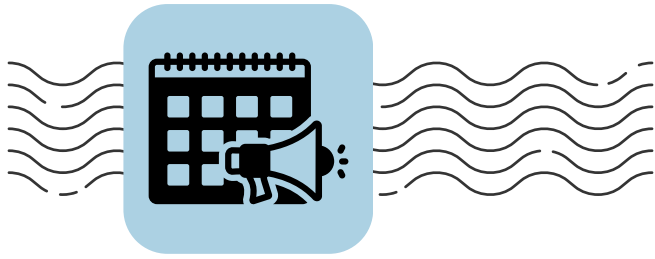
This spring, Rising to the Fly is stepping into something deeply meaningful through a first-of-its-kind partnership with newly established **PHW NorCal Sisters on the Rise**. From May 3–7, women from both organizations will gather in Fall River Mills for a special outing built around connection, conservation, healing, and time on the water. Bringing together approximately 10 participants and 5 volunteers, this event marks an important milestone as the first PHW NorCal Sisters on the Rise trip created specifically for women participants.

For Rising to the Fly, this opportunity carries real weight. It reflects exactly why we do this work: to break down barriers, create space for women to belong in fly fishing, and build programs that go beyond access alone. This gathering is not just about fishing one of the most iconic spring creek systems on the West Coast. It is about women coming together to support one another, share experiences, strengthen confidence, and take part in something bigger than themselves. It is also a chance to help care for the Fall River watershed through a conservation partnership with California Trout, adding purpose and stewardship to an already powerful experience.

What makes this event especially significant is what it represents. Women are too often underrepresented in both fly fishing spaces and broader outdoor communities, and women veterans in particular can face challenges that are too easily overlooked. This partnership puts women at the center, not as an afterthought, but as the focus. It creates room for healing, leadership, camaraderie, and momentum, while also opening the door to new ideas, stronger partnerships, and greater impact moving forward.

We're proud to stand alongside Project Healing Waters NorCal Sisters on the Rise in this inaugural effort and grateful for the opportunity to bring Rising to the Fly's mission into a space where it can make a real difference. Stronger Together is more than the name of this gathering and it is a powerful reminder of what happens when women are given the space, support, and community to rise.





## UPCOMING EVENTS MARK YOUR CALENDARS



### JULY

↘ **10**<sup>TH</sup> **FRI** – **12**<sup>ST</sup> **SUN**

**TROUT TREK**  
NORTH UMPQUA RIVER, OR

We're teaming up with Southern Oregon Women Outdoors for a Trout Trek weekend in the beautiful Umpqua National Forest. Expect tight lines, campfire nights, new friendships, and DIY adventure, with fishing opportunities for brown trout, rainbow trout/steelhead, and cutthroat near Idleyld Park. This trip is filling up fast – if it's full, get on the waitlist. Email [info@risingtothefly.com](mailto:info@risingtothefly.com) for details or to sign up.

### JULY

### AUGUST

↘ **31**<sup>TH</sup> **FRI** – **02**<sup>ST</sup> **SUN**

**TROUT TREK**  
SOUTH LAKE TAHOE, CA

We're headed to Hope Valley/Eastern Sierra for an incredible Trout Trek with access to the Carson River, Walker River, and several alpine lakes. This DIY adventure includes a group campsite in Alpine County, just 30 minutes from South Lake Tahoe. Email [info@risingtothefly.com](mailto:info@risingtothefly.com) for details or to sign up.

**AUG**  
↘ **22**<sup>TH</sup> **SAT** **INTRO/CASTING CLINIC**  
DUNSMUIR, CA

### STAY HOOKED



Follow Us on Instagram!





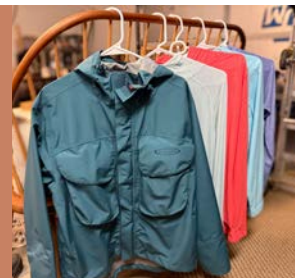
## CLOTHING AVAILABLE



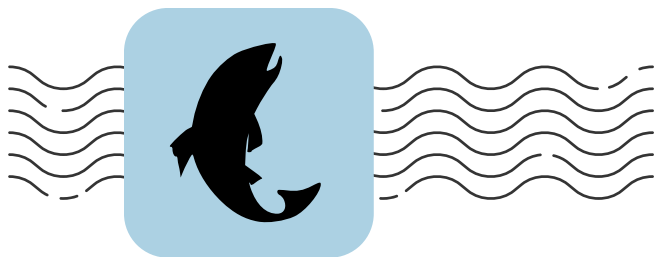
We've been inundated with fly fishing clothing donations, and it's a powerful reminder of just how deeply this community believes in our mission. The generosity of our donors and supporters has served us well, and now we're eager to turn that support into impact by getting this gear into the hands of more women. This is how we keep breaking down barriers — one donation, one connection, and one woman at a time.



**JUST IN TIME FOR SUMMER! WE HAVE SUN HOODIES, SHIRTS, LIGHT JACKETS & PANTS. PLAN AHEAD FOR WINTER WITH RAIN COATS AND WARM PANTS. ACCESSORIES LIKE HATS OF ALL KINDS ARE ALSO AVAILABLE!**



Please reach out to [info@risingtothefly.com](mailto:info@risingtothefly.com) or [julia@risingtothefly.com](mailto:julia@risingtothefly.com) with your needs and sizes. We'd love to help get this gear into your hands!



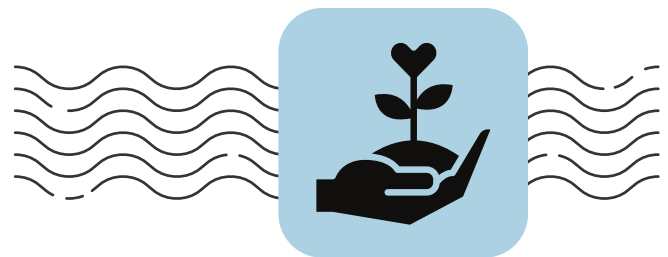
## GET IN TOUCH



[info@risingtothefly.com](mailto:info@risingtothefly.com)



[@risingtothefly](https://www.instagram.com/risingtothefly)



## OUR PARTNERS

We extend our deepest gratitude to our esteemed partners whose support has been the cornerstone of our growth.

