

PRESENTATIONS & PUBLIC SPEAKING

IMPROV-BASED COMMUNICATIONS PROGRAM VIRTUAL OR IN-PERSON

Our flagship program has consistently earned the trust of a diverse range of clients seeking to elevate their team's communication. At the heart of our program is a commitment to preparing your team with valuable techniques to strengthen their voices, along with the confidence to think spontaneously and command presence when sharing ideas. This workshop is specifically designed to provide strategies for effectively engaging and inspiring your audience, all while fostering genuine and authentic connections.

PROGRAM MODULES

- **Find Your Voice**
- **Connect With Your Audience**
- **Start With Heart**
- **Think On Your Feet (Q&A)**

This program can be taught over 4, 6, or 8 hours and can be split over multiple sessions.



Providence
Health Care



THE UNIVERSITY
OF BRITISH COLUMBIA



“This coaching was a tremendous way to empower speakers to relax, connect, and deliver the message they intend effectively. Looking forward to applying these skills in conversations big and small.”

- Jeff Feinberg, Snohomish County PUD

“Improv for Work and Wellness does an amazing job of creating a productive and safe environment for anyone, from the novice to the most advanced speaker, to practice the skill and develop new ways of approaching presentations and public speaking. I would highly recommend.”

-Chris Forbeck, Director, Compensation and Benefits at North