



Nancy Cowan School of DANCE

November 2025 NEWSLETTER

Hello everyone...another dance year is well underway and we are already fast approaching our end of term performance. Some of the classes have been rehearsing to present a dance for you. Music is from the Nutcracker Suite and other classical and contemporary pieces.

The actual performance will be approximately 30 minutes in length. Light refreshments will follow after the show. Any contributions would be appreciated.

The performance can be enjoyed by all, be sure to invite family and friends. More info below.

Come out to enjoy an afternoon of dance.

INFORMAL PERFORMANCE SATURDAY, DECEMBER 6 AT 11:00AM

(approximate length is 30 minutes)

- ❖ Performance will be held downstairs at the St. John's United Church, 400 Prescott St., Kemptville.

❖ Please note: Church policy **WINTER BOOTS TO BE REMOVED AT LANDING BEFORE DESCENDING THE STAIRS. This helps keep the floors safe** from people slipping in wet from boots and wet shoes and keeps the floor clean for all. There is a large coat rack at this landing for coats as well. Don't forget to bring clean, dry shoes to wear.

Please inform friends and family who attend of this policy as well. Thank you.

- ❖ **Tickets are \$2/person** (4yrs and under free). Dancers do not have to have a ticket. You can pickup tickets in advance from Nancy. Just ask at the beginning of class or send an email.
- ❖ If your child is unable to participate, please inform Nancy as soon as possible.
- ❖ **The show starts at 11:00am.** Please have your dancer arrive early enough to put on their accessories/costumes and makeup. (see makeup list on page 2).

- ❖ Hair in bun
- ❖ Dancers will wear their regular ballet class attire - clean ballet tights, light pink bodysuit and their ballet slippers. The accessories/costumes are over top of regular outfit.
- ❖ Dancers should get into their costumes/accessories on arrival then sit with their parents as part of the audience. They will be called up to dance just before their number.
- ❖ After performing the younger dancers will return to sit with their parents until the end of the show.
- ❖ Please return costume accessories to their respective bag/box after the show. Thank you.
- ❖ **Light refreshments** will be available after the show. Any contributions would be appreciated.

LAST CLASS IS SATURDAY NOVEMBER 29 & FRIDAY DECEMBER 6.

The Saturday morning classes will be held at St. John's United Church (same location as the performance). Parents of the Saturday morning classes are invited in during class time. We will do a short warm up so you can see some of what the children do in class but the main focus will be their performance dance. I will show you how to put their accessories/costumes on and show how to apply makeup. This is a good day to practice putting hair in a bun.

The Friday December 6 class – Parents are invited in halfway through the class to see how costumes are put on and for the girls to rehearse with an audience.

Note there is no costume fee for our December show. The school will provide the accessories/costumes for the classes.

SECOND TERM REGISTRATION

Attached is a registration form for the second term. Please fill in and return with payment as soon as possible. You can pay by cash, cheque or e-transfer. Your cheques may be postdated to **January 2026** if you prefer.

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Nancy Cowan School of DANCE

The Second term commences January 9

Please let me know as soon as possible whether your child will be participating in the Second Term or not. Thank you.

IMPORTANT DATES

MAKEUP

I have attached a photo of the colours for the makeup. I will have two or more of all makeup at the performance so it is not necessary to purchase any. I will bring samples with me on Nov 28 & 29.

All dancers:

Blush -light pink blush

Pre-Ballet and Ballet I

Eyeshadow -light blue

Lipstick - medium pink

Ballet IV and Adult Ballet:

Eyeshadow - light beige

Lipstick - burgundy

Mascara - Your favourite brand in water proof black

Eyeliners - Black - your favourite brand

DECEMBER 2025

- 6 End of term performance at St. John's United Church, 400 Prescott St., Kemptville – start time 11:00am

December 7 to January 8 – Winter Break

JANUARY 2026

- 9 Friday classes start
10 Saturday classes start

FEBRUARY 2026

- 13 No Friday classes (Family Day Long Weekend)
14 No Saturday classes

MARCH 2026

- 13 No Friday classes (March Break)
14 No Saturday classes (March Break)

APRIL 2026

- 3 No Friday classes (Good Friday)
4 No Saturday classes (Easter weekend)

MAY 2026

- 23 Dress Rehearsal
24 Spring Performance

GENERAL CLASS REMINDERS

- **Hair** should be in a bun or ponytail for classes. Short hair can be hairclipped back off the face.
- **No chewing gum in class.**
- **Close fitting sweaters**, not baggy sweatshirts, can be worn in class when the temperature is cool. Remember it is important for the instructor to see your body line.
- Please have the little dancers visit the washroom **before** class.
- Do not tie slipper strings tight. You can damage the Achilles tendon. The elastic over the top of the foot is to keep the slipper on the foot. If this is loose, please re-sew it.