

WHEN YOUR SPOUSE DOESN'T FOLLOW CHRIST

Encouragement for the Believing Spouse

Divine Grace Coaching

Guiding Couples With Grace

You're Not Alone

One of the most difficult seasons in marriage can be feeling spiritually disconnected from your spouse.

Maybe you attend church alone.

Maybe you pray for your spouse's faith daily,

or you long for deeper spiritual conversations and connection.

If this describes your situation, know this:

God sees your heart, your prayers, and your faithfulness.

5 THINGS YOU CAN DO

1. Focus on Your Own Relationship with God

Continue growing in your faith.

Spend time in prayer.

Read God's Word.

Stay connected to a healthy church community.

You cannot control your spouse's spiritual journey, but you can remain faithful in yours.

2. Pray for Your Spouse

Pray that God would:

- Draw them closer to Him
- Give them wisdom
- Soften their heart
- Reveal His love and truth

Trust God to do the work that only He can do.

3. Lead Through Example

Your spouse is watching your life.

Let them see:

✓ Patience

✓ Kindness

✓ Humility

✓ Consistency

✓ Genuine faith

A godly example often speaks louder than constant reminders.

4. Resist the Urge to Pressure

You are not responsible for changing your spouse.

That is God's role.

Continue encouraging, loving, and praying without becoming discouraged.

Transformation happens in God's timing.

5. Don't Lose Hope

God's timeline is often different from ours.

Many people come to faith through years of prayer, love, and faithful example.

Do not confuse "not yet" with "never."

God is still at work.

REFLECTION QUESTIONS

- Am I trying to control what only God can change?
 - How can I continue growing spiritually in this season?
 - What fears or frustrations do I need to surrender to God?
 - Where have I seen God working, even in small ways?
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SCRIPTURE FOR ENCOURAGEMENT

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

Matthew 5:16

THIS WEEK'S CHALLENGE

- ✓ Pray for your spouse every day this week.
 - ✓ Ask God to show you one way to love them intentionally.
 - ✓ Focus on encouragement rather than correction.
 - ✓ Trust God with the outcome.
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A FINAL REMINDER

You are responsible for your obedience to God, not your spouse's response to Him.

Continue walking faithfully.

Continue loving well.

Continue trusting God.

God is still writing the story.

Need Additional Support?

Covenant Alignment Intensive

A personalized relationship assessment and 90-day roadmap designed to help couples improve communication, identify unhealthy patterns, and take intentional next steps toward a healthier relationship.

<https://divinegracecoaching.com/covenant-alignment>

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