



German Cockroach Customer IPM Checklist

Clean. Repair. Monitor. Support targeted treatment.

Integrated pest management (IPM) combines inspection, food and moisture control, repairs, monitoring, and targeted treatment. Your everyday actions help Pest Safari manage the infestation.

1 BEFORE YOUR SERVICE

- ☐ **Show us the activity.** Note where and when roaches appear; share photos, prior pesticide use, and any leaks. Our technician will confirm identification and problem areas.
- ☐ **Prepare the areas we specify.** Clear requested cabinets, drawers, and access beneath sinks. Protect food, dishes, and utensils as directed. Ask for help moving heavy appliances.
- ☐ **Keep infested belongings contained.** Inspect boxes, deliveries, used appliances, and furniture. Avoid moving infested items into other rooms or another home.

2 EVERY DAY: REMOVE FOOD AND WATER SOURCES

- ☐ **Clean crumbs, spills, and grease.** Wipe counters and cooking surfaces, sweep floors, and clean accessible areas around appliances. Wash dishes and clear food from the sink before bed.
- ☐ **Seal food and manage trash.** Store pantry items and pet food in tightly closed containers. Use a lidded trash can; empty regularly and clean residue from the can and recycling.
- ☐ **Manage pet feeding areas.** Remove uneaten food promptly and wash bowls. Keep drinking water available for pets; clean spills and ask us about protected bowl placement.
- ☐ **Reduce excess moisture.** Dry sinks and wet counters when practical. Repair or report dripping faucets, pipe leaks, and appliance leaks; address condensation and damp areas.

3 REMOVE HIDING PLACES AND PREVENT REINTRODUCTION

- ☐ **Reduce clutter.** Remove unnecessary cardboard, paper bags, and stacks of paper, especially in kitchens and bathrooms. Use washable storage bins where practical.
- ☐ **Clean roach debris.** Use a HEPA-filter vacuum for accessible roaches, egg cases, and shed skins. Damp-wipe droppings; seal vacuum debris for outdoor disposal. Keep cleaning away from bait placements.
- ☐ **Coordinate repairs.** Ask Pest Safari or your property manager about sealing gaps around plumbing, cabinets, and shared-wall openings. In apartments, report activity so nearby units can be assessed.

4 AFTER SERVICE: PROTECT BAITS AND TRACK PROGRESS

- ☐ **Leave treatment placements in place.** Do not wipe up gel bait, move bait stations, or spray cleaners or insecticides onto them. Keep children and pets away from baits and monitoring traps.
- ☐ **Avoid foggers and unplanned pesticide sprays.** These can scatter roaches and interfere with bait programs. Contact Pest Safari before adding any pest-control product.
- ☐ **Check monitoring traps as directed.** Leave numbered traps in assigned locations. Record the date, location, and roach count; send photos if requested. Tell us if traps are wet, dirty, or full.
- ☐ **Keep follow-up appointments.** Report increasing activity or new rooms with sightings. Baits take time; trap trends help us decide whether treatment, placement, or repairs need adjustment.

YOUR PEST SAFARI PLAN

Next visit: _____ Trap-check schedule: _____
Special preparation / cleaning / return instructions: _____

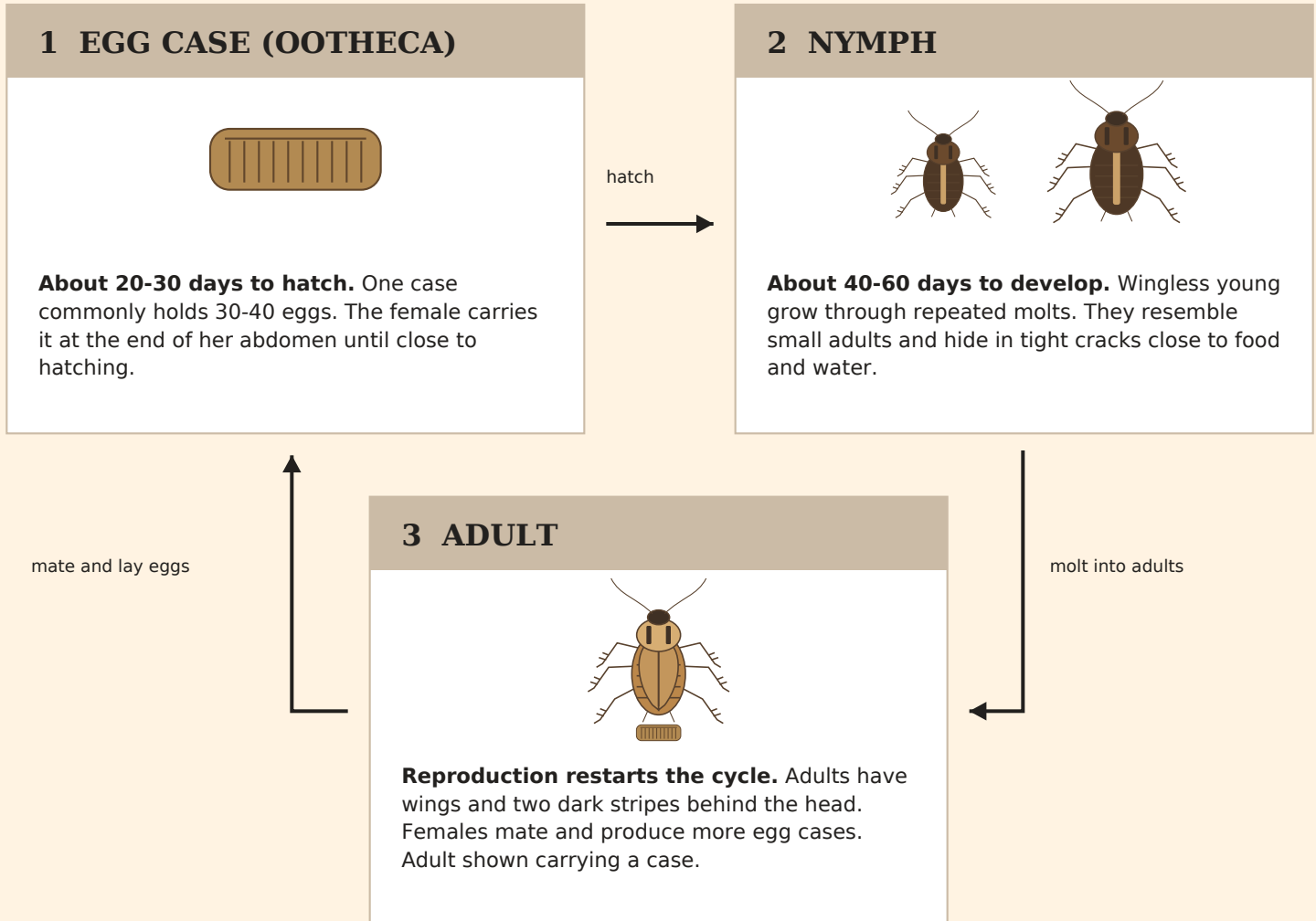
Follow the technician's product-specific preparation and return instructions. Contact us before service if you need help completing any step.



German Cockroach

Life Cycle & Field Guide

Blattella germanica | Three life stages. No pupal stage.



Typical timing varies with temperature, food, and moisture. Illustrations are enlarged and not to scale.

RECOGNIZE THE SPECIES

Size and color: Adults are about 1/2-5/8 inch long, tan to light brown, with two dark lengthwise stripes on the shield behind the head. Nymphs are smaller and darker.

Where they hide: Warm indoor cracks near food and water: behind refrigerators, around dishwashers, beneath sinks, and in cabinet joints. Usually active at night.

WHY FOLLOW-UP MATTERS

How they spread: Infested boxes, belongings, and appliances can introduce them. In shared buildings, they can travel between units.

What to watch: Live roaches, pepper-like droppings, shed skins, and egg cases. Their debris can trigger allergies or asthma. Report new activity; young roaches can hatch after initial service. Trap counts help guide follow-up.

References: NC State Extension, Biology and Behavior of the German Cockroach; UF/IFAS, German Cockroach IPM.