

# MITCHEL LONDON catering

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**preheat oven to 375° - 400°**

**let food come to room temperature before warming**

## starters

### quiche

Heat in a pre-heated 375° oven for 8-9 minutes, uncovered.

### roasted tomato, gruyère + basil seeded galette

Heat in a pre-heated 375° oven for 6-8 minutes, uncovered.

### arugula + watermelon salad *with* feta, cucumber, basil + mint

Toss **arugula-herb salad** with a little **balsamic vinaigrette** *or* serve on the side.

Top arugula with chilled **watermelon, cucumber + feta** *or* serve alongside.

Just before serving, sprinkle with **toasted almonds** *or* serve alongside.

### *small* arugula milanese salad

Toss chilled salad with a little **lemon vinaigrette**.

## mains

### stir fried beef *with* broccoli, ginger + peanuts

Heat in the microwave, loosely covered, pausing + stirring once in the middle of heating time. Can also be transferred to an oven proof pan and heated in a pre-heated 375° oven for 8-9 minutes, uncovered. Serve over warmed **rice**.

### pan seared chicken breast *with* sautéed tomatoes + grilled country bread

Heat chicken in a pre-heated 375° oven for 8-9 minutes, uncovered.

Top **grilled country bread** with warmed **chicken breast + tomatoes**. Heat **pan sauce** in saucepan on stovetop over LOW heat to a simmer, stirring *or* heat briefly in microwave LOOSELY covered, pausing + stirring once in the middle of heating time.

Spoon **pan sauce** over *or* around chicken and grilled bread.

### chicken cutlets milanese

Heat cutlet in a pre-heated 375° oven for 7-9 minutes, uncovered. Serve alone, generously sprinkled with **fresh lemon juice**.

*or* serve **milanese style, topped with salad**:

salad lightly dressed with **lemon vinaigrette**, **ON TOP** of warmed cutlet that's been sprinkled with **fresh lemon**.

### honey lime glazed roasted salmon *with* corn + black bean salsa

Serve at room temperature with **corn + black bean salsa** on the side.

### shrimp + chips

Remove lemon wedges from pan. Heat fried shrimp in a pre-heated 375° oven for 9-10 minutes, uncovered, *or* until crust is crispy. Serve with warmed **crispy leaf potatoes, lemon wedges, tartar sauce + malt vinegar** on the side.

**crispy leaf potatoes**: Heat in a pre-heated 375° oven for 7 - 8 minutes, uncovered.

### roasted branzino filet *with* roasted fennel + herbed olive oil

Heat branzino a pre-heated 375° oven for 4 - 5 minutes, uncovered.

After heating, drizzle with briefly warmed *or* room temperature **herbed olive oil** + sprinkle with **toasted pignoli**.

## sides

### cumin coriander rice

Drizzle a little **water** over rice. Heat in a pre-heated 375° oven for 7-8 minutes, COVERED with **aluminum foil**.

Can also be transferred to a microwaveable container and warmed BRIEFLY in the microwave, LOOSELY covered.

### farmers' market fresh corn salad

Serve at room temperature.

### mashed potatoes

Heat in saucepan over low heat, stirring, adding a little milk if necessary, or put in oven-safe dish and heat 15 minutes in a pre-heated 375° oven, LOOSELY tented with **aluminum foil**. Can also be heated in the microwave, LOOSELY covered, pausing and stirring once in the middle of heating time.

### grilled asparagus + sweet corn

Heat asparagus + corn in a pre-heated 375° oven for 7-9 minutes, uncovered (can also be served at room temperature *or* be transferred to a microwaveable platter + heated BRIEFLY in the microwave.

### kale + shaved brussels sprouts salad *with* parmesan + lemon

Salad is already lightly dressed with **lemon vinaigrette**. Serve chilled.

### lightly creamed spinach *with* caramelized onion + nutmeg

Transfer to ovenable container and heat in a pre-heated 375° oven for 10 minutes, uncovered.

Can also be heated in the microwave, loosely covered, pausing + stirring once in the middle of heating time.

### sautéed zucchini + squash *with* garlic, lemon + mint

Heat in a pre-heated 375° oven for 7-9 minutes, uncovered *or* transfer to a microwaveable platter + heat BRIEFLY (30 seconds) in the microwave, LOOSELY covered. Just before serving, squeeze some **fresh lemon** over the zucchini. Can also be served at room temperature.

## sweets: reduce oven temp to 350°

### *individual* peach + blueberry pie

Heat in a pre-heated 350° oven for 7-8 minutes.

### *slice* of NY style cheesecake

Keep covered + refrigerated until ready to serve. Serve with **strawberry purée** on the side.

### cupcakes

Keep covered until ready to serve. If refrigerated, let come to room temperature before serving.