

# mitchel london's HEATING INSTRUCTIONS for ROSH HASHANA

*remember to pre-heat your oven!*

## STARTERS

### chicken soup + matzoh balls

Bring soup to a boil in a saucepan, on stovetop over high heat. Lower heat and simmer 5-7 minutes.

Heat in **matzoh balls** in the chicken soup.

### gefilte fish

Serve chilled with **horseradish beetroot relish** on the side.

### piglets in blankets

Heat 6-8 minutes in a preheated 375° oven. Serve with **deli mustard** on the side.

### chopped liver

Serve chilled.

## MAIN COURSES

### herb roasted chicken

Heat 10 minutes in a pre-heated 400° oven with carrot and garlic garnish, uncovered. **If chicken is sent CUT, heat for 8-9 minutes only.** Serve with heated **pan gravy**.

**pan gravy:** Heat in pot, on stovetop over low to medium heat, stirring, until very hot, *or* loosely covered in microwave.

### brisket of beef

Heat 20 minutes in a pre-heated 400° oven, loosely covered with aluminum foil.

### roasted turkey breast with honey roasted apples + sage

Serve at room temp *or* heat 10 minutes in a pre-heated 400° oven. Slice and, if desired, serve with hot **gravy** on the side.

**turkey gravy:** Heat in pot, on stovetop over low to medium heat, stirring, until very hot, *or* loosely covered in microwave.

### maple dijon glazed roasted salmon

Heat 7-9 minutes in a pre-heated 375° oven, uncovered. Serve with **tzatziki sauce** on the side.

## SIDES

### potato pancakes

Heat in a 375°-400° oven for 7-8 minutes, uncovered. Serve with **applesauce** and / *or* **sour cream** on the side.

### noodle kugel

Heat in in a 375°-400° oven for 10 minutes. Cut into squares and serve with **applesauce** and / *or* **sour cream** on the side.

### haricots verts – roasted parsnips + carrots – roasted cauliflower – spinach – roasted baby carrots

Heat in 375°-400° oven for 7-8 minutes, uncovered.

### mashed potatoes

Heat in saucepan over low heat, stirring, adding a little milk if necessary (mashed potatoes only).

Can also be heated in microwave, loosely covered, pausing + stirring once in the middle of heating time.

**SWEETS** lower oven temperature to 350°

**classic apple galette tart**

Heat in a 350° oven for 5 minutes.

**chocolate double soufflé cake**

Serve chilled.

**cheesecake**

Serve chilled.

**citrus sponge cake**

Serve at room temperature, with **red berry purée** on the side.