



BETWEEN MOMENTS

Your in-between guide to programs, events, and reminders

MAY 8, 2026

NEWS & ANNOUNCEMENTS

WHAT'S HAPPENING AT THE REDMOND SENIOR CENTER?

The Redmond Senior Center is buzzing with excitement this May and beyond! Whether you're looking for hands-on workshops, special celebrations, or upcoming seasonal events, there's something for everyone. Here's the latest:

News

Sewing 101 Class Launch – May 12
We're excited to start Sewing 101, a class perfect for beginners or anyone looking to brush up their skills. Don't forget to bring your own sewing machine to participate in this creative and fun learning experience. (\$3 member/\$5 non)

RSC Board Meeting – May 21
Stay informed and involved! Join this month's board meeting to stay

up-to-date with the center's plans and share your voice on community matters.

Activities

Stress Health Workshop – May 16 & 23

Learn techniques to improve mental clarity and reduce stress in this two-day workshop led by Qi Gong and holistic health expert Elle.

When: 9 a.m.–11 a.m.

Cost: \$10 per day for members, \$25–\$40 sliding scale for non-members.

Register via email: wellspringwhisper@rbx.life

Mother's Day High Tea & The History of the Hat – May 9

Celebrate Mother's Day in style with a high tea followed by a delightful presentation on the history of hats. Pre-registration is required, so stop by the front desk to reserve your spot.

Happy Hour with Lindy Gravelle – May 15

Enjoy live music and good company during Happy Hour with Lindy Gravelle.

Time: 1:00–2:00 PM

Cooking Class – May 18

Join Angela in the kitchen to learn how to make **Chicken Tinga Tostadas**, a vibrant and flavorful dish. Pre-registration is required—visit the front desk to sign up. (\$3 member/\$5 non)

Veterans' Lunch – May 20

Honor our veterans with a special lunch and a chance to connect with fellow community members.

Upcoming

Car Show & BBQ – June 19

Kick off the summer with our annual Car Show and BBQ! Admire classic cars, enjoy delicious food, and celebrate community spirit. To showcase your car, contact Angela at the front desk or email Angela@RedmondSeniors.org.

Harvestpalooza Fall Fest – September 19

Join us for the first annual Harvestpalooza Fall Fest, a combination of our Wellness Fair, Appreciation Day, and Holiday Fair. It's sure to be a day full of fun, music, and seasonal festivities.

There's always something happening at the Redmond Senior Center—don't miss out! ●



SHOW OFF YOUR CLASSIC CARS

FATHER'S DAY CAR SHOW & BBQ

JUNE 19TH!

NOTIFY ANGELA AT THE FRONT DESK TO RESERVE YOUR SPOT.

MAY 8-21, 2026

CALENDAR

MAY

Monday	Tuesday	Wednesday	Thursday	Friday
11. 10:00 Line Dancing 11:30 Bridge 12:30 Heart Warmers 1:00 Pickleball 1:00 Arts & Crafts w/Sonya Rock Painting	12. 10:00 Card Sharks 10:30 Nails by Angela* 1:00 Sewing 101 1:00 Cross Stitch class 1:00 Line Dancing 1:00 Pickleball	13. 10:00 Medicare 101 10:00 Spinners Guild 12:30 Wellbeing Series 1:00 Crochet Club 1:00 Poker w/Friends 1:00 Musician Jam 1:00 Ukulele	14. 10:00 Cards w/Friends 10:00 Line Dancing 10:30 Nails by Angela* 1:00 BINGO 1:00 Pickleball	15. 10:00 Cards w/Friends 10:00 Mexican Train 11:45 Birthday Celebration 12:30 Mahjong 1:00 Happy Hour w/Lindy Gravelle
18. 10:00 Line Dancing 11:30 Bridge 1:00 Cooking Class w/Angela* (Chicken Tinga Tostadas) 1:00 Pickleball	19. 10:00 Card Sharks 10:30 Nails by Angela* 1:00 Line Dancing 1:00 Cross Stitch class 1:00 Pickleball	20. 12:00 Veteran's Lunch 1:00 Crochet Club 1:00 Ukulele 1:00 Poker w/Friends 1:30 Book Club 3:00 Cards for a cause	21. 10:00 Cards w/Friends 10:00 Line Dancing 10:30 Nails by Angela* 1:00 BINGO 1:00 Pickleball 1:30 Board Meeting	22. 10:00 Cards w/Friends 10:00 Mexican Train 12:30 Mahjong
25. 10:00 Line Dancing 11:30 Bridge 12:30 Heart Warmers 1:00 Pickleball	26. 10:00 Card Sharks 10:00 Indian Head 1:00 Sewing 101 1:00 Line Dancing 1:00 Cross Stitch class 1:00 Pickleball	27. 12:30 Wellbeing Connect 1:00 Crochet Club 1:00 Poker w/Friends 1:00 Musician Jam 1:00 Ukulele	28. 10:00 Cards w/Friends 10:00 Line dancing 10:30 Nails by Angela* 1:00 BINGO 1:00 Pickleball	29. 10:00 Cards w/Friends 10:00 Mexican Train 10:00 Just 4 Fun time Band 12:30 Mahjong

All listings are subject to changes without notice.

JUNE

Monday	Tuesday	Wednesday	Thursday	Friday
1. 10:00 Line Dancing 11:30 Bridge 1:00 Pickleball 1:00 Cooking w/Angela	2. 10:00 Card Sharks 10:30 Nails by Angela 1:00 Cross Stitch class 1:00 Pickleball 1:00 Line Dancing	3. 11:00 Meet & Greet 12:30 Healing Circle 1:00 Crochet Club 1:00 Poker w/Friends 1:00 Ukulele	4. 10:00 Cards w/Friends 10:00 Line Dancing 10:30 Nails by Angela* 1:00 BINGO 1:00 Pickleball	5. 10:00 Cards w/Friends 10:00 Mexican Train 10:30 Fire Fighter Heart Watch 12:30 Mahjong 1:00 Movie & Popcorn



HIGH DESERT
COMMUNITY CUP
A BENEFIT FOR THE
REDMOND SENIOR CENTER
Redmond, Oregon Senior Center

JULY 17
EAGLE CREST RESORT
SIGN UP AT
REDMONDSENIORS.ORG/GOLF




REDMOND SENIOR CENTER EXERCISE CLASSES

MON	TUE	WED	THU	FRI	
10:35 Therapeutic Mobility	11:45 Groove & Move	10:35 Therapeutic Mobility	11:45 Groove & Move	10:35 Therapeutic Mobility	\$3.00 Member
11:30 Qi Gong		11:30 Qi Gong		11:30 Qi Gong	\$5.00 Non-Member