

DECEMBER 2025

MON

TUE

WED

THU

FRI

REDMOND PARKS & REC WEEKLY SCHEDULE

(541)548-7275

MON

7:45-8:45 Fitness 4 Life
9:15-10:20 PowerCut Plus

TUE

7:45-8:45 Zumba
9:15-10:20 Balance & Core
10:35-11:35 Zumba Gold
5:30-6:30 Power Combo

WED

7:45-8:45 Fitness 4 Life
9:15-10:20 PowerCut Plus
5:30-6:30 Dance Fitness

THU

7:45-8:45 Fitness 4 Life
9:15-10:20 Yoga Strong
10:35-11:35 Silver Sneakers Yoga
5:30-6:30 Power Combo

FRI

7:45-8:45 Zumba
9:15-10:20 Cardio Kickboxing

1.

10:00 Line Dancing
10:35 Therapeutic Mobility
11:30 Bridge
1:00 Cooking w/Angela
(Cranberry Orange Cookies)
1:00 Pickleball

2.

10:00 Card Sharks
10:30 Nails by Angela*
11:45 Groove & Move
1:00 Cribbage
1:00 Cross Stitch
1:00 Pickleball
1:00 Arts & Crafts (Holiday Gift
Tags w/Robin)

3.

10:35 Therapeutic Mobility
11:00 Meet & Greet
1:00 Crochet Club
1:00 Poker w/Friends
1:00 Musician Jam Session

4.

10:00 Cards w/Friends
10-2:30 Members Christmas Sale
10:30 Nails by Angela*
11:45 Groove & Move
12:30 Nutritional speaker
1:00 BINGO
1:00 Pickleball

5.

8:00 Senior Law Day
10:00 Cards w/Friends
10:00 Mexican Train
10:30 Firefighters Heart Watch
10:35 Therapeutic Mobility
12:30 Prestige High Desert
1:00 Happy Hour w/DaChara Duo

8.

10:00 Line Dancing
10:35 Therapeutic Mobility
11:30 Bridge
12:30 Heart Warmers
1:00 Pickleball
1:00 Arts & Crafts w/Angela
(Christmas cards w/Sharon)

9.

10:00 Card Sharks
10:30 Nails by Angela *
11:45 Groove & Move
1-3 Outing to Dry Canyon
Community Art Center
1:00 Cribbage
1:00 Cross Stitch class
1:00 Pickleball
1:30 RSC Creative co-op

10.

10:00 Spinners Guild
10:35 Therapeutic Mobility
1:00 Christmas Karaoke w/Sofon
& Ugly Christmas Sweater
Contest
1:00 Crochet Club
1:00 Poker w/Friends
1:30 Ukulele

11.

10:00 Wellbeing Series
10:00 Cards w/Friends
10:30 Nails by Angela*
11:45 Christmas music with Ricky
Hopson
11:45 Groove & Move
1:00 BINGO
1:00 Pickleball

12.

9:00 Feet Retreat
10:00 Just 4 fun Band
10:00 Cards w/Friends
10:00 Mexican Train
10:30 Therapeutic Mobility
1:00 Movie & Popcorn (Christmas
as Usual)

15.

10:00 Line Dancing
10:35 Therapeutic Mobility
11:30 Bridge
1:00 Cooking class
w/Angela (Christmas
cookies)
1:00 Pickleball

16.

10:00 Card Sharks
10:30 Nails by Angela*
11:45 Groove & Move
1:00 Cribbage
1:00 Cross Stitch class
1:00 Pickleball

17.

9:00 Feet Retreat
9:30 Medicare 101
10-3 High Desert Museum
10:35 Therapeutic Mobility
1:00 Crochet Club
1:00 Poker w/Friends
1:00 Musician Jam Session
1:30 Book Club
3:00 Cards for a Cause

18.

10:00 Cards w/Friends
10:30 Nails by Angela*
11:00 Line Dancers Christmas
Program
11:45 Groove & Move
1:00 BINGO!
1:00 Pickleball

19.

10:00 Cards w/Friends
10:00 Mexican Train
10:35 Therapeutic Mobility
1:00 Happy Hour w/Lindy Gravelle

22.

10:00 Line Dancing
10:35 Therapeutic Mobility
11:30 Bridge
1:00 Clauses & Kids
Christmas Party
1:00 Pickleball

23.

10:00 Card Sharks
10:30 Nails by Angela*
11:45 Groove & Move
1:00 Line Dancing
1:00 Cribbage
1:00 Cross Stitch class
1:00 Pickleball
1:30 RSC Creative co-op

24.

10:35 Therapeutic Mobility
1:00 Crochet Club
1:00 Poker w/Friends

25.

MERRY
CHRISTMAS

26.



29.

10:00 Line Dancing
10:35 Therapeutic Mobility
11:30 Bridge
1:00 Pickleball

30.

10:00 Card Sharks
10:30 Nails by Angela*
11:45 Groove & Move
1:00 Cribbage
1:00 Cross Stitch class
1:00 Pickleball

31.

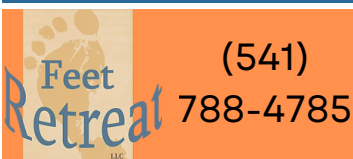
10:35 Therapeutic Mobility
1:00 Crochet Club
1:00 Poker w/Friends
6-9 New Years Eve Party

PROGRAMS & ACTIVITIES
\$5.00/\$3.00 MEMBERS
NAILS BY ANGELA
\$10.00/\$5.00 MEMBERS
*PRE-PAYMENT REQUIRED

LUNCH SERVED
M-F
11:45-12:30



All listings are subject to changes without notice.



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