



# **Welcome to the Redmond Oregon Senior Center**

## **A Journey Through Time**

Welcome to our special exhibit, "A Journey Through Time," celebrating the rich history and enduring legacy of the Redmond Oregon Senior Center. Since its founding in 1949, our center has been a cornerstone of the community, dedicated to enhancing the lives of Redmond's senior citizens through connection, support, and service.

This display takes you through the pivotal moments that have shaped our center, from its humble beginnings to its current role as a vital community hub. Each poster highlights key periods in our history, showcasing the vision, resilience, and dedication that have driven our mission forward.





# A Humble Beginning

1949

2024

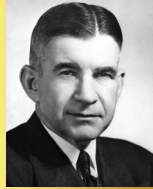
## TIMELINE

PRESIDENT OF  
THE UNITED  
STATES



HARRY S.  
TRUMAN

GOVERNOR OF  
OREGON



DOUGLAS  
McKAY

REDMOND POPULATION

2,532



AI generated  
illustration of a  
1949 house



Actual photograph  
of the first  
Redmond Senior  
Center, circa  
1940s.

The Redmond Oregon Senior Center, also known as the Redmond Oregon Council for Senior Citizens, emerged from humble beginnings in 1949. It started as a modest gathering in a small community hall known as the Senior Citizen's Little House, located in the heart of Redmond, Oregon. This initiative was driven by a collective desire to create a welcoming sanctuary for the senior community—a place where older adults could gather, share stories, and support each other. The formation of the center reflected the community's recognition of the unique needs of its senior population, which was growing steadily in the post-World War II era. The founding members envisioned a safe space where seniors could engage in social activities, access essential services, and build lasting friendships, laying the foundation for what would become a vital community resource.





# Building a Foundation

1949

1975

2024

## TIMELINE

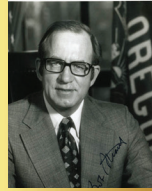
PRESIDENT OF  
THE UNITED  
STATES

GERALD R.  
FORD



GOVERNOR OF  
OREGON

ROBERT W.  
STRAUB



REDMOND POPULATION

5,415



By 1975, the Redmond Senior Center had grown significantly, marking a pivotal moment in its history. The construction of a new dedicated building at the corner of 4th and Elm streets provided a space specifically tailored to the needs of the elderly. This milestone was not merely about physical space; it was about creating an environment that supported the holistic well-being of seniors. The new facility allowed the center to introduce a variety of programs, including social activities, healthcare services, and meal programs that would become lifelines for many. The center's development was part of a broader national trend in the 1970s, where senior centers became increasingly recognized as essential to community support networks. The Redmond Senior Center was no exception, quickly becoming a cornerstone of the community, offering crucial services that enhanced the quality of life for the elderly in Redmond.



# Growth and Modernization

1949

1991

2024

TIMELINE

PRESIDENT OF  
THE UNITED  
STATES



GEORGE H. W.  
BUSH

GOVERNOR OF  
OREGON



BARBARA  
ROBERTS

REDMOND POPULATION

7,165



In 1991, the Redmond Senior Center underwent a significant renovation and expansion, doubling its capacity and introducing modern facilities that enriched its offerings. This transformation reflected the evolving needs of the senior community and the center's commitment to meeting those needs. The expansion allowed for a broader range of activities and services, including fitness programs, educational workshops, and cultural events. These enhancements fostered a vibrant and dynamic environment where seniors could engage in lifelong learning, physical activity, and social interaction. The renovation also included updates to make the facility more accessible, ensuring that all seniors, regardless of physical ability, could participate fully in the center's offerings. This period of growth and modernization was crucial in positioning the Redmond Senior Center as a forward-thinking institution, ready to adapt to the changing landscape of senior care and community services.





# Resilience Through Adversity

1949

2020 2024

## TIMELINE

PRESIDENT OF  
THE UNITED  
STATES

DONALD J.  
TRUMP



GOVERNOR OF  
OREGON

KATE  
BROWN



REDMOND POPULATION

33,776



The Redmond Oregon Senior Center faced significant challenges during the COVID-19 pandemic in 2020. The center had to adjust to the new reality of suspended in-person gatherings. Despite this, the center remained dedicated to serving the community. The Meals on Wheels program, in particular, became a vital support for many seniors experiencing increased food insecurity during these difficult times. By prioritizing and maintaining this essential service, the center demonstrated its unwavering commitment to the well-being of its members. This dedication ensured that no senior was left without support, highlighting the center's resilience and determination to overcome the obstacles brought by the pandemic.



# A Vision for Wellness

1949

2024

## TIMELINE

PRESIDENT OF  
THE UNITED  
STATES



JOE R.  
BIDEN

GOVERNOR OF  
OREGON



TINA  
KOTEK

REDMOND POPULATION

38,806



<b>JANUARY</b> EYE CARE  TEAL	<b>FEBRUARY</b> HEART HEALTH  RED	<b>MARCH</b> NUTRITIONAL HEALTH  DARK BLUE	<b>APRIL</b> STRESS  RED	<b>MAY</b> MENTAL HEALTH  GREEN	<b>JUNE</b> BRAIN HEALTH  PURPLE
<b>JULY</b> SOCIAL WELLBEING  GREEN	<b>AUGUST</b> SELF CARE  YELLOW	<b>SEPTEMBER</b> FALL PREVENTION & HOME SAFETY  ORANGE	<b>OCTOBER</b> BREAST CANCER AWARENESS  PINK	<b>NOVEMBER</b> ALZHEIMER AWARENESS & HOSPICE  PURPLE	<b>DECEMBER</b> GRIEF  SILVER

Looking ahead to 2024, the Redmond Oregon Senior Center is set to introduce an innovative wellness program emphasizing both physical and mental health. This initiative is part of a broader shift towards holistic health, recognizing that well-being encompasses more than just physical fitness—it includes mental, emotional, and social health as well. In collaboration with local healthcare providers, fitness experts, and mental health professionals, the center's wellness program will offer a range of services designed to enhance the quality of life for seniors. These services will include fitness classes, nutritional counseling, mental health workshops, and social activities aimed at reducing isolation. The wellness program signifies a new era for the Redmond Senior Center, one that prioritizes the comprehensive health of its members and reflects the center's ongoing commitment to fostering a vibrant, healthy senior community.





# Community Impact

FIRST 6 MONTHS OF 2024

**17,959**  
Meals on Wheels delivered

FIRST 6 MONTHS OF 2024

**4,478**  
Meals served on site

FIRST 6 MONTHS OF 2024

**98**  
Months of pet food for  
Passions for Pets



EMBRACING AGE,  
CELEBRATING LIFE,  
IN REDMOND, OREGON



Over its seven decades of service, the Redmond Oregon Senior Center has become more than just a building or a set of programs; it has been a pillar of strength and community. The center has played a crucial role in reducing social isolation among seniors, fostering friendships, and creating a sense of belonging. Its health and wellness programs have encouraged healthier lifestyles, contributing to longer, more active lives for its members. The Meals on Wheels program has been particularly impactful, ensuring that even the most vulnerable seniors have access to nutritious meals. The center has also strengthened intergenerational bonds through volunteer opportunities, where younger community members can engage with and learn from seniors. During challenging times, such as the COVID-19 pandemic, the center's swift adaptation showcased its resilience and deep commitment to service, ensuring that the needs of the senior community were met even in the face of adversity.



# *A Vision for the Future*

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## **Future Initiatives:**



**1. Membership Growth of 10-15% Each Year for the Next Five Years:** The Redmond Senior Center aims to achieve a consistent membership growth of 10-15% annually over the next five years by implementing targeted outreach programs, enhancing member benefits, and fostering a welcoming environment for new members. By collaborating with local organizations and

increasing community engagement, the Center plans to attract a diverse range of seniors. Tailored activities and services will address the evolving needs and interests of both existing and potential members, ensuring that the growth is not only sustained but also reflective of the community's changing demographics.



**2. Improving the Facility to Meet the Growth:** As membership at the Redmond Senior Center continues to rise, upgrading and expanding the facility becomes essential to accommodate the growing demand. The Center plans to enhance its infrastructure, including modernizing current spaces, adding new multipurpose rooms, and improving accessibility features. These improvements will ensure that the Center can comfortably host larger events, offer a wider variety of programs, and provide a safe, inclusive environment for all members. Strategic investments in the facility will also support the Center's long-term goal of becoming a central hub for senior activities in the community.



**3. Integrating More Technology Services and Programs:** Recognizing the increasing importance of digital literacy and connectivity among seniors, the Redmond Senior Center is committed to integrating more technology services and programs into its offerings. This initiative will include the introduction of tech-focused workshops, access to devices, and personalized support to help members navigate the digital world with confidence. By embracing technology, the Center will not only enhance the day-to-day experience of its members but also ensure they remain connected, informed, and engaged with the broader community. This forward-thinking approach will position the Center as a leader in senior services for the digital age.





# *A Call to Action*



The story of the Redmond Oregon Senior Center is a testament to the power of community and dedication. It invites everyone to join in its mission to create an inclusive, thriving environment for seniors. Whether through volunteering, participating in programs, or supporting initiatives financially, every contribution makes a profound difference. Together, the community can continue to build a future where every senior feels valued, supported, and part of a caring, connected community.