

BECOME A WRAP FACILITATOR IN YOUR COMMUNITY SENIOR CENTER!



WRAP (Wellness Recovery Action Plan) is a self-directed wellness plan that helps older adults get well, stay well, and live their lives the way they want. As an evidence-based practice, WRAP is a group intervention model to address behavioral health concerns for older adults.

To become a certified WRAP facilitator within your community, you must attend two seminars: one session is three half days virtual, and one in-person with three full days training at the Redmond Senior Center, 325 Northwest Dogwood Avenue, Redmond, Oregon 97756.

WRAP Seminars I & II guide you in tools to facilitate a WRAP program and will certify you as a WRAP Facilitator. Once trained, WRAP facilitated groups average two hours per week for eight weeks with an average of 4-6 participants per group, held in senior community centers.



TRAINING SCHEDULE

The WRAP facilitator training will be held on the following dates and you must be able to attend all of the training both virtual and in-person:

- Seminar I, live virtual: October 12-15, 9am-1:30pm
- Seminar II, In-person at Redmond Senior Center: Oct. 27-29, 8:30-5 PM

Both sessions must be fully attended to be certified as a WRAP Facilitator



Training to become a facilitator is provided at no cost thanks to a grant from the U.S. Administration for Community Living



For more information and to see if you qualify to get trained as a facilitator, please contact:

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