

# FAMILY REUNION INSTITUTE'S

## STICKY REUNION SITUATION

### TEACHING KIDS ABOUT BLACK LIVES MATTER

June 2020

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#### The Situation:

What should families be saying to their members—especially children—regarding police brutality, protests, and racism?

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#### The Fix:



**Sylvia  
Ford-George**

Hopefully we've all had talks with our immediate family members—including children—about all of the above. Being able to talk as a family group can bring more insight and awareness to the family as a whole—especially in families with teens who don't seem to grasp the message when expressed through their parents.

One of the easiest ways to talk about what's going on, especially with children, is to have a current events conversation. Start with asking what they know, and how they feel about it. Fill in gaps appropriately with missing information and try not to overwhelm them more than they already are. Ask if they know what's being done, and what they think should be done. Fill them in on the history behind what's going on. Be as reassuring as you can be. Follow up weekly or bi-weekly to check for progress and/or to identify any new ideas, suggestions or concerns. Balance out the conversations so that it's not all bad. Try to end on a good note, giving everyone something to look forward to and/or to be hopeful about until you meet again.