

Issue 8
January 2017

A regular's perspective...

I don't recall exactly when I started attending the Wheels in Motion bus, but it must be somewhere between four and five years ago now, back in the days of the original small bus (the facilities are considerably more spacious now). I was playing with the band at Broken Chains one Sunday and Suzanne Holden was in the audience that day. We got chatting afterwards; she described to me the service that the bus offers and said, 'Why don't you come along one Thursday evening?' So the next Thursday, I thought I'd give it a try. I was pleased to find that all the staff were very friendly and welcoming. I've attended both stops at various times and, while some of the clientele has changed over the years due to people moving into and out of the area, it tends to be more or less the same people who turn up to each location on a weekly basis. This creates something of a family atmosphere, which I find rather enjoyable. I would absolutely recommend the service to anyone who, like me, is on a low income and constantly struggling to make ends meet; it helps to stretch things out that little bit further. I warmly extend my thanks to Suzanne, her parents and all the other volunteer staff on the various weekly teams (too many to mention by name, but you know who you are). You're doing a grand job; I'm very grateful for it and I look forward to continuing to maintain my association with you all in 2017 and beyond.

David Wheeler
December 2016



Norrie and Rosie

Having taken up running a few years ago in an attempt to stave off middle age, Norrie & Rosie Hunter set themselves some running challenges in support of Wheels in Motion & Eagles Wings (Dundee). Rosie's challenges were to run 2 Ultra Marathons & clock up 1000miles or more over the year. Her first success was on completion of the D33 Ultra Marathon in March. This was followed up in September when she completed the 43mile River Ayr Way Race & finally clocking her 1000th mile in early December. Norrie set himself 7 challenges completing 4 of them. He ran the D33, The Cateran Trail, The Devil of the Highlands & The West Highland Way Race. He attempted 7 marathons in 7 days, completing 3 1/2 before having to retire with a plan to return later in the year for a second attempt, a 3hr 19min marathon of a 3hr attempt & just over 1400miles of his 2016mile target unfortunately having to withdraw from the challenge on medical grounds.

We are so grateful to Norrie and Rosie for their amazing efforts, and are so appreciative of the amazing funds they raised for Wheels in Motion - thank you!



Princes Trust Partnership - Lesley Anne Moyles

I am an Assistant Team Leader with the Prince's Trust, a role which I have volunteered in for 2 years now. We run a 12 week Team Programme for 16-25 year olds from many differing backgrounds and our aim is to work with these young people to build confidence, self-esteem and try to engage them back into education or employment.

Supporting the homeless and working in a soup kitchen has always been something which I have been eager to do. My son Kris, who is 16, was part of our Team 150 during the summer and this was also a passion of his. As part of the 12 week programme all team members complete a work placement and Kris stressed his desire to work in a soup kitchen. We were unaware of the service The Wheels in Motion provide and hadn't heard of this organisation before. Luckily, we were introduced to Suzanne through a mutual friend and invited along to help. Myself and Kris were absolutely blown away by the hard work and thought that the Wheels in Motion team put into running the bus and we were in awe at the kindness and compassion that was shown to everyone. We were made to feel welcome by everybody and thoroughly enjoyed chatting and getting to know people.

Unfortunately, while working with the Prince's Trust we encounter many disadvantaged youngsters with some facing homelessness too. Now that we are aware of the service that Suzanne and her team provide we can point people in the direction of a kind and caring environment where they will be provided with not only a hot cuppa and food, but love and support and we hope that any young people who visit the bus would consider the Prince's Trust.

I feel privileged that Suzanne and her team have allowed myself and Kris to be part of this and we thoroughly look forward to our Thursday nights on the bus. We are also grateful to Suzanne for providing a further work placement for Prince's Trust team member Sophie, who also enjoyed her time helping out. This is just the beginning of a new partnership between our organisations, one which I hope can bring bigger and better things for those in need. Finally, a huge thank you to Suzanne and all the team at the Wheels in Motion....

You guys are awesome!



Day Trip

This year, Wheels In Motion took a coach full of people to Largs for the day. The weather may have been dreary, but

the atmosphere certainly was not! Spirits were high as we started our day with an indoor picnic - big thanks to Brisbane Evangelical Church for the use of their hall!

Next up we got some laughter therapy while playing bubble soccer. Great fun for those who participated and watched, with everyone grinning from ear to ear.

No wonder the Bible says a cheerful heart does good like a medicine! We were all grateful for a dose of that medicine, which you can hopefully get a taste of from the photographs.

We finished off with a lovely meal at the Willowbank Hotel, before heading home.

We took 38 people...and brought 38 home! Phew! God is good.

What we take for granted as a simple day out proved to be something a bit more special for the people we support. Their gratitude was so evident and we hope that the short break from their usual routine lifted their spirits and encouraged them that there is a better way of life.



Prayer requests

For our service users, that 2017 will be the year they get to know God personally
For wisdom as we continue to make decisions for the ongoing work of Wheels in Motion.

Suzanne Holden
Chairperson



“For I was hungry and you gave me something to eat. I was thirsty and you gave me something to drink. I was a stranger and you invited me in”
Matthew 25v35

For more information on the
Wheels in Motion ministry contact:
Suzanne Holden
07790 929864
Wheelsinmotionsoupbus@gmail.com

 facebook.com/wheelsinmotionayshire