

Sarah Jane's experience

I came to the bus about 2 years ago and was instantly made feel welcome and as though everyone had time for a chat which as an addict at the time I didn't get much of. They helped me so much but for me the best part was helping me with my fear of dentists and through Suzanne I now have a new set of pearly whites. At this point in my life I had hit rock bottom I had the desperation of a drowning man, I didn't want to take drugs anymore. That was over 14 months ago, I am now drug free and I am starting college in August which is a blessing in itself. So from the bottom of my heart thank you all at wheels in motion for everything.

He will rescue the poor when they cry to him; he will help the oppressed, who have no one to defend them.

<sup>13</sup> He feels pity for the weak and the needy, and he will rescue them.

<sup>14</sup> He will redeem them from oppression and violence, for their lives are precious to him.

Psalm 72v12-14 NLT



### Wheels in Motion

#### Heather - volunteer

Hi my name is Heather. I have been volunteering in the kitchen at Wheels in Motion for around 5 years now. As I came to the bus for the first time not knowing what to expect my heart was warmed to see many people serving those of our community who were in need but I was also burdened that so many people needed food, warmth and even just someone to talk to. This is why I decided to continue volunteering. Over the past 5 years it has been amazing to see how some of the regulars have grown in themselves and with God, it brings me so much joy when they ask the volunteers to pray about something or to pray with them. It was also great to have to move from the old bus to our new bigger one as there wasn't enough room for everyone.



I started helping in the kitchen and have now stepped out

into the bus where I can connect more with the people who come along. This has pushed me out my comfort zone and challenged me to get to know peoples stories through deeper conversations. It has helped me grow in confidence and I really hope I encourage each person I speak to and that I show them God's love. I'm so thankful I get the opportunity to serve people in our community who are in need, I've learned things from them and from the rest of the team, mainly to stop judging people, hearing what people have come through and battled, learning about how they are keeping going or trying to get a job etc is just amazing.

Looking back I realised that Wheels in Motion doesn't only serve people in our community but also serves our Lord, Hebrews 13:16 'And do not forget to do good and to share with others, for with such sacrifices God is pleased'. Wheels in Motion has and will continue to bless many people including myself, it has been lovely to work alongside Suzanne and the other volunteers. My favourite part of a Thursday night is always the prayer at the end of each stop but my second favourite has to be seeing people leave the bus with a smile on their face.

## Wheels in Motion

As we work with people from week to week, there are times when our hearts break as we listen to stories of abuse, addiction and lives that seem stuck in a downward spiral. How easy it is to ask, is there any way out? Can this ever change? So many people who share with us, are in this desperate state, and at times feel so despondent they are suicidal, unable to believe for a better life. The verses on page I really spoke to me recently, and I believe are a comfort for the many people we serve each week. God 'rescues the poor when they cry to him' - how often we pray that they will cry out to him, and receive the kind of healing and deliverance that can only come from him. 'He helps the oppressed, who have no one to defend them' - It is easy to relate to these feelings. I'm sure most of us have been in situations where we require someone to defend us, or have our back, and there is no one to be seen. For many who use our service, this can all too often be the case. So why is our God willing to care for those, who society rejects? Because 'their lives are precious to him'. We are so thankful to have a message of love and hope, to share with those who are searching for a different way of life, and pray that as we continue to reach out in a practical way, that the love of God will be evident in all that we do and say.



#### Prayer requests

For our service users, that 2017 will be the year they get to know God personally

For wisdom as we continue to make decisions for the ongoing work of Wheels in Motion.

Suzanne Holden Chairperson

# Wheels in Motion



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