

MY CHILD'S

Pre-planning guide for NDIS





Quick guide

When your child has been accepted as an NDIS participant, you will be contacted by an Early Childhood Partner to arrange a planning meeting.

This booklet is a guide to help you prepare for that meeting and prepare you for the questions your Partner will have for your family and child.

If you have any questions about how to use this guide, please contact us at District 360 on (08) 6161 7134 or email info@district360.com.au.

NDIS Terms



Participant - A child who is eligible to get NDIS funded supports

Participants Representative/Nominee - Carer/Parent of the NDIS participant who is funded for supports

Provider - The organisation or individual who provides supports to the child

NDIA - National Disability Insurance Agency, The agency responsible for managing the scheme

NDIS - National Disability Insurance Scheme, The scheme that manages the funding

ECEI (Early Childhood Early Intervention) Partner/Partner - The person who works for the Early Childhood Partner and is responsible for helping you develop your child NDIS plan. The focus on your child is up to the age of 7

ECEI (Early Childhood Early Intervention) Planner/Coordinator - The person who works for the Partner and is the first point of contact for the family

LAC (Local Area Coordinator) - The LAC works with children 7 years and older and their families

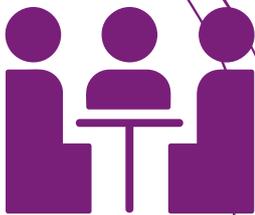
Funding - Funded supports (money) provided in a child's plan in order to be able to access reasonable and necessary services and supports



Call 1800 800 110 or email enquiries@ndis.gov.au to get in contact with your closest ECEI Partner and request an Access form.



Complete Early Childhood Early Intervention (ECEI) Information for Early Childhood Partners Access Form



Initial Meeting

Support to fill in Access form
You will need to supply your child's diagnosis letter/reports.

Once you have met access you need to think about

- Communication
- Self-care skills
- Learning
- Social development
- Transition to school

GOALS



Access is approved letter received



Planning Meeting

Organise a planning meeting with your ECEI Planner to identify goals and supports you need to draft up plan for NDIA approval.



Plan Approved



Implementation

Your ECEI coordinator will assist in providing guidance and implementing your plan



Commence NDIS ECEI journey with regular followups from your ECEI Coordinator

About your child

(NDIS participant)



Name _____

Age _____ Male Female

Address _____

Disability _____

If Autism, do you have a diagnosis? Yes No

If Yes, do you know the level of the diagnosis?

Level 1 2 3
 Not specified on their diagnostic report

About you

(Child's representative)

Name _____

As the participant's representative, are you the child's Parent Carer

Phone _____ Email _____

* This booklet is for you to bring with you to assist during your planning meeting

Tell us about your child



Who lives at home with your child?

What things does your child like to do e.g. play with toys, watch television?

What does your child like to eat

Can your child participate in family activities or excursions into the community (e.g. restaurants, playgrounds, the beach, shopping centres, etc)? Please list areas you might need help with.



What activities does your child like to do in the community (e.g. go to the park, swimming)?

What supports does your child currently access (e.g. AEIOU Foundation's early intervention program, speech therapy, occupational therapy)?

Have you tried mainstream supports (e.g. child care, preschool)?

Yes No

If yes, what was the child's experience?

Let's talk about communication



How does your child express their needs and wants (e.g. PECS, sign, iPad, or vocal)?

Does your child understand more than one instruction at a time (e.g. if asked to put shoes and hat on)?

Does your child have conversation skills (e.g. can they answer questions, or tell you about their day)?

Does your child speak spontaneously (e.g. only speaks when asked something, never initiates conversations with others)?

Do you have any further concerns regarding communication?

Let's talk about self care



Does your child need help to shower, bathe, wash hands, or clean teeth?

Does your child still wear nappies, or are they toilet trained?

Please provide more information (e.g. Do they ask to go to the toilet, or wait until they are taken)?

Dressing – can your child dress or undress themselves?

Not at all Needs help Completely Independent

How does your child respond to having to wear shoes, hat, or sunscreen (eg, displays challenging behaviours when required to)?

How does your child react when they need a haircut (do they display challenging behaviours)?

Let's talk about social development



Does your child notice other children?

Does your child like to play with others?

Does your child express challenging behaviours towards other children/adults (e.g. bite, hit, scratch)?

How does your child express feelings or emotions (e.g. do they get frustrated/angry when they can't get what they want)?

Do they display challenging behaviours (i.e. with tantrum behaviours or harm to themselves or others)?

Do they display challenging behaviours (i.e. with tantrum behaviours or harm to themselves or others)?

Let's talk about learning

Can your child learn new things (do they need lots of practice, do they need the task broken down into small steps)?

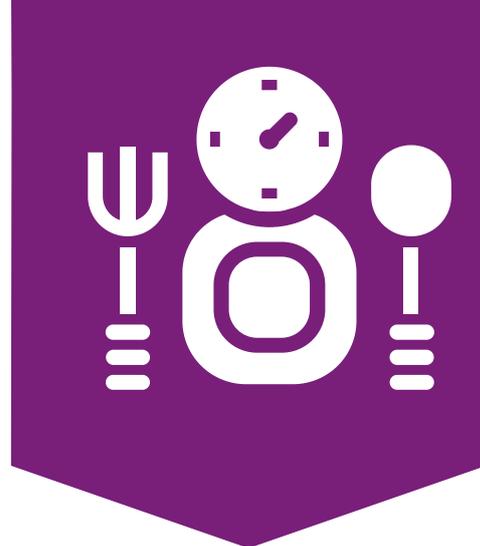


Does your child understand or remember new information, or do they need repetitive instruction/practice to retain information?

Does your child need to be taught in a small group, or one-on-one?

Let's talk about meal time

Is your child able to feed themselves (e.g. do they use cutlery, or do they eat finger food, etc.)?



Does your child eat a wide variety of foods?

Does your child eat only certain textures (e.g. crunchy, pureed or smooth foods, or certain colours of food)?

Can your child sit at a table to eat?

Your child's goals

Having a clear idea on the goals you want your child to achieve when undertaking early intervention is important when applying for access to the NDIS.



There are a few things you should consider:

- Think of short-term and long-term goals
- What supports your child will need to achieve their goals
- What supports you will need to help you child achieve your goals (i.e. parent training)
- Be aware that you can change your goals at any time throughout your NDIS plan

Examples of some goals:

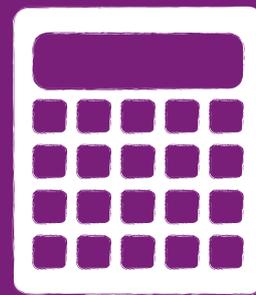
Short term;

- We would like Toby to calmly request for help in order to be able to regulate his emotions.
- We would like Toby to be able to approach his peers and initiate play with them.
- We would like Toby to eat three new foods (such as chicken, peas and corn) to increase his diet.

Long term;

- We would like Toby to be able to regulate his emotions to help him be part of his family and the wider community.
- We would like Toby to develop his social skills and to develop friendships with his peers.
- We would like Toby to be able to eat the same meals as the rest of his family

Who would you like to manage your child's funds



Agency

This is where the NDIA manage your child's NDIS plan. Your provider makes claims and is paid directly by the NDIA.

TIP: It's a good idea to for your provider to establish a service agreement with you when you are agency managed.

Self-managed

Means the NDIS will pay you directly for the supports you claim under your child's NDIS plan budget. Being self-managed enables you to choose any provider whether they are registered with the NDIS or not.

TIP: If you choose to self-manage all or part of your NDIS budget, you are advised to establish

- a separate bank account for your NDIS funds.

Plan Managed

A Registered Plan Manager will pay all your supports included in your child's NDIS plan budget, on your behalf.

Being plan managed is similar to self-managed where you can use both registered and unregistered NDIS providers only difference is that a provider cannot charge you higher than the NDIS price guide.

All of the above

A combination of the above options can be used. It's important to know you remain in control of which support providers you ultimately choose to engage

The "DUO"

Two organisations in different states collaborating to produce useful resources for the disability sector. Our passion and determination to provide intuitive and easy to use products and services started many years ago. Having worked across the government and not-for-profit sectors and for disability providers. Our experience has provided first hand knowledge on the long and difficult road that people living with disability can face, We decided it's time to step up and be part of the change that improves the way people connect with preferred supports and experiences.

The WHY

Living with disability and working in the sector means we have learnt many valuable lessons. One that stands out is that sometimes the journey does not determine the final destination. We know that there are still a multitude of barriers that exist for people living with a disability. We believe that these barriers are there to be challenged and if needed broken. 'Our why' ensures that we SUPPORT and EMPOWER people who live with a disability to support them to live the best life they want .

The HOW

In reshaping the accessibility of supports in the disability landscape, we listen and work with the people by tailoring solutions that work for the community. We believe that with the right tools, the right supports and a strong voice anything is possible. Our innovative solutions are designed to understand your needs, making sure they are intuitive and easy to use. We continually evolve our product offerings and in doing so; ensure they work for you.



08 6161 7134
info@district360.com.au

info@cloverassist.com.au