



Lactation CONNECTION

BREASTFEEDING AND LACTATION SUPPORT

WHAT CAN I EXPECT?

- Discussion on topics surrounding lactation and feeding your baby.
- Support from other mother's, breastfeeding professionals and public health nurses.
- Connect! To other mothers and to resources within the community.
- Scale available to weigh your baby.

Get professional guidance and support for your lactation journey.

We will not be meeting on holidays, or if Elk River Schools are closed or virtual due to weather.

WHEN

EVERY THURSDAY
10:00am-12:00pm
(come anytime!)

NOT MEETING: 11/26, 12/24

WHERE

MAINSTREET
FAMILY RESOURCE CENTER
400 Jackson Ave NW, Elk River
Room 207

CONTACT

763-765-4000
Sherburne County Public
Health Department



Public Health
Prevent. Promote. Protect.

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