



**First Steps Central MN Community Advisory Committee Meeting**  
 Monday, April 26, 2021      1:30p-3:00p      Via Zoom



**CAC Members (Agency) Present:** Kara Zoller (Sherburne County Health Promotions), Sarah Stenseng (Sherburne County Child Protection), Jade Lauber (GRRL), Kathleen Holthaus (ISD 728 Early Childhood, Young Parents Program), Heidi Larson (St Cloud Reach Up – Head Start), and Melissa Bruns (CentraCare), Angie Klinefelter (ISD 742 Early Childhood)

**First Steps Leadership Team (Agency) Present:** Kelly Ball (First Steps), Mary Nesseth (Wright County FHV Supervisor), Gloria Sorem (Sherburne County Lead Family Health), Leah Krotzer (First Steps), Sarah Grosshuesch (Wright County PH Director), Tammy Seifert (Sherburne County PH Supervisor), Adam Johnson (Stearns County FHV Supervisor)

AGENDA ITEM	NOTES	FOLLOW UP NEEDED
<p>Welcome &amp; Introductions - What has kept you (and/or your agency) resilient over the past year?</p>	<ul style="list-style-type: none"> <li>• Mary Nesseth- meet as often as possible, just connecting. The more you connect, the easier it is to communicate.</li> <li>• Leah Krotzer- connecting with the team and making a point to get outside.</li> <li>• Sarah Grosshuesch- seeing each other in person while working in clinics. Participating in church.</li> <li>• Adam Johnson- same, being able to connect with people virtually. Tae Kwan Do teacher.</li> <li>• Sara Stenseng- take time before meetings to share good work seen by co-workers or good work, they themselves have done.</li> <li>• Heidi Larson- checking in with each other and being supportive. When hosting meetings, keep things light and do team-building activities (at start and end). Doing things I enjoy doing.</li> <li>• Jade Lauber- stayed resilient by embracing change and finding new ways to keep serving our patrons. I also love the ideas about connecting with each other and getting outside.</li> <li>• Kara Zoller- went fishing.</li> <li>• Tammy Seifert- team connecting with each other, been fun to be together at vaccine clinics. Staff have kept her resilient.</li> <li>• Gloria Sorem - connections with team and seeing co-workers at clinics. Trying to focus on good diet and exercise and always having something to do.</li> <li>• Kathleen Holthaus - group text, humor. Have first grandchild.</li> <li>• Melissa Bruns- each other and sense of humor. Family helps keep resilient, unexpected blessing to slow down and spend time with them.</li> <li>• Kelly Ball- Teammate Leah. Getting up early to exercise and set day's</li> </ul>	

	intentions.	
<p>CAC Action Items—Feedback requested:</p> <p>1) CAC</p> <ul style="list-style-type: none"> <li>• Review CAC goals identified at last meeting</li> <li>• CAC representation gaps</li> </ul> <p>2) Community</p> <ul style="list-style-type: none"> <li>• How do you feel families and the communities we serve will feel about returning to in-person visits? Is the community ready? Your agencies?</li> <li>• What type of practices do we want to maintain from this past year as we shift back to our “new normal”?</li> </ul> <p>3) Referrals</p> <ul style="list-style-type: none"> <li>• What kind of promotional or reference items would be helpful to you as you refer families to FHV?</li> <li>• Referral source gaps?</li> </ul>	<p>1) CAC</p> <ul style="list-style-type: none"> <li>○ Reviewed the list of goals identified from last meeting and will touch base on those annually</li> <li>○ Shared list of confirmed members and discussed gaps and list of groups would like to have representation from, continue to try to reach out to them. Gaps in communities of color representation.</li> </ul> <p>2) Community</p> <ul style="list-style-type: none"> <li>○ Sara Stenseng – child protection has continued to go out and meet with families throughout the pandemic, it has gone really well. Families expressed that they are very ready for in-person interactions with other programs (the ones that have not been meeting in-person).</li> <li>○ Kathleen Holthaus – some parents are for meeting in person again and some are not. ECFE is back in with protocols in place, have not had to quarantine; have waiting lists.</li> <li>○ Heidi Larson – been open since July 2020, on a few occasions have had to quarantine. Home visitors are doing their visits virtually, will hopefully start to do them in-person, outside (or if there is a space they could meet). Sent out a survey to families to find out where their comfort level is.</li> <li>○ Kara Zoller - update from WIC, waivers will be in place until mid-August.</li> <li>○ Angie Klinefelter – families in birth to three special ed are hoping to be back to in-person in the fall, potentially able to meet outside for summer classes; maybe in home visits in the late summer. Families and home visitors are ready to be back in-person.</li> <li>○ Tammy Seifert – staff are ready, maybe June 1 to start some (always family and home visitor’s choice)</li> <li>○ Adam Johnson – soft opening, nurses can make request for in-person visits (outside), with certain precautions.</li> <li>○ Mary Nesseth – nurses really miss seeing newborns, watching the case numbers.</li> <li>○ Kelly Ball –referred families called in centralized intake are curious about how visits are being done, some have concerns about having someone come into their home, but agree to FHV once explained of phone/virtual</li> </ul>	<p>CAC planning committee should contact the African Women’s Alliance, trauma informed team at CentraCare, Promise Neighborhood, and churches, Wright’s contracted Spanish interpreter. Also touch base with confirmed members who have not been attending meetings regularly.</p>

	<p>practice option.</p> <ul style="list-style-type: none"> <li>○ Jade Lauber – the library is open to the public. Our patrons are very happy that they can come inside the building. We have “grab-and-go” services, so patrons can come inside, pick up items, use a computer for an hour, and browse. We don’t have any meeting rooms open. We are doing virtual story times and other programs, but nothing in person yet. People definitely want to be inside the library, we have a lot of patrons who need study space, so we are hoping to get that opened, but not sure when.</li> </ul> <p>3) Shared document with all 2020 referral sources. There were 645 referrals received in our centralized intake from 53 different community partners. 45% from hospitals, 35% from WIC clinics, 7% from clinics, 6% Internal HHS/PH, 6% Self-Referral, 1% other community partners. One target group we would like to connect better with are clinics to better reach families in pregnancy. Will also be working to increase overall referral numbers as staff capacity in FHV returns and in-person outreach opportunities return.</p> <p>-What kind of promotional items or tools would be helpful? Feedback was: talking points for referring staff, regular presence at young parent program (ISD 728) or other ALC locations, brochures and giraffe postcards have been helpful, continued work with outreach presentations.</p>	
<p>Family Home Visiting Updates:</p> <ol style="list-style-type: none"> <li>1. Data and COVID-19’s continued impact</li> <li>2. Transition to MECSH</li> </ol>	<ol style="list-style-type: none"> <li>1) Approximately half of FHV staff time was pulled into vaccine response, which has brought down caseload capacity. Averaging about 17 referrals per week. Community health worker contract with CentraCare has not been able to happen, CentraCare does not have the capacity, so will need to work on new plan.</li> <li>2) On point to move to July 1 start date for MECSH across all four counties. Staff training in June. Have notified NFP and HFA models. Standardizing documentation and case plans in electronic medical records system (PHDoc, which 3 of the 4 counties utilize). Will be developing a MECSH binder for staff with training materials and supplemental tools to assist with smooth transition.</li> </ol>	
<p>Future meetings:</p>	<ul style="list-style-type: none"> <li>• Monday, July 26, 2021 1:30p-3:00p Via Zoom</li> <li>• Monday, October 25, 2021 1:30p-3:00p Via Zoom</li> </ul>	
<p>Parking Lot items:</p>	<ul style="list-style-type: none"> <li>• Feedback: website, referral form, brochure</li> <li>• Quality improvement projects</li> </ul>	