



Public Health
Prevent. Promote. Protect.

Benton County
Sherburne County
Stearns County
Wright County

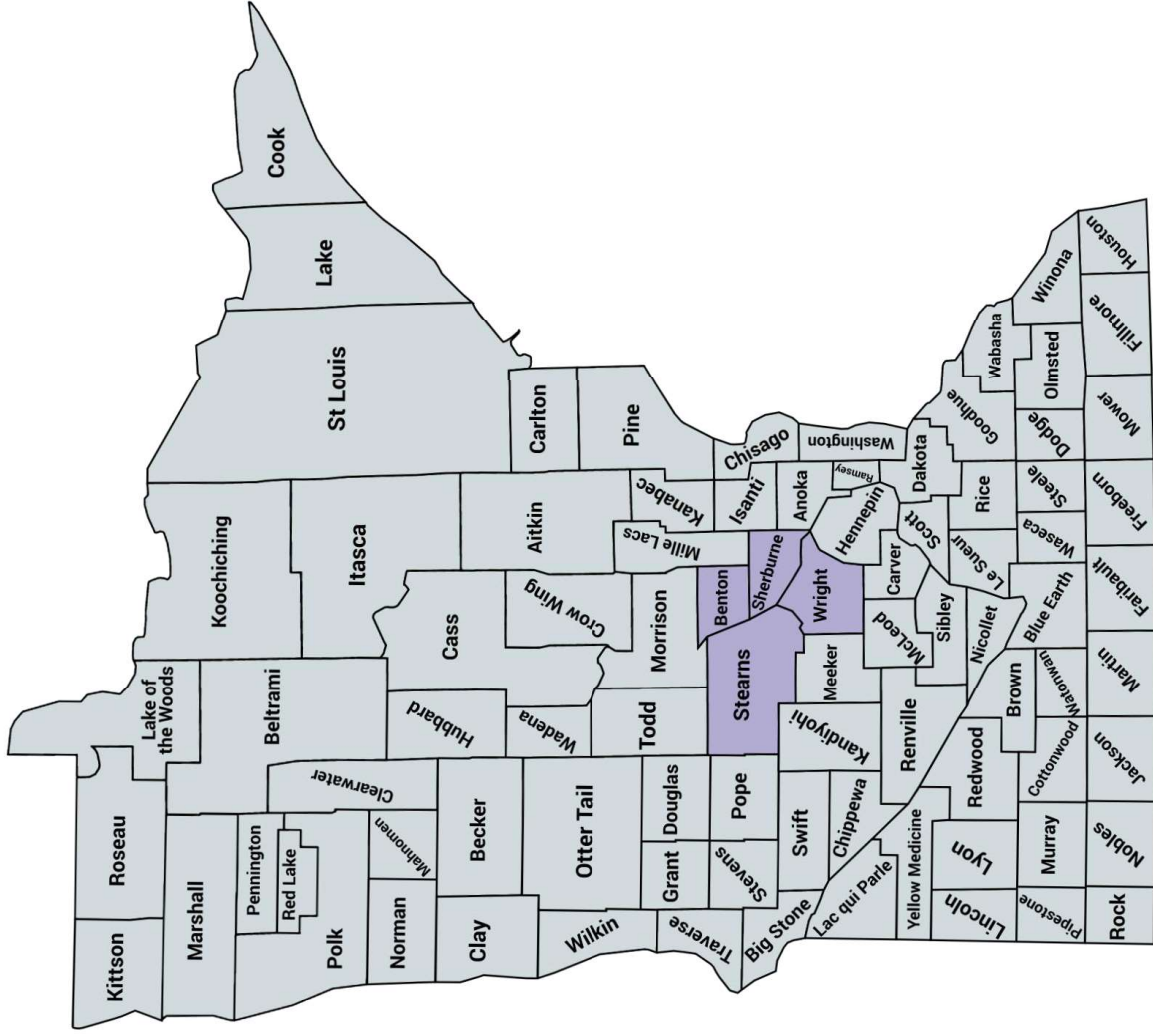
Community Advisory Committee Meeting 11/9/20



First Steps

Central MN

**Benton County
Sherburne County
Stearns County
Wright County**



Principles of Family Home Visiting

- Programs are relational
 - Primary goal is the development of the relationship between mom or parents and baby
 - Accomplished with the strong support and relationship between the nurse and the family
 - Includes prenatal and parenting education, although this is not the primary focus
- Participation is voluntary
- Home visitors are Public Health Nurses
- Programs are evidence-based



Public Health
Feveril. Prunale. Protect.

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Why Family Home Visiting?

- Early experiences influence the developing brain
- Toxic effects of chronic stress
- Adversity can lead to lifelong problems
- Early intervention can prevent consequences
- Stable, caring relationships are essential for development



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Benefits of Family Home Visiting

Notable benefits to Minnesota families who have received early intervention through home visiting services include:

- Improved maternal and newborn health
- Reduction of child injuries, abuse, neglect and/or maltreatment
- Improvements in school readiness and parent-child relationships
- Reduction of domestic violence
- Economic self-sufficiency of families



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How are the programs funded?

- Medical Assistance reimbursement
- State & Federal grants
 - Evidence Based Home Visiting Expansion (EBHV)
 - Maternal, Infant, and Early Childhood Home Visiting (MIECHV)
 - TANF
 - MCH



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Year 1 Overview

- Impacts of COVID-19 on FHV
- EBHV Grant Objectives
 - Referral Network
 - Continuous Quality Improvement
 - Community Advisory Committee
 - Program Funding, Budgeting & Sustainability
 - Reflective Practice
 - Model Fidelity and Accreditation
 - Required MDH Reporting
 - Integrating into the Early Childhood System
 - Meeting Target Caseload
 - Recruiting and Enrolling Families
- Data

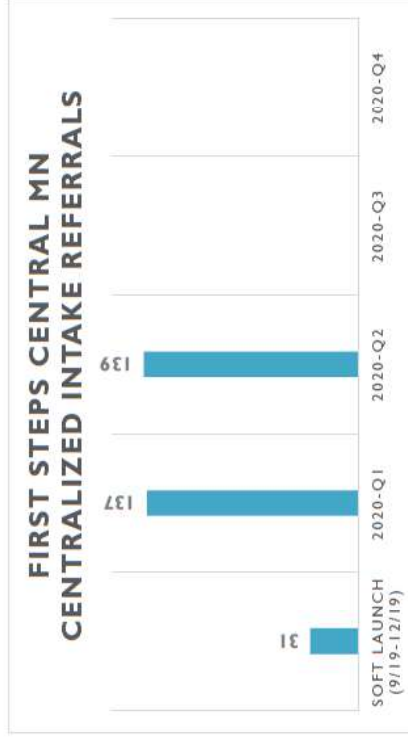


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First Steps Central MN – EBHV Grant YR 1 Referral Data Snapshot

Centralized Intake Process:

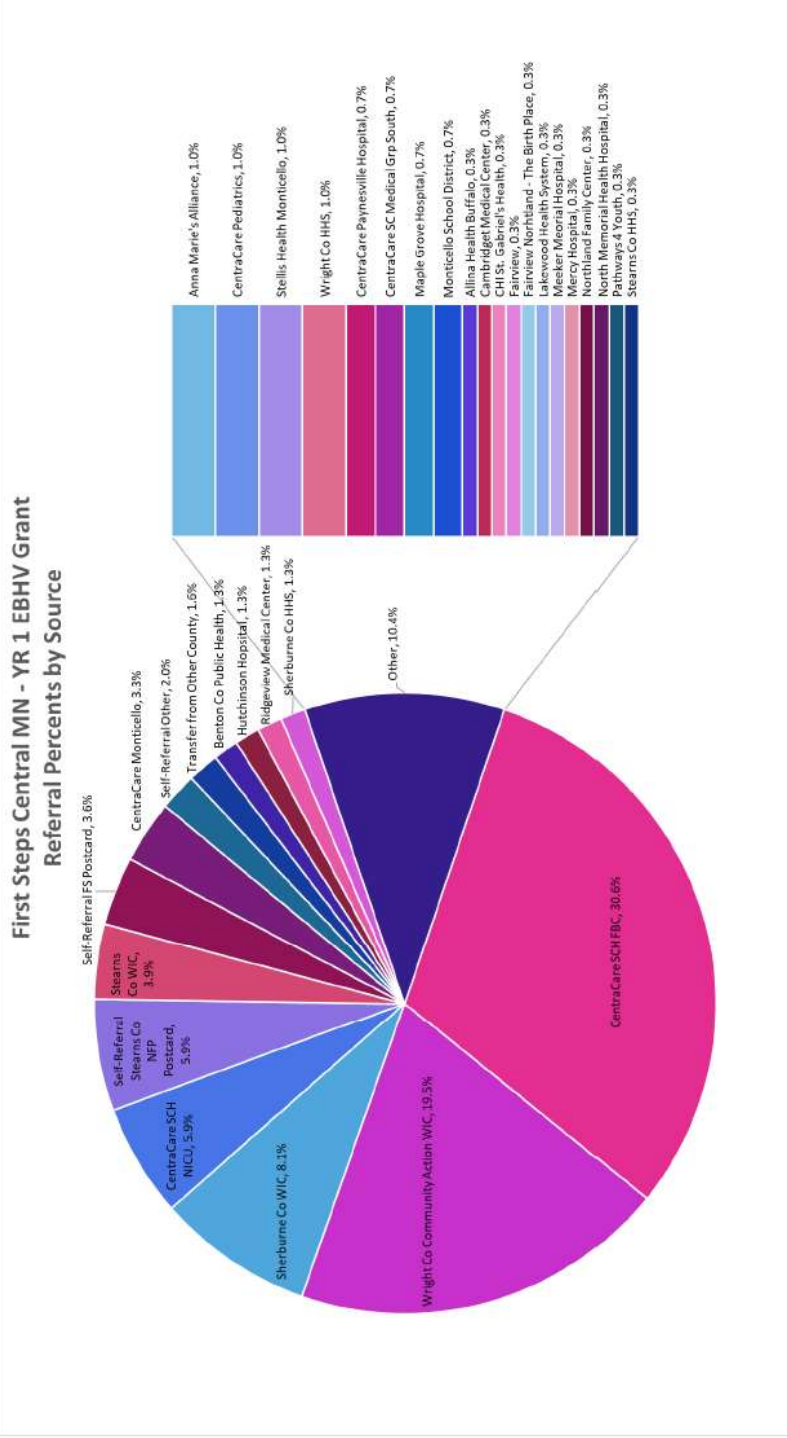
- Developed centralized intake process September 2019 with collaborative Kaizen event
- Soft launch of centralized intake with outreach Sept-Dec 2019, with official launch January 2020
- In March 2020, the COVID response brought the Stay-at-Home & Stay-Safe orders that suspended in-person outreach & home visiting, despite these circumstances, centralized intake referrals were maintained at the same rate in the two 2020 quarters
- We rounded the Grant YR1 with 307 referrals through the centralized intake process



Period	2020-Q1	2020-Q2	2020-Q3	2020-Q4	CUMULATIVE TOTAL
Soft Launch (9/19-12/19)	31				
2020-Q1	137				
2020-Q2		139			
2020-Q3					
2020-Q4					
CUMULATIVE TOTAL	307				307



Supporting Benton, Sherburne, Stearns & Wright Counties



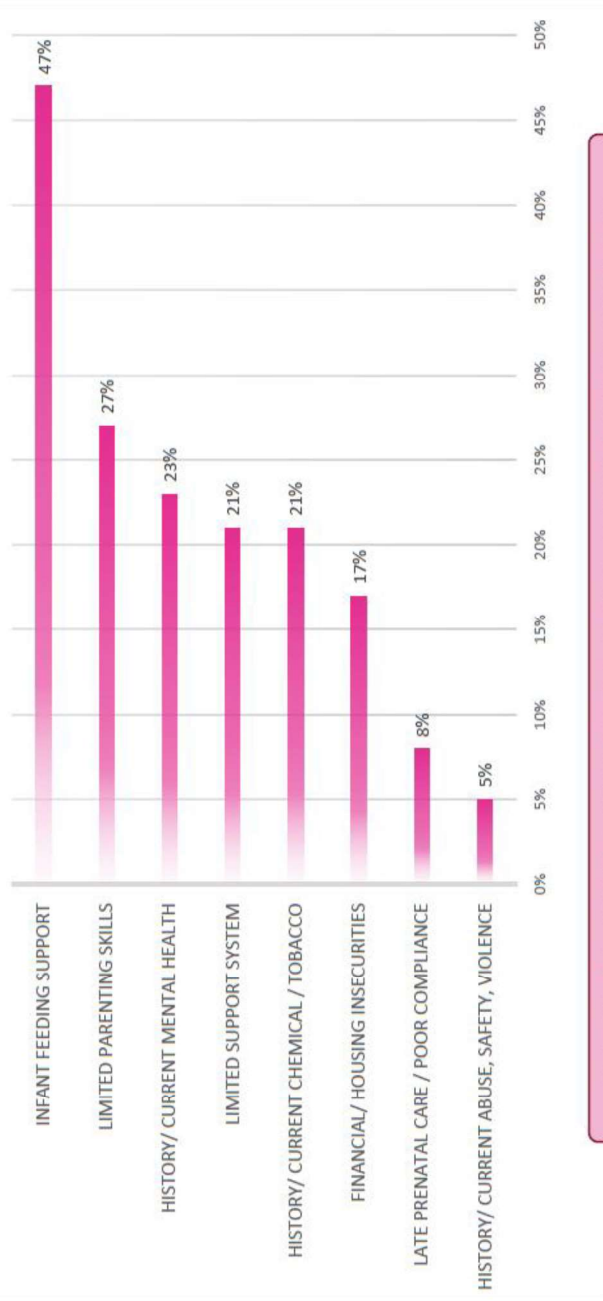
P: 763-276-0441 • F: 763-765-4250 • www.firststepscentralmn.org
13880 Business Center NW Drive, Suite 100, Elk River, MN 55330



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FIRST STEPS CENTRAL MN REFERRAL'S BARRIERS/CHALLENGES IDENTIFIED BY COMMUNITY PARTNER REFERRER



51% of Referrals with More than 1 Barrier/Challenge Identified by Community Partner

Percents based on those referral forms filled out with barrier/challenge identification by Community Partner



Supporting Benton, Sherburne, Stearns & Wright Counties

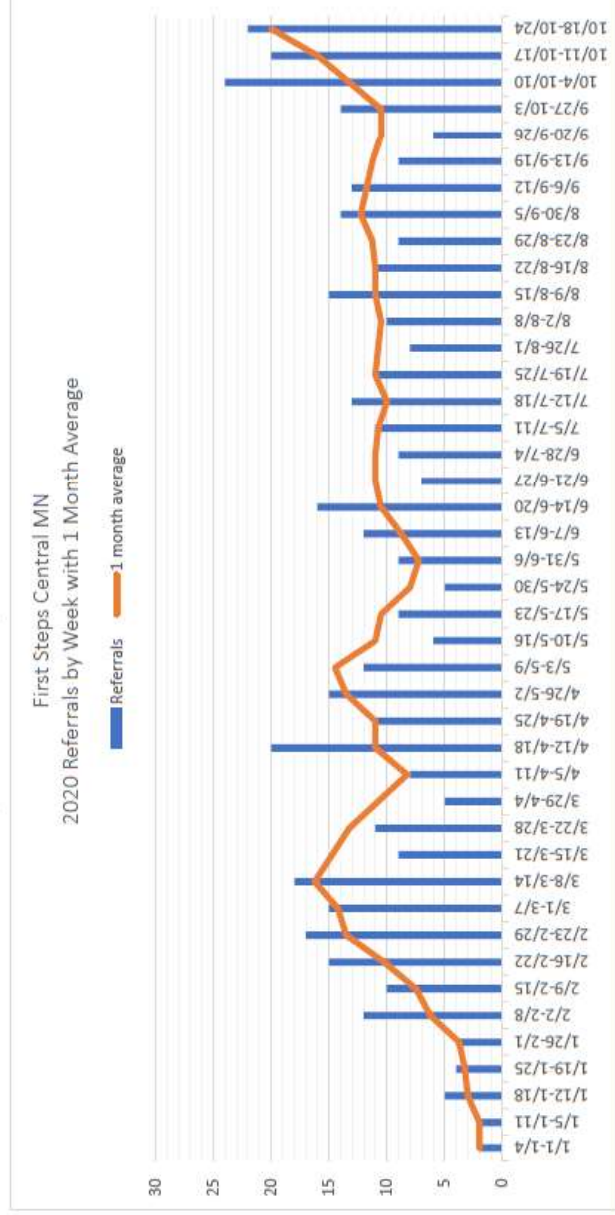


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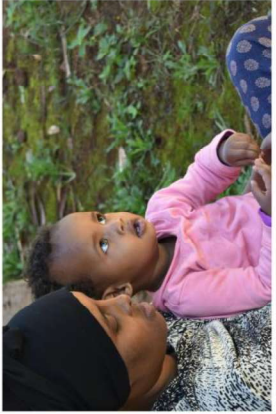
First Steps Central MN – Centralized Intake During COVID-19 Referral Data Snapshot 2020

Centralized Intake Referrals During COVID-19:

- With the Stay at Home and Stay Safe orders from spring to summer, there has been a decrease overall in referral numbers
- This summer, there was a reduction in referrals from community partners we typically see high referral volumes; communication with SCH FBC and Sherburne WIC point to contributing factors of (now resolved) technology issues, COVID reduced visits, staff turn-over/training, and staff summer pto/schedules



NFP Video



Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.



"There is a magic window during pregnancy...it's a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse."

David Olds, PhD
Founder of Nurse-Family Partnership
Professor of Pediatrics at University of Colorado

HOW IT HAPPENS

- EXPERTS:**
Specially-trained nurses
- PROVEN:**
Extensive and compelling evidence
- INTENSIVE:**
Pregnancy through age 2
- TIMELY:**
First 1000 days



<https://community.nursefamilypartnership.org/Agency/Support/Marketing/Marketing-collateral>



TRIAL OUTCOMES

The following outcomes have been observed among participants in at least one of the trials of the program:

- 48%** reduction in child abuse and neglect
- 56%** reduction in ER visits for accidents and poisonings
- 50%** reduction in language delays of child age 21 months
- 67%** less behavioral/intellectual problems at age 6
- 79%** reduction in preterm delivery for women who smoke
- 32%** fewer subsequent pregnancies
- 82%** increase in months employed



317,000+
FAMILIES SERVED

Since replication began in 1996

40
STATES

the U.S. Virgin Islands
and some Tribal communities

5X
\$ RETURN

Every \$1 invested in NFP saves
\$5.70 in future costs for the
highest-risk families served

<https://community.nursefamilypartnership.org/Agency-Support/Marketing/Marketing-collateral>

Community Advisory Boards

Model Element #17: Community Support for NFP

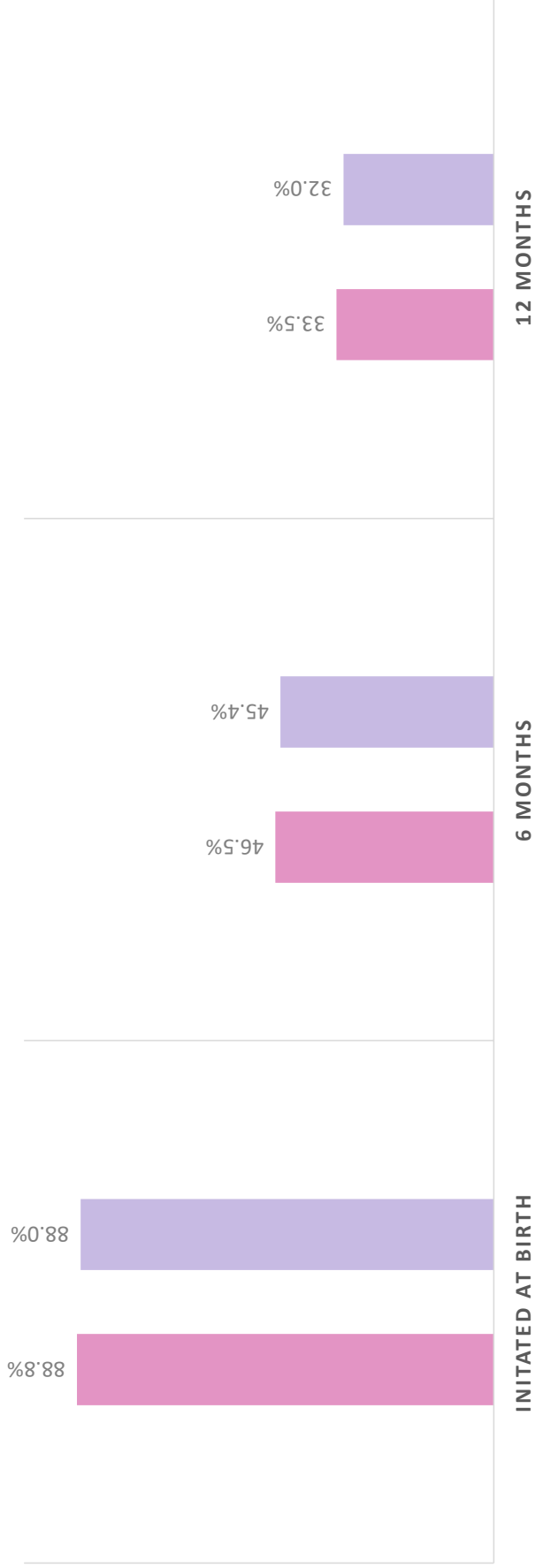
- “The implementing agency convenes a long-term community advisory board that meets at least quarterly to provide a community support system to the NFP program and ensure program quality and sustainability.”
- Community support is necessary for program sustainability.

<https://community.nursefamilypartnership.org/Agency-Support/Community-Advisory-Toolkit>

NFP CLIENT BREASTFEEDING RATES

DATA 10/1/19-9/30/20

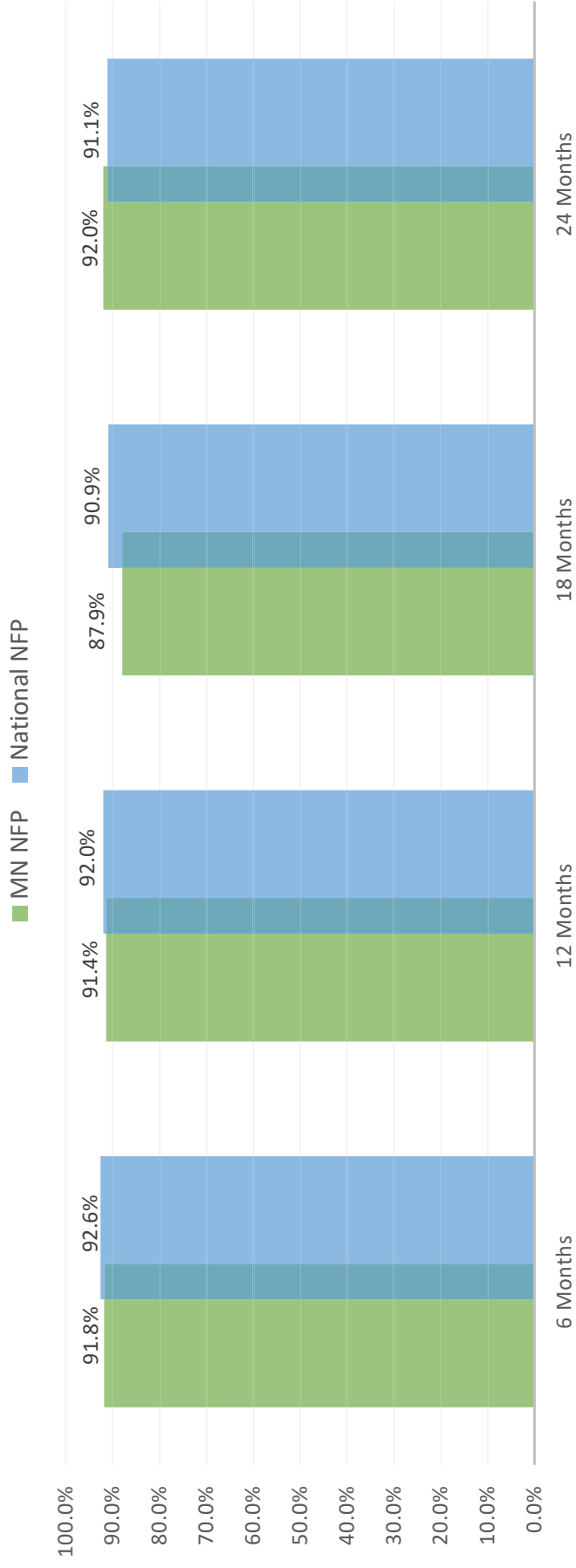
■ MN NFP ■ National NFP



NFP Outcome: Client breastfeeding at birth, 6 and 12 months.

NFP CLIENT CHILDREN UP-TO-DATE IMMUNIZATIONS

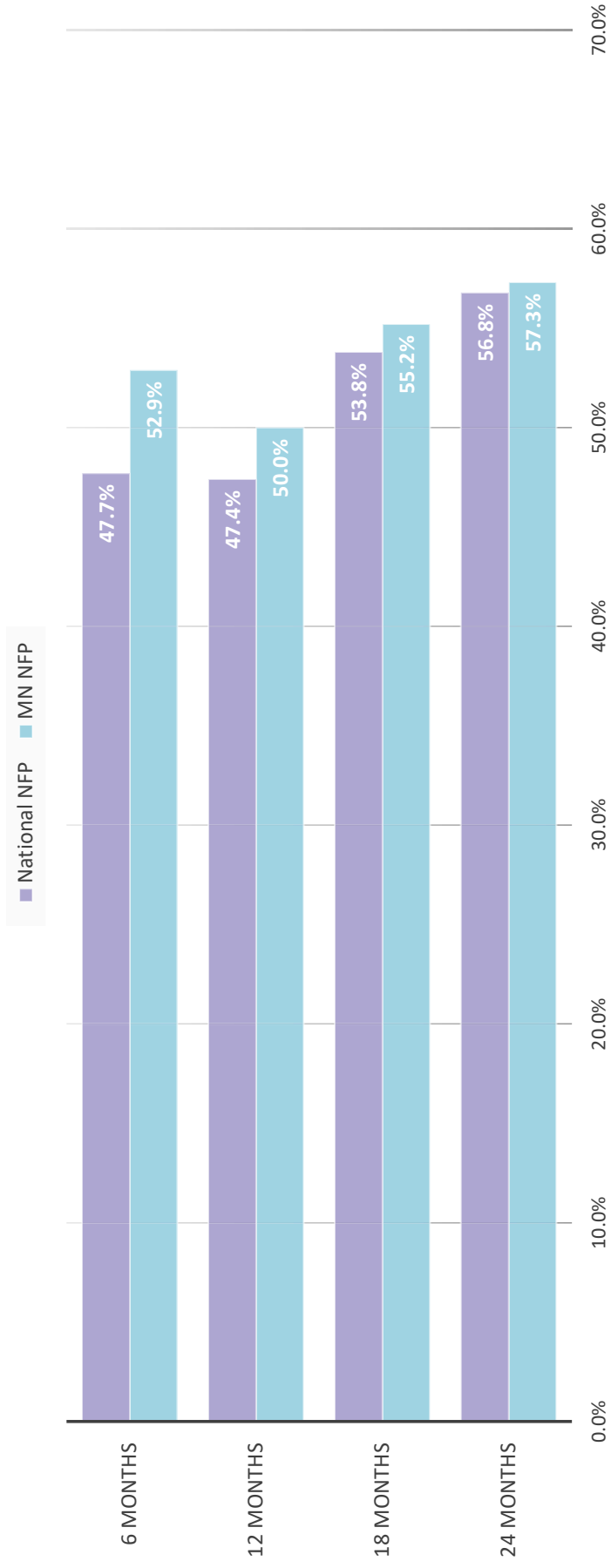
Data 10/1/19-9/30/20



NFP Outcome: Children with up to date immunizations at 6, 12, 18 and 24 months.

NFP CLIENT WORKFORCE PARTICIPATION

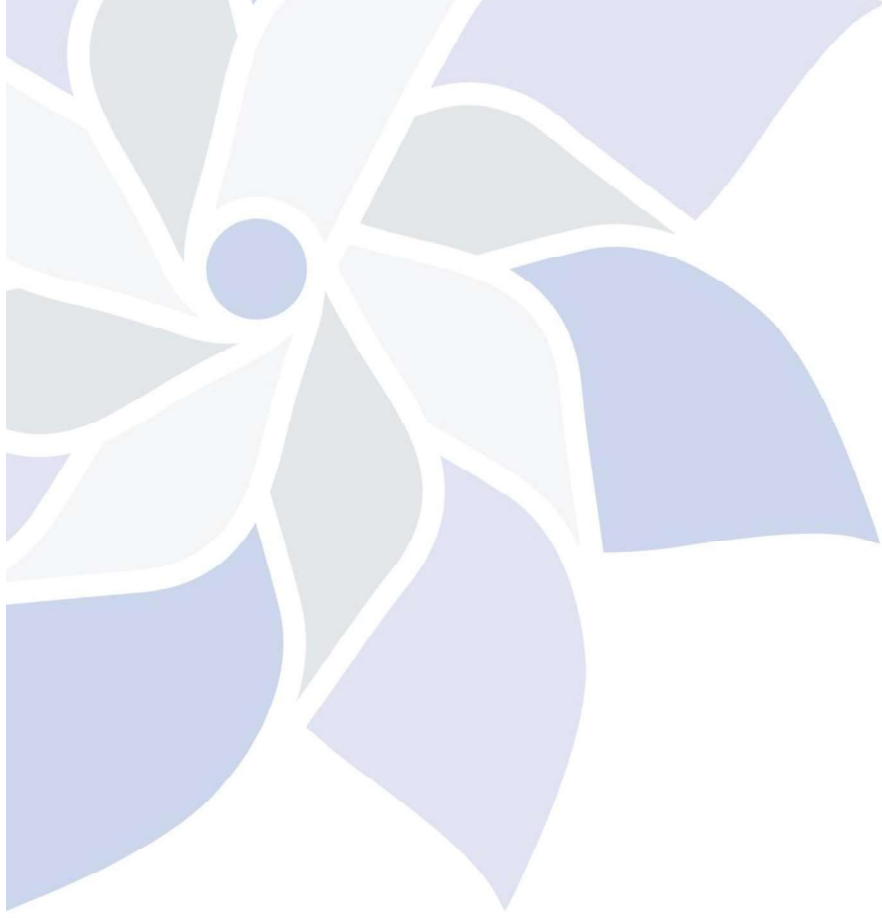
Data 10/1/19-9/30/20



NFP Outcome: Workforce participation over time for clients who were 18 years or older at intake.

QUESTIONS?





An Overview



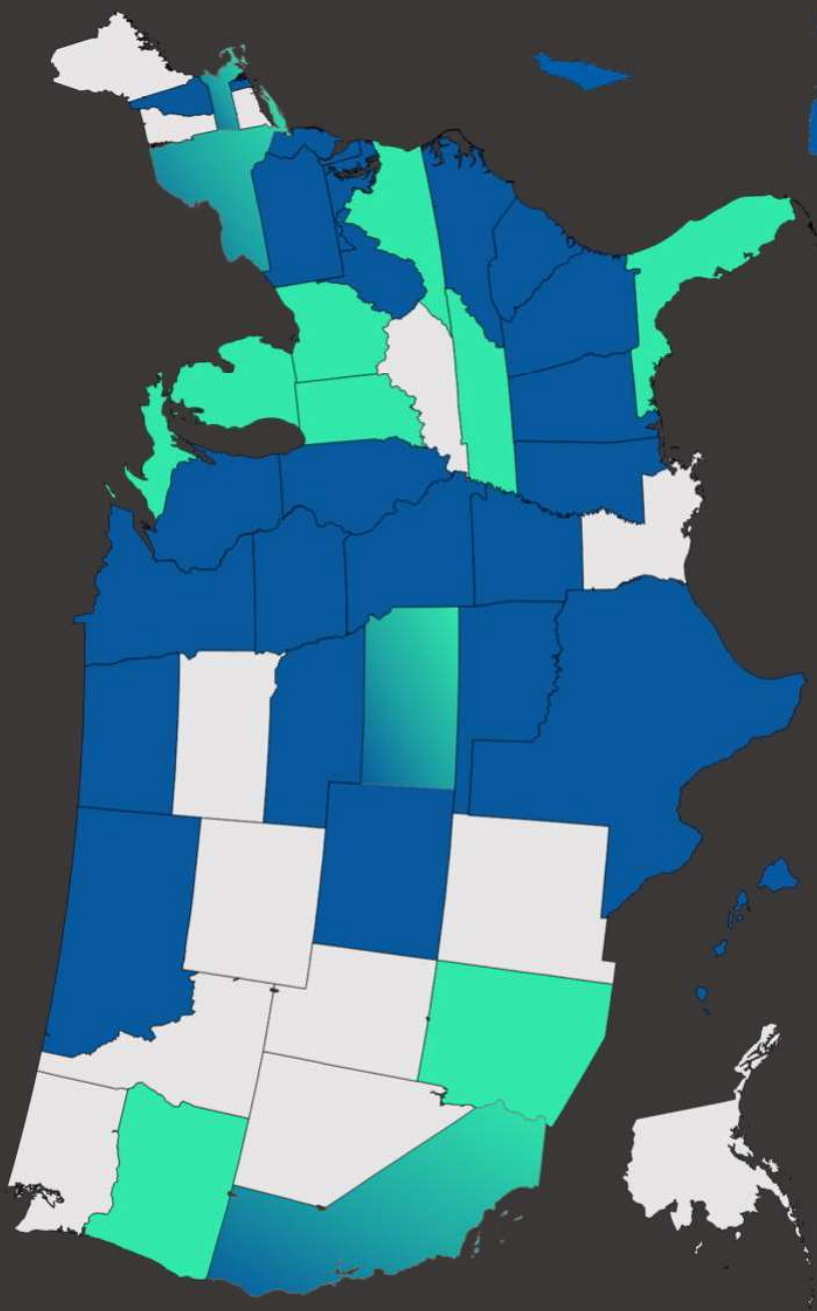
Healthy Families America®

580+ sites

38 states, D.C.
5 US Territories,
& Israel

1,000,000
home visits/year

73,000 families
served/year

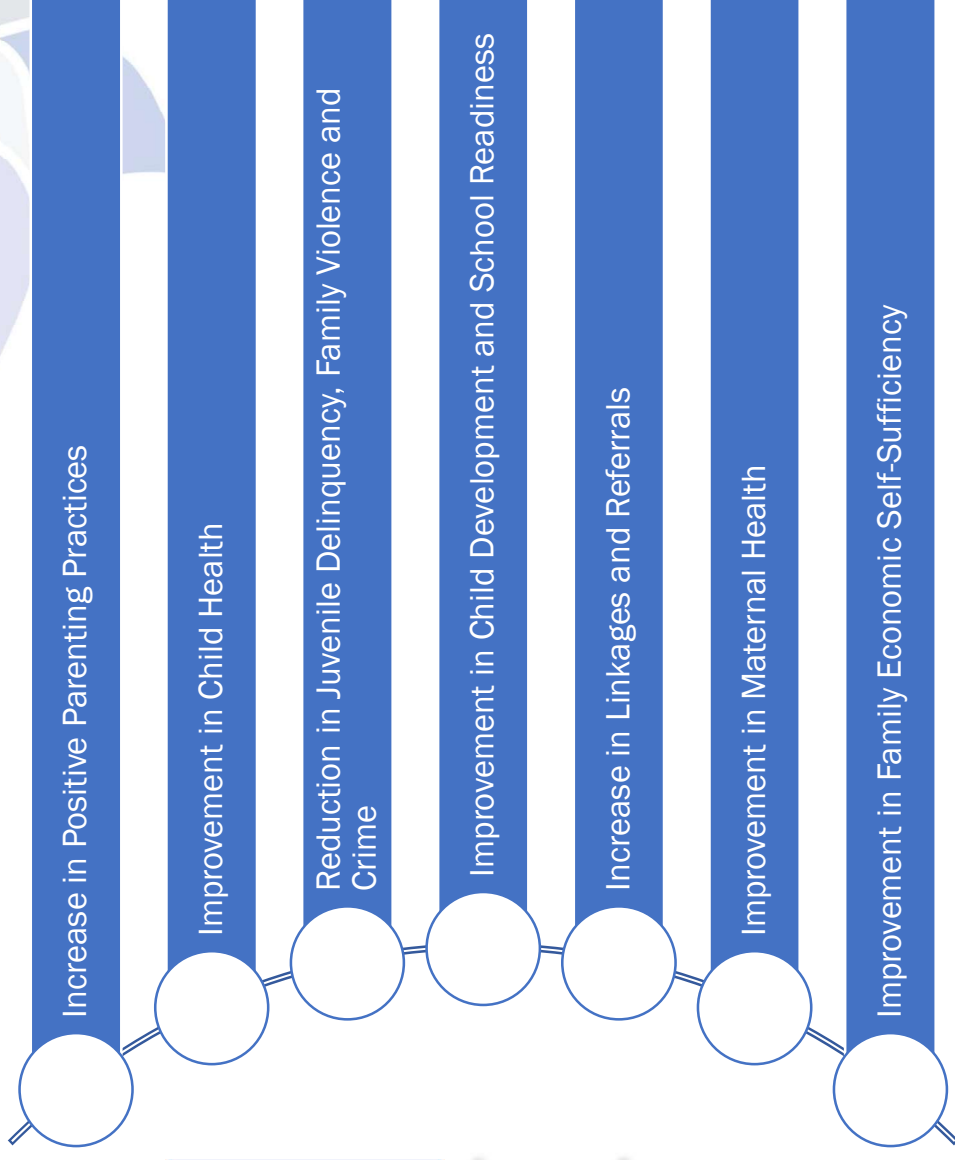


Outcomes

Reductions in child abuse and neglect

49% fewer substantiated CPS reports

Prevents recurrence of child maltreatment by **1/3** among families with prior CPS involvement



HFA Advantage



Relational Health
& Attachment

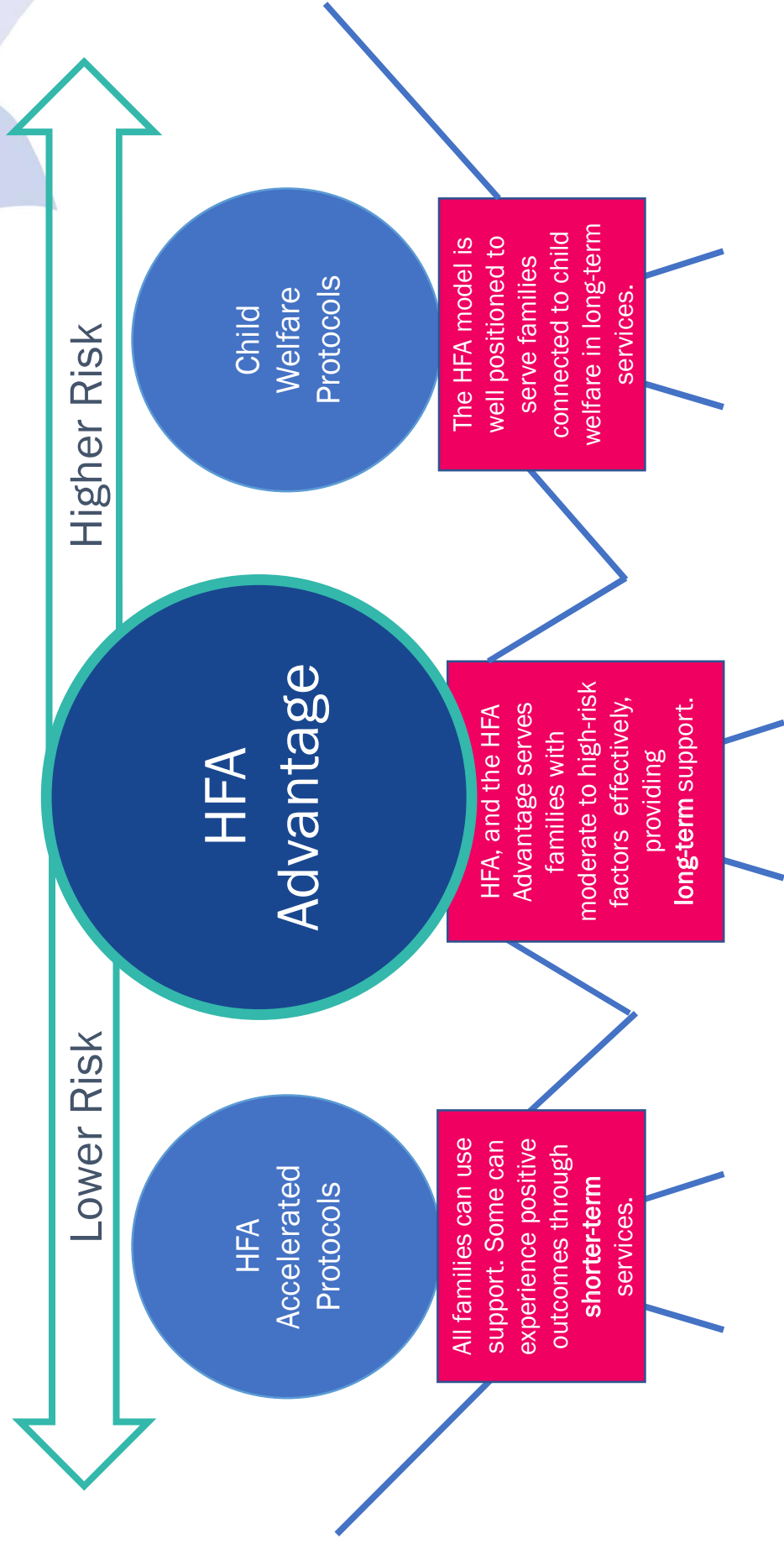


Trauma Informed
Practice



Reflective Capacity

Continuum of service



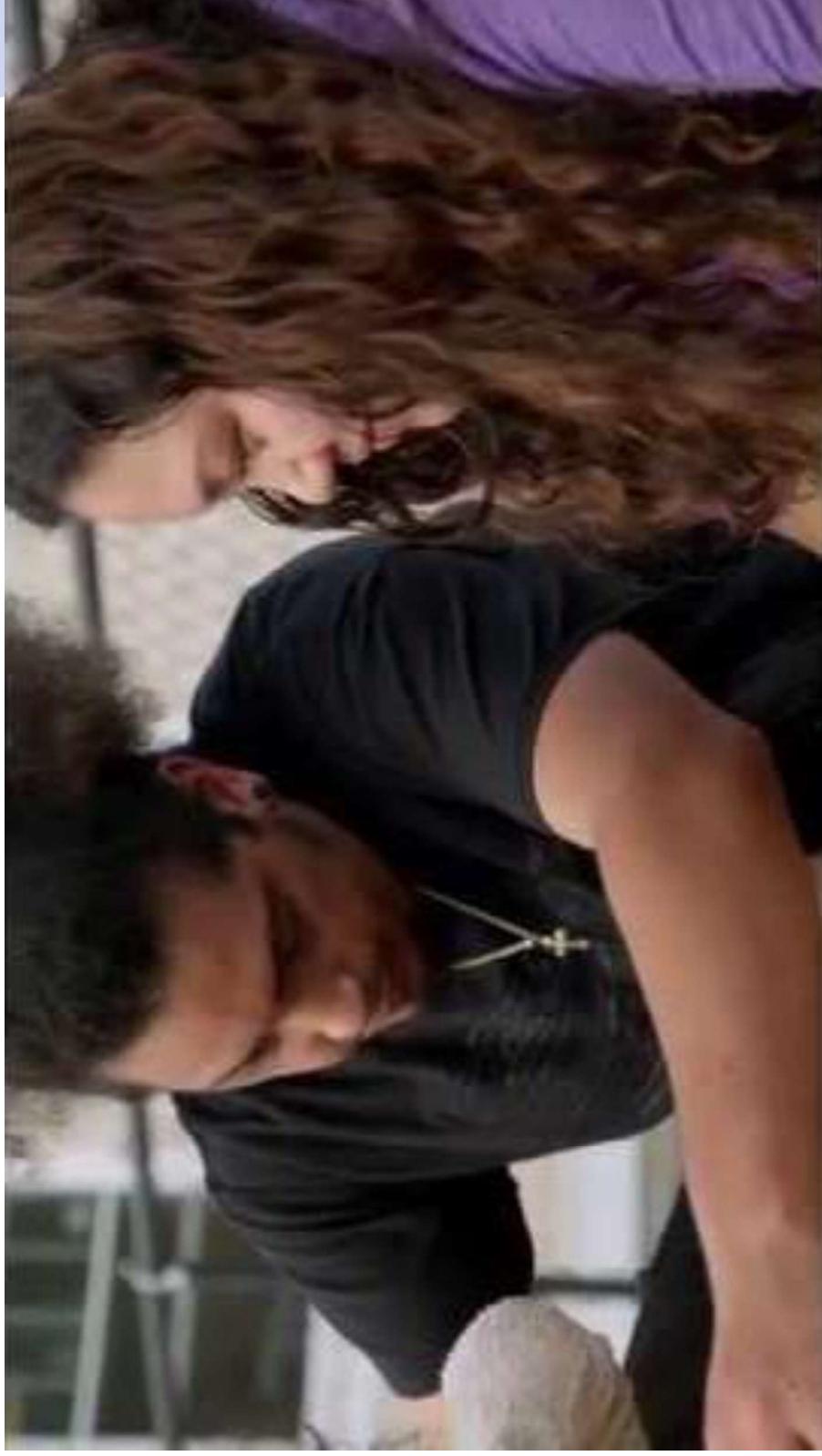


Worthwhile Investment

\$830,928

Lifetime economic
burden for each victim
of child maltreatment

From the parent perspective...





THANK YOU!





Questions?

References

- Minnesota State Statute 145A.17 Family Home Visiting Programs
- www.healthyfamiliesamerica.com
- [Evidence of Effectiveness](#)