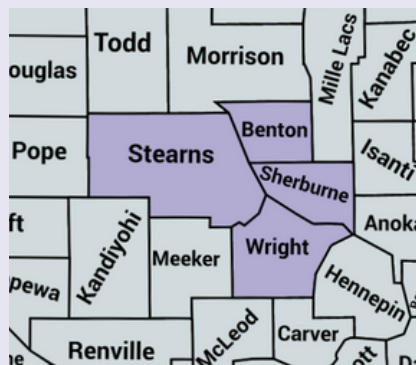


## 2023 YEAR END HIGHLIGHTS

★ We processed 784 referrals in 2023. See pg 4 for more referral data.

★ Caseloads grew 25% from 2022 to 2023, serving 74 more families when comparing Dec 2022 to Dec 2023.

★ 99% of families that participated in our annual Family Feedback Survey noted improvement in one or more area of life since beginning the program. See pg 3 for more survey highlights.



We are a team of Registered Nurses who offer support and information to families during pregnancy through the early years of their child's life. Visits with a nurse are voluntary and free.

We provide support to caregivers, connecting them to resources, provide education on topics such as pregnancy, childbirth, parenting, infant feeding, bonding, and their child's growth and development.

## LOCAL EVENTS

### Caregiver Course to Prevent Child Trafficking

- Monday, March 4, 6pm-8pm
- Foley Intermediate School Media Center
- FREE, but please pre-register [here](#)
- Learn how child trafficking occurs, what makes youth vulnerable, identify those most at risk, and how to prevent trafficking and sexual exploitation.

### St. Cloud First Steps Baby Expo

- Saturday, March 9, 9am-2pm
- St. Cloud River's Edge Convention Center
- Tickets \$10 for adults, kids under 12 FREE
- [www.firststepsbabyexpo.com/](http://www.firststepsbabyexpo.com/)
- Stop by and say hi at our booth!

## HOW TO REFER



Our electronic referral form is the preferred method. Find it at:

<https://firststepscentralmn.org/make-a-referral>

A nurse will call/text the family within 1-3 business days to answer any questions they may have, share resources, and schedule a first visit, if families are still interested.

## LET'S CONNECT

- Presentation at a Team Meeting
- Resource Station at a Staff Training Day
- New Staff Orientation
- Lunch-N-Learn
- Outreach at a Community Event



Contact us to schedule outreach to stay up-to-date about programming and resources. We recommend annual outreach to staff.





## ADDITIONAL FAMILY FEEDBACK SURVEY RESULTS

80%

FELT THEY **ALWAYS** HAVE ENOUGH TIME WITH HOME VISITS (LENGTH, FREQUENCY) TO HAVE NEEDS MET

An additional **14%** reported feeling **most of the time** they have enough time to have needs met

97%

FELT **RESPECTED** DURING HOME VISITS IN PARENTING STYLE & CHOICES MADE FOR CHILD(REN)

87% Extremely Well; 10% Very Well

99%

FELT HOME VISITING MATERIALS & INFO WERE **EASILY UNDERSTANDABLE** AND/OR **PROVIDED** IN THEIR PREFERRED LANGUAGE

An additional **1%** of respondents felt they were **somewhat** understood and/or some in preferred language

94%

FELT HOME VISITING MATERIALS & INFORMATION ARE **USEFUL** FOR DETERMINING WHAT IS BEST FOR THEIR CHILD(REN)

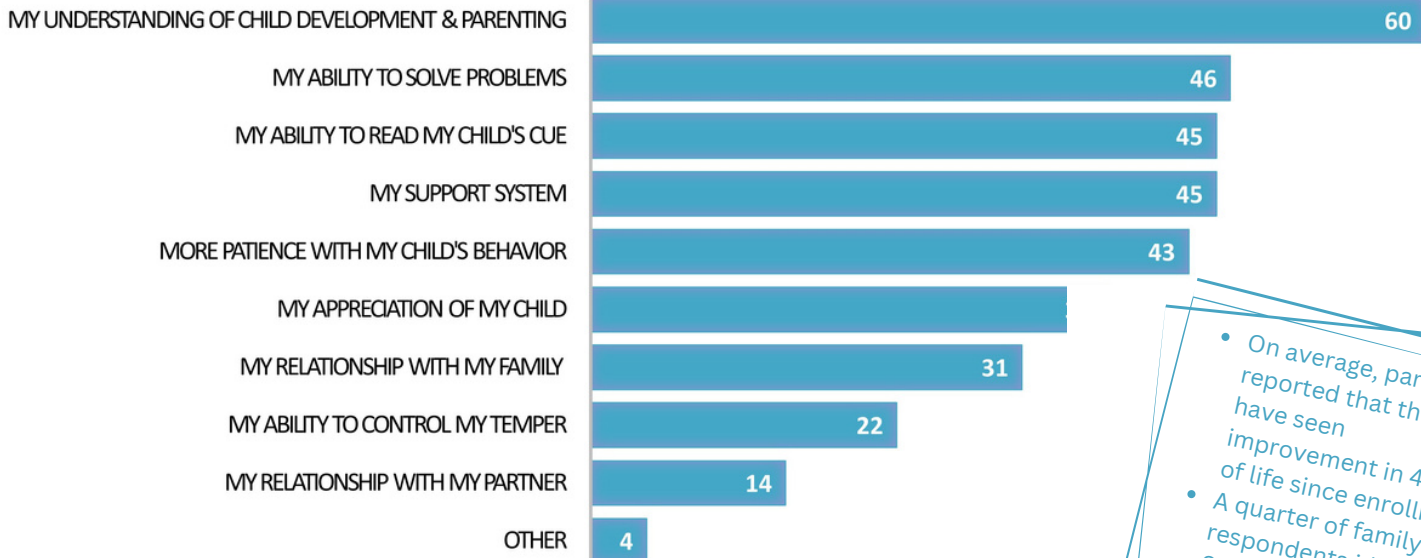
84% Extremely Useful; 10% Very Useful

94%

FELT **CONFIDENT** THAT THEY CAN DO A GOOD JOB RAISING THEIR CHILD(REN) SINCE PARTICIPATING IN HOME VISITING

94% Strongly agreed; 5% Somewhat agreed

## FAMILY'S LIFE IMPROVEMENT SINCE BEGINNING HOME VISITING



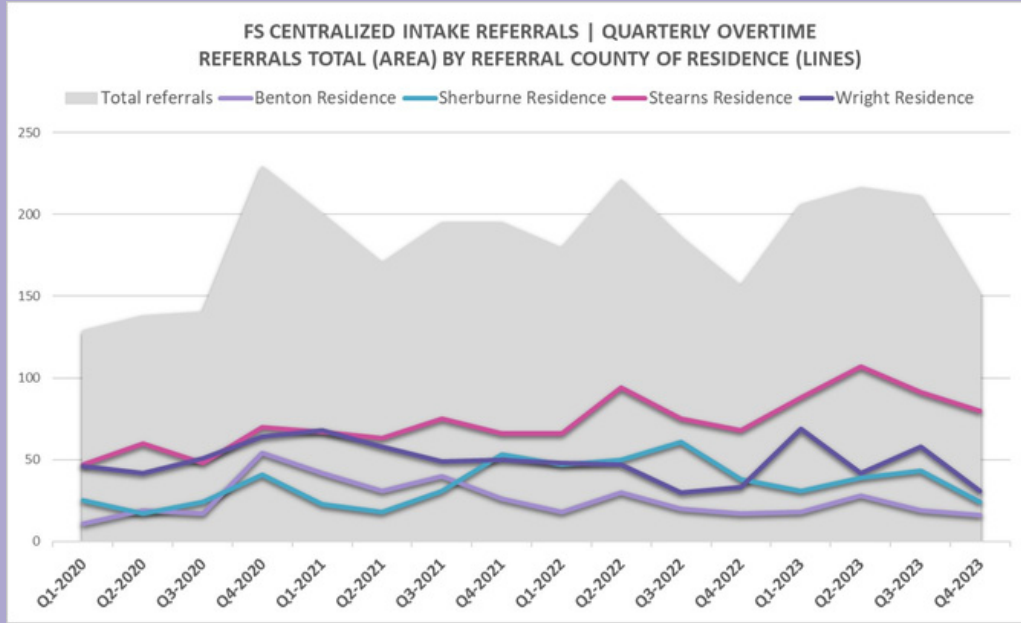
- On average, parents reported that they have seen improvement in 4 areas of life since enrollment.
- A quarter of family respondents identified 6 areas of improvement since enrollment.





## DATA DIVE

*Thank you for taking the time to connect families you serve to our program. We look forward to receiving referrals from you and working together to improve outcomes for central MN families!*



### FS CENTRALIZED INTAKE REFERRAL SOURCES

#### 2023 Community Partner Referrals

CC SCH NICU
CC SCH FBC
WCCA WIC
Wright Co HHS
Sherburne Co WIC
Stearns Co HHS
CC Family Health Clinic
Stearns Co WIC
Self-Referral FS Postcard
Transfer from Other County
Sherburne Co HHS
Self-Referral FS Website
Ridgeview Medical Center
CC Plaza Clinic WH/OB
CC Plaza Clinic Pediatrics
CC Melrose Clinic
Hutchinson Health Hospital
Allina Buffalo Hospital
Self-Referral Other
Professional Referral
Anna Marie's Alliance
CC Patient Community Connect
CC Monticello Hospital
North Memorial Health Hospital
HH/HCMC Family Birthing Center
Benton Co HS
Stellis Health Monticello Clinic
Self-Referral FS Phone
HH/HCMC Women's H&W Clinic
HealthPartners Pregnancy Program
Rivers of Hope
Options for Women   Cornerstone
Maple Grove Hospital
HH Nurse Midwife Service

#### FS Referral Sources

63 in 2023 (103 Total)

50% of referrals come from top 5 sources highlighted

Additional 29 Community Partners sent 1-2 referral in 2023:

- Allina Health Specialty OB
- Annandale Middle School
- Anoka Hennepin Tech High Schl
- Blue Plus PMAP List
- Catholic Charities – HOPE
- CC Behavioral Health
- CC Melrose Hospital
- CC SCH Pediatric
- CC Southway Clinic
- Childrens Hospital NICU
- Childrens Hospital MPLS
- Crystal Women's Clinic
- Elk River School (728) ECFE
- Glencoe Regional Hospital
- HP Riverway Clinics
- HH/HCMC OBGYN Brooklyn Park
- Lutheran Social Services
- MAWSECO
- MH Fairview Masonic Childrens
- MH Fairview Northland Hospital
- Milaca School District
- North Memorial Health Clinic
- Park Nicollet Methodist Hospital
- Regions Hospital Birth Center
- Robbinsdale Women's Center
- Sherb & N Wright Special Ed
- St. Cloud School Dist 742 – ECFE
- Tri-Valley Opportunity Council