



First Steps Central MN Joint Powers Board Meeting Agenda
 August 4, 2022 9a-10a via Zoom



Public Health
 Prevent. Promote. Protect.

Attendees: Commissioner Barb Burandt, Commissioner Mark Daleiden, Commissioner Beth Schlangen, Commissioner Tarryl Clark, Sarah Grosshuesch, Deb Rieland, Janet Goligowski, Katie Bremseth, Nicole Ruhoff, Kelly Ball, Leah Krotzer

AGENDA ITEM	MINUTES / MOTIONS
<p>1. Call to Order</p> <ul style="list-style-type: none"> • Approval of Minutes • Approval of Agenda 	<p>Meeting called to order by Commissioner Barbara Burandt at 9:03am</p> <ul style="list-style-type: none"> a. Commissioner Tarryl Clark made a motion to approve May 5, 2022 meeting minutes. Commissioner Mark Daleiden second the motion. Motion carried. b. Commissioner Mark Daleiden made a motion to approve today's agenda. Commissioner Beth Schlangen second the motion. Motion carried.
<p>2. RFP Proposals (Directors)</p> <ul style="list-style-type: none"> • Collaborative Proposal • Individual Proposal Highlights: <ul style="list-style-type: none"> ○ Benton Co ○ Sherburne Co ○ Stearns Co ○ Wright Co 	<p>Collaborative Proposal</p> <ul style="list-style-type: none"> • Workplan areas of focus for the collaborative work includes FS infrastructure, Regional Outreach, Collaborative Data/Evaluation/CQI (data-driven decision-making through ongoing feedback and continuous improvement), and Standardized Regional Family Home Visiting (processes and documents) • Budget/staffing – requested full \$130,000 allotment—including Data Manager, supplies. <p>Individual Proposals</p> <ul style="list-style-type: none"> • Areas of focus (set by MDH) – Increase access to FHV and supports, Standardization of FHV implementation and model fidelity, and Data/Evaluation/CQI. Each county requested full budget allotment for sustaining pathway--including PHN staffing, supplies, and contracts for IMH Specialist & Program Manager.
<p>3. FHV Updates</p> <ul style="list-style-type: none"> • Budget Review (Katie, Sherburne fiscal host) • Program Updates: <ul style="list-style-type: none"> ○ Outreach, Program Services (Kelly) First Steps Promotional Video ○ Referrals, Caseloads, and CQI (Leah) 	<p>Budget Review</p> <ul style="list-style-type: none"> • Year 3 ended June 30th <ul style="list-style-type: none"> ○ Expended 64% of grant overall/Sherburne budget ○ Benton: 54% ○ Stearns: 32% ○ Wright: 50% • Maximized supplies/expenses with outreach (extending Billboard contract to 6 months, Promo videos, outreach supplies) • Underspent in salaries (unhired/delayed positions), travel, contracts (reflective supervision with IMH Specialist) • Year 4 began July 1st and funds through the end of 2022 <ul style="list-style-type: none"> ○ 6 month period (end of 2022)

- New funding/contract to begin January 1, 2023

Program updates

Shared Learning:

1. Significant growth in serving Spanish-speaking families. Strong relationship developed with the LatinX CentraCare Community Health Worker, Lyda Avila who has referred 46 families in the past 11 months. Creating large need for Spanish curriculum. Each county participated in Spanish and Lower Literacy Pilot through MDH this spring.
2. Sherburne County has been able to support Benton County mid-March-July with MECSH referrals due to staffing thanks to our current grant and collaborative agreement. Includes making initial engagement calls, connecting families to resources, and enrolling and visiting those interested in our evidence-based program (MECSH).
3. Topics of the Guide include best practices, standardized procedures and sample scripts on our Communication Plan, Centralized Intake and Referral Assignment Process, Client Engagement & Retention, Community Partner Engagement. Helpful with onboarding new staff and is a working document for all to contribute.
4. CoPs held bi-monthly. Recent focus on perinatal mental health. Goal is to increase knowledge of nursing skills, team building, local resources. Presentations by local partners and space for staff sharing and breakouts to promote cross county learning.
5. Request from Carla Bieniak, St. Cloud Hospital's Birth Center Case Manager to shadow home visits as a professional goal and outreach opportunity. Encouraging partners to shadow to gain better understanding of FHV.

Outreach:

1. Staff attending County Fairs, ECFE events. Sherburne Baby Shower, partnered with Blue Plus; 41 attendees. Opportunity for connection to county and community resources, crafts for baby and nursery, network with other pregnant moms.
2. Billboards on display 7/1/22-12/31/22.

Promotional Videos:

Viewed English Promotional Video on www.firststepscentralmn.org. Hope to create additional video with more diverse representation of central MN clients, as well as offer in Spanish and Somali. Partnered with Xidig TV to create Somali outreach video for their station; being finalized for production.

Referrals (Slides based on Board Packet pages 7-9):

- As we ended year 3 of our grant, we have received over 1800 referrals for our region through the our centralized intake process
- Increase in referrals by 23% from previous quarter

- Centralized referral intake by county, there was an increase in the percent of referrals going to Stearns and Sherburne this quarter from changes in top five referral sources:
 1. CentraCare FBC increased by 42%
 2. WCCA WIC we saw 21% less referrals from them
 3. Sherburne WIC, 11% more
 4. CentraCare NICU 11% decrease
 5. CentraCare Family Health Clinic – our biggest increase at 67% (as highlighted in shared learning)
- Referrals in 2022 year-to-date have come from 36 different sources

Caseloads (slides based on Board Packet pages 10-11):

- Continue to see growth in our MECSH (evidenced-based programming) caseloads
 - 3/4ths of our clients are in our MECSH programming and other quarter through traditional programming (varying evidenced-informed curriculum county to county)
- MDH grant, served 77 households this past quarter
 - This grant covers 26% of our total families served across our region
 - Increase in newly-enrolled this quarter

CQI – one of our ongoing goals is to focus on being data-drive and incorporate feedback for continuous quality improvement

- Community Partner Newsletter - the community partner newsletter is quarterly, and we just solicited feedback from that group in May
 - We had a number of interesting learnings about interest in the newsletter and then great referral process feedback
 - This was reviewed with our Outreach Workgroup and we were able to deduct some opportunities for further outreach with some of our partners
- Family FHV Newsletters – our monthly newsletters for referrals, families served, and shared on social media to the larger community
 - Continue to receive positive feedback and some great content ideas through CQI with staff
- Upcoming projects include:
 - Family Feedback Survey – developing a yearly feedback survey to gather input from families about their home visits/PHNs and programming they are receiving
 - Initial Client Engagement follow-up project – following up on the comfort level of engagement, utilizing the Best Practice Guide that was developed to support this area, and gather lessons learned from Home Visitors, Supervisors, and data

	<ul style="list-style-type: none"> ○ MESCH Model Fidelity (Zoho) – the data system developed by MECSH model gives us access to collaborative cumulative data and each county individual data to inform status/implementation of model elements for model fidelity
<p>4. Other Items (Directors)</p> <ul style="list-style-type: none"> • JP Agreement, Bylaw and Data Agreement discussion: <ul style="list-style-type: none"> ○ Designate a lead agency to drive legal language consultation & plan follow-up meetings 	<p>JP Agreement, Bylaws, and Data Agreement documents attached in outlook invite/email packet</p> <p>Sarah Grosshuesch (Wright) reaching out to County Attorney to begin review, further discussion during November 3rd meeting.</p>
<p>5. Adjourn</p>	<p>Commissioner Barb Burandt adjourned at 10:00am</p>