



*Taageerida Degmooyinka Benton,  
Sherburne, Stearns iyo Wright*

[WWW.FIRSTSTEPSCENTRALMN.ORG](http://WWW.FIRSTSTEPSCENTRALMN.ORG)

## First Steps Central MN waa koox

kalkaaliyeyaal caafimaad shaqsiyadeed ah oo bixiya taageero iyo macluumaa bilaash kuu ah si aad:

- U yeelato uur caafimaad qaba iyo ilmo caafimaad qaba
- In aad noqoto waalidka ugu fiican ee aad noqon karto
- In aad hesho guri aamin ah, oo jaceyl u leh adiga iyo ilmahaaga
- In lagugu xiro khayraadka bulshadaada laga helo si aad u hesho waxyaabaha ilmahaagu u baahan yahay
- In aad hesho habab aad ku sii wadato waxbarashadaada oo aad ku hormariso xirfadahaaga shaqo

ISU GUDBI AMA WEYDIISO  
DHAKHTARKAAGA, WIC AMA  
ISKUULKU INUU KUU DIRO

### NALA SOO XIRIIR

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Sherburne County  
Stearns County  
Wright County