



*Supporting Benton, Sherburne, Stearns  
and Wright Counties*


[WWW.FIRSTSTEPSCENTRALMN.ORG](http://WWW.FIRSTSTEPSCENTRALMN.ORG)

**First Steps Central MN** is a team of personal nurses who offer support and information at no cost for you to:

- Have a healthy pregnancy and baby
- Be the best parent you can be
- Have a safe, loving home for you and your baby
- Connect to resources in your community to get things needed for your baby
- Find ways to continue your education and develop job skills

**REFER YOURSELF OR ASK YOUR PROVIDER, WIC OR SCHOOL FOR A REFERRAL**

## CONTACT US

 763-276-0441

 [referrals@firststepscentralmn.org](mailto:referrals@firststepscentralmn.org)

 [firststepscentralmn.org](http://firststepscentralmn.org)



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Sherburne County  
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