

Mommy & Me

SUPPORT GROUP

Join us for a free support group with other moms and babies to support one another, ask questions, or voice concerns.

A North Memorial Health – Maple Grove Hospital Lactation Consultant will facilitate discussions and offer breastfeeding support. There will also be an opportunity at each session for you to check the weight of your baby. Breastfeeding during the session is optional.

Snacks and refreshments will be available.

DAY	TIME	LOCATION
Wednesdays	1:30 - 3 p.m.	Maple Grove Medical Center lower-level conference room



For more information, call the Lactation Office at (763) 581-2021 or scan QR code.

