



Baby Café

Learning to breastfeed can be hard. We can help you succeed!

The Baby Café supports all aspects of breastfeeding/pumping – from before baby is born to weaning to mom's return to work.

You can expect:

- A relaxed, child-friendly environment with open-forum discussions for sharing experiences and meeting other moms.
- Up-to-date information from knowledgeable staff at no cost to you.
- To learn breastfeeding techniques.

MEETS EVERY MONDAY

10 a.m. - Noon

No appointment or Community Center membership needed.

Sponsored by Central Minnesota Breastfeeding Coalition, CentraCare and Public Health



Monticello Community Center - Conference Room
505 Walnut Street
Monticello, MN 55362
763-271-2218

[CentraCare.com](https://www.centracare.com)

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