

JOIN US WEEKLY FOR

BREASTFEEDING

Support & Education

EVERY TUESDAY STARTING NOV. 7TH!

WHERE: PRINCETON ECFC FAMILY CENTER

706 First Street, Princeton - Enter Door 1 (main parking lot). Across from Elim Springs. Check in at office.

TIME: 10:30AM-12:30PM (come anytime!)

Who should come?

Open to all women who are planning to breastfeed, are breastfeeding, or providing breastmilk to their baby (in any amount)!

What can I expect?

- Support from other mother's, lactation consultants and public health nurses.
- Connect! To other mothers and to resources within the community.
- Discussion on topics surrounding lactation and feeding your baby.
- Scale available to weigh your baby.

Get professional guidance and support for your lactation journey.

We will not be meeting on December 26th, January 2nd, and other Holidays.
If Princeton Schools are closed or virtual due to weather.



Phone: Char, 763-389-6329

Provided to you in collaboration with U of M Fairview Northland,
Mille Lacs and Sherburne County Public Health

babycafé