

BABY CAFÉ



Learning to breastfeed can be hard at first.
We can help you and your baby succeed!

Second and Fourth Tuesday of the Month

9:30 - 11:30 a.m.

St. Cloud Area Family Y – Conference Room A
2001 Stockinger Drive, St. Cloud

babycafé



Public Health

The Baby Café supports all aspects of breastfeeding/pumping — from before baby is born to weaning to mom's return to work.

At this free support group, you can expect:

- A relaxed, informal, child-friendly environment with open-forum discussions and a chance to meet other moms.
- To receive up-to-date information from knowledgeable staff.
- To learn breastfeeding techniques with a "hands-off" approach (or with staff working over your hands, if needed).

No appointment needed for the Baby Café. If schools are cancelled or if on a holiday, the Baby Café will be cancelled. If you have questions, call 320-251-2700, ext. 51990.

