



First Steps Central MN Joint Powers Board Meeting Agenda

May 9, 2024 | 9-10am

Hybrid Meeting – Zoom & Sherburne County Government Center, Oak Room



Joint Powers Board Attendees: Commissioner Beth Schlangen, Commissioner Lisa Fobbe, Commissioner Jeanne Holland

Additional Attendees: Tammy Seifert (attending in place of Nicole Ruhoff), Janet Goligowski, Sarah Grosshuesch, Leah Krotzer, Kelly Ball, Mary Linn, Gloria Sorem, Laurie Johnson

Not present: Commissioner Tarryl Clark, Jaclyn Liftin

AGENDA ITEM	MINUTES / MOTIONS
1. Call to Order a. Approval of Minutes (February 2024 Meeting) b. Approval of Agenda	Meeting called to order at 9:02a by Vice-Chair Commissioner Schlangen. Quorum present with Benton, Sherburne, and Wright County Commissioners in attendance. Stearns County Commissioner/Chair absent. a. Commissioner Holland made motion to approve, Commissioner Fobbe second. Motion approved. b. Commissioner Holland made motion to approve, Commissioner Fobbe second. Motion approved.
2. Action Items a. None noted.	No action items to address this meeting.
3. Reflective Supervision Overview/Introduction – Kelly Ball Guest Speakers: <ul style="list-style-type: none"> • Mary Linn, Infant Mental Health Specialist (CMMHC) • Gloria Sorem, Sherburne Lead PHN • Laurie Johnson, Sherburne PHN 	Providing Reflective Supervision to FHV staff is a requirement of our Strong Foundations grant for model fidelity of the MECSH FHV model. FHV staff are to receive 60-minute individual sessions twice a month, along with one group (90-120 minute) session once a month. Benton and Stearns Counties contract with Central MN Mental Health Center’s Infant Mental Health Consultant for both their individual and group sessions. Sherburne and Wright Counties contract for their group sessions while their individual sessions are done by FHV Supervisors/Lead. Guest speakers provided an overview of what Reflective Supervision is and its importance (Mary Linn), how it impacts their day-to-day work with staff (Gloria Sorem) as well as their nursing practice in the home with families (Laurie Johnson).
4. Family Home Visiting Updates a. Budget Review & Program Updates - Leah Krotzer & Kelly Ball b. Individual County Updates - Directors	a. Overview of Board packet slides. Review of Strong Foundations regional budget for quarter 1-2024; year 2 of 5 year grant cycle. Two budget updates – increase to per family cost will increase grant in 2025-2027 will go towards offsetting expenses associated with increased requirements of Reflective Supervision. Benton, Sherburne & Stearns applied for expansion of caseloads to increase serving 10 more families each; anticipated award notification this fall to start funding 2025-2027. Referrals increased this quarter by 38% after 2023-Q4 dip. Focusing on prenatal outreach and referrals. Have seen growth with CentraCare’s Women’s Health & OB Clinic and movement with Maple Grove Hospital contacts. Also working with

	<p>partners in WIC to reduce barriers in the referral process. Restructuring our Nursing Documentation structure in our electronic medical record system for better efficiencies and greater ability to pull client specific outcomes. Currently piloting the new structure with full implementation anticipated mid-summer.</p> <p>b. Benton: Currently in recruitment process for three positions: PHN supervisor who will supervise FHV, WIC, Child and Teen Checkups, disease prevention and control and children and youth with special health needs. (Recently conducted interview process). Case Aide position which supports FHV, DP&C, FAP intakes, C&TC and general public health support and operations. (Recently conducted interview process). Community Health Specialist position which supports public health planning, communications, and SHIP (we will be posting soon). We have created two public health units- a Healthy Families unit and a Healthy Communities unit, while we have two units, we operate as one big Public Health Dept. Programs and services and supervision crosses over between both units and both units work together across programs and services to serve our residents and community. Lastly, we applied for SF Expansion funding to serve an additional 10 families due to our continued growth of caseloads.</p> <p>Sherburne: In the process of finalizing our Promising Practices grant contract with MDH. Anticipate posting for the Community Health Worker position by the end of the month to be ready for the July 1st grant start date. This position will come alongside our Traditional Family Home Visiting PHNs to deepen outreach, community connections and resources with our Latino/Hispanic families. In addition, anticipating continued caseload growth we applied for the Strong Foundations MECSH Family Home Visiting expansion grant to increase our caseload by 10 more families.</p> <p>Stearns: Applied for expansion grant to serve 10 families; excited to expand Reflective Supervision. Looking for grant dollars to have reflective supervision expand to our communicable disease nurses as well. Exploring grants for reflective supervision to Child Protection SW. Recruiting for FHV nurse position.</p> <p>Wright: We are working in partnership with Sherburne to offer a collaborative-wide staff training, Mothers & Babies curriculum developed by Northwestern University, that offers evidenced-based tools to support pregnant and parenting mental health for our families. We received a four-year grant of \$120,000 for Supporting Steps. This programming helps parents who have used or are using substances or alcohol by meeting with a LADC alongside our home visiting services.</p>
5. Next Meetings August & November	Reviewed calendars during meeting of those present, conflicts identified in previously scheduled date/time. Proposed First and Fourth Thursdays of the month from 8:30-9:30am or 9-10am work best for those present. Leah coordinating scheduling poll; link to be sent.
6. Adjourn	Meeting adjourned at 10:01am. Commissioner Fobbe made motion, Commissioner Holland second.

Reflective Supervision Guiding Questions Referenced in Presentation:

