

GOAL ACHIEVING SYSTEM

You have created 14 goals for yourself. Now you need a system to help ensure you achieve them. Focusing on your goals every week, and prioritizing a couple goals a day will help you make measurable progress. Looking at your goals, which will you focus on and dedicate time to this week? What specific action will you take this week to ensure you have the greatest exchange year possible?

WEEK:

Monday	Tuesday
Wednesday	Thursday
Friday	Saturday
What specifically was your big win last week?	What do you think will be your biggest challenge for this week?