Sugar Roots Smoothies

16oz.

Polihale Sunset

Mangos, Pineapples, Bananas, Orange juice, Honey, \$8.50 Organic Turmeric

Kalalau

Pineapples, Peaches, Spinach, Apple juice, Ginger \$8.50

Pau Hana Protein

Bananas, Peanut butter, Almond milk, Honey, \$8.50 Cinnamon, Whey protein

Add Ins (+\$1)

Chia and flax seed blend Whey protein Honey walls Ginger Tumeric Beet powder

All substitutions are subject to an additional charge

Berry Up-Beet

Mixed berries (Blueberries, Blackberries, Raspberries), Bananas, Apple juice, Beet powder

Kauai Sunrise

Strawberries, Bananas, Apple juice, Honey

Smoothie Special of the Week

See in-store for current specials

\$8.50

\$8.50



\$4.95

\$7.95

Hot or Iced Coffee (16 oz.)

Vanilla, Mocha, Caramel, Hazelnut, or Macadamia Nut flavoring

Blended Coffee (16 oz.)

Coffee, Vanilla ice cream, and flavor of your choice

The Cici

Coffee, Vanilla ice cream, Macadamia Nut and Caramel flavoring, Caramel drizzle

The Kokoleka

Coffee, Vanilla ice cream, Macadamia Nut and Mocha flavoring, Chocolate drizzle

The Cici

Coffee, Vanilla ice cream, Hazelnut and Caramel flavoring, Caramel and Chocolate drizzle

Bagels

Plain, Asiago, or Cinnamon-Raisin with your choice of cream cheese spread

\$5..95

Cream Cheese Spread

Plain, Pesto, Strawberry, or Maple Cinnamon

Sorry, at this time we do not serve espresso.