

Sugar Roots

Smoothies

16oz.

Polihale Sunset

Mangos, Pineapples, Bananas, Orange juice, Honey, Organic Turmeric \$7.50

Kalalau

Pineapples, Peaches, Spinach, Apple juice, Ginger \$7.50

Pau Hana Protein

Bananas, Peanut butter, Almond milk, Honey, Cinnamon, Whey protein \$7.50

Berry Up-Beet

Mixed berries (Blueberries, Blackberries, Raspberries), Bananas, Apple juice, Beet powder \$7.50

Kauai Sunrise

Strawberries, Bananas, Apple juice, Honey \$7.50

Smoothie Special of the Week

See in-store for current specials \$8.25

Add Ins (+\$1)

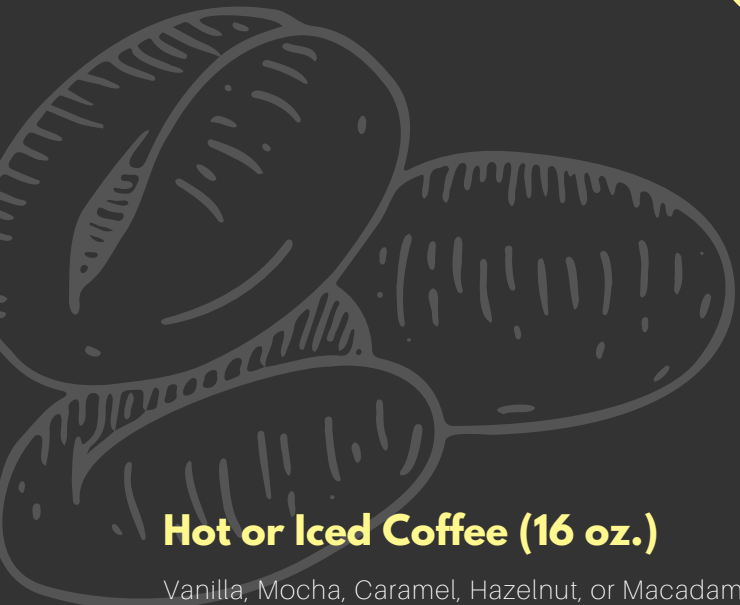
Chia and flax seed blend
Whey protein
Honey walls
Ginger
Tumeric
Beet powder

All substitutions are subject to an additiobnal charge



Sugar Roots

Coffee & Bagels



Hot or Iced Coffee (16 oz.)

Vanilla, Mocha, Caramel, Hazelnut, or Macadamia
Nut flavoring

\$3..95

Blended Coffee (16 oz.)

Coffee, Vanilla ice cream, and flavor of your choice

\$5.95

Sorry, at this time we do not serve espresso.

Bagels

Plain, Asiago, or Cinnamon-Raisin with your choice
of cream cheese spread

\$3..95

Cream Cheese Spread

Plain, Pesto, Strawberry, or Maple Cinnamon

