### Five Under-Rated Learning Activities

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#### **EXPERIENTIAL AND SOCIAL**

#### **LEARNING OPTIONS THAT WILL HELP**

#### YOU MEET YOUR DEVELOPMENT

GOALS



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### Job Shadow

Spending time with someone in the same or a different role as you.

Try it with: New employees who have seen success and want to continue to grow; those ready for a new job; those who need to collaborate with other departments and would benefit from understanding their role and priorities.

Pro tip: Learn from someone who is not like you, who thinks differently, takes different approaches, has a

unique skill set. Listen and watch. Refrain from telling them your approach and instead focus on what they do differently. Ask questions. See what you can learn.



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### Stretch Project

An assignment or volunteer opportunity (try an industry association!) that let's you flex some new muscles.

Try it when: You want to build skills that you do not use, or do not use enough, in your current role; when you need to expand your network and visibility by working with new people.

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Pro tip: Yes, you are essentially taking on more work so prepare accordingly. Consider this is a complimentary development goal... find ways to work smarter or leverage others.

## **Role-Playing**

Practicing challenging skills in a safe environment by mocking up real-world scenarios and conversations. Role playing let's you get the "kinks out" and builds up muscle memory, so when the real situations arise, you're ready.

Try it when: You are developing new skills or honing existing skills that take some practice.

Pro tip: Set aside time regularly with a partner or in a team meeting to work through challenging situations

like sales calls and common objections, pulling insights from data, kicking off a meeting, or other key skills.



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# Mentor

A formal or informal relationship with someone designed to help you learn from someone who has been along your career journey or has complimentary skills.

Try it when: We believe EVERYONE can benefit from one or more mentors at any point in their career.

Pro tip: Mentoring requires mutual investment, but also leads to mutual gain. Don't wait for a formal mentoring program, find a mentor who fits your style, goals, and is willing to invest some time. Work together to create mutual expectations for how your mentoring relationship will work.

### Peer Network

A group of people who share a passion for something or have a common skill or focus area and want to learn to do it better. Work together to share ideas, best practices and build skills.

Try it when: You want to hone a particular skill, want to practice leading and coaching others, or need to expand your network.

Pro tip: Find an existing forum that meets your development need (e.g. Toastmasters), or create your

