

Fall Into Gratitude



MONDAY : share a memory that sparks joy in your heart.



TUESDAY: draw something that inspires you.



WEDNESDAY: share a person you think is great.



THURSDAY: share a place that left an impression on your heart.



FRIDAY: share a food you savor and enjoy.



SATURDAY: share an object you're thankful to have.



SUNDAY: lets reflect on our week.
share a moment that brought you joy.