

STAY AHEAD OF COVID



To reduce the spread of COVID

- Stay up to date on vaccinations
- Wash your hands for at least 20 seconds
- Use hand sanitizer with 70% alcohol
- Social distance when indoors or in crowds
- Keep windows open to increase ventilation



Plan for healthy holidays!

Help keep the people you love safe by staying up to date with vaccinations and wearing a well-fitting mask.

- If you're going to visit Grandma in the nursing home
- If you're meeting your friend's new baby
- If someone you love has a weakened immune system due to cancer treatment or other health conditions



If you have symptoms, test positive or are exposed to someone with COVID

- Wear a well-fitting mask when indoors in public
- Test 5 full days after exposure for accurate results
- Isolate yourself from people without COVID for 5 days
- Keep windows open to increase ventilation



Protect your routine

COVID is disruptive to your life. Many employers are no longer paying for COVID sick days. Save your paid time off (PTO) for vacation.

Staying up to date with vaccinations can help make sure you can do the things you need and want to do.

Stay up to date with vaccinations to be protected from the latest strands of COVID.

The pandemic has changed and we must change too!

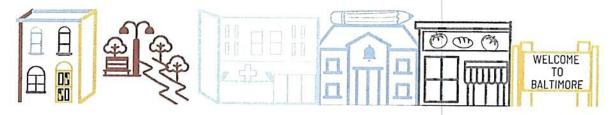


Prevention is the key

Continue to follow CDC recommendations and stay informed

https://bit.ly/CDCProtectYourself





Baltimore New American Access Coalition Advancing with Resources

The Baltimore New American Access Coalition(BNAAC) is working to improve access to public benefits for immigrant and refugee families.

In this program you can learn about benefits, see what you might qualify for, apply, and renew your benefits when required. As well as get connected to resources all over the city. Clients who commit to the 6 month program, might qualify for a one time gift, (between \$250-\$500 dollars). Clients will have access to legal support where legal questions and concerns about accepting public benefits can be answered.

Reach out to one of our four partners to get help applying for public benefits like:

- Health care coverage
- WIC
- Cash assistance (TCA)
- Affordable Connectivity Program/internet resources
- Childcare
- Home energy assistance
- Supplemental nutrition assistance program (SNAP)
- And more!

Language Support Provided

To qualify for the program individuals and households must:

- · Be a Baltimore City Resident
- Be an Immigrant and Refugee Family with limited English.
- · Have at least 1 child under the age of 18 that is a US citizen or has an immigration status
- Must agree to case management assistance based on household need and agree to meet with Benefit Navigator over the course of six months.

The following four organizations are part of the BNAAC. Please contact the site that works best for you with the information below:

Esperanza Center

Southeast CDC (SECDC)

CASA

Phone Number: (667) 600-2541 Phone Number: (410) 342-3234 Phone Number: (410) 469-8185

3323 Eastern Ave STE 200

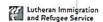
430 S Broadway Baltimore, MD 21231

Baltimore, MD 21224

2706 Pulaski Highway Baltimore, MD 21224



















LAWYER IN THE SCHOOLS FREE LEGAL CLINIC HOTLINE

You can call an attorney to discuss a wide range of civil legal issues.

TOPICS INCLUDE, BUT ARE NOT LIMITED TO:

Bankruptcy

Child Support, Custody, and Visitation

Criminal Record Expungement

Debt Collection

Divorce

Employment

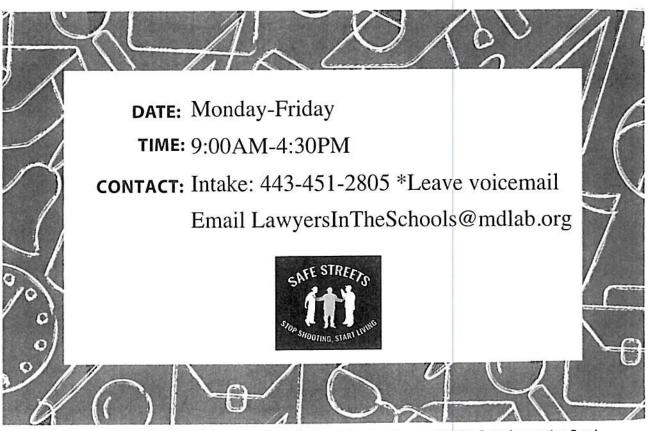
Foreclosure

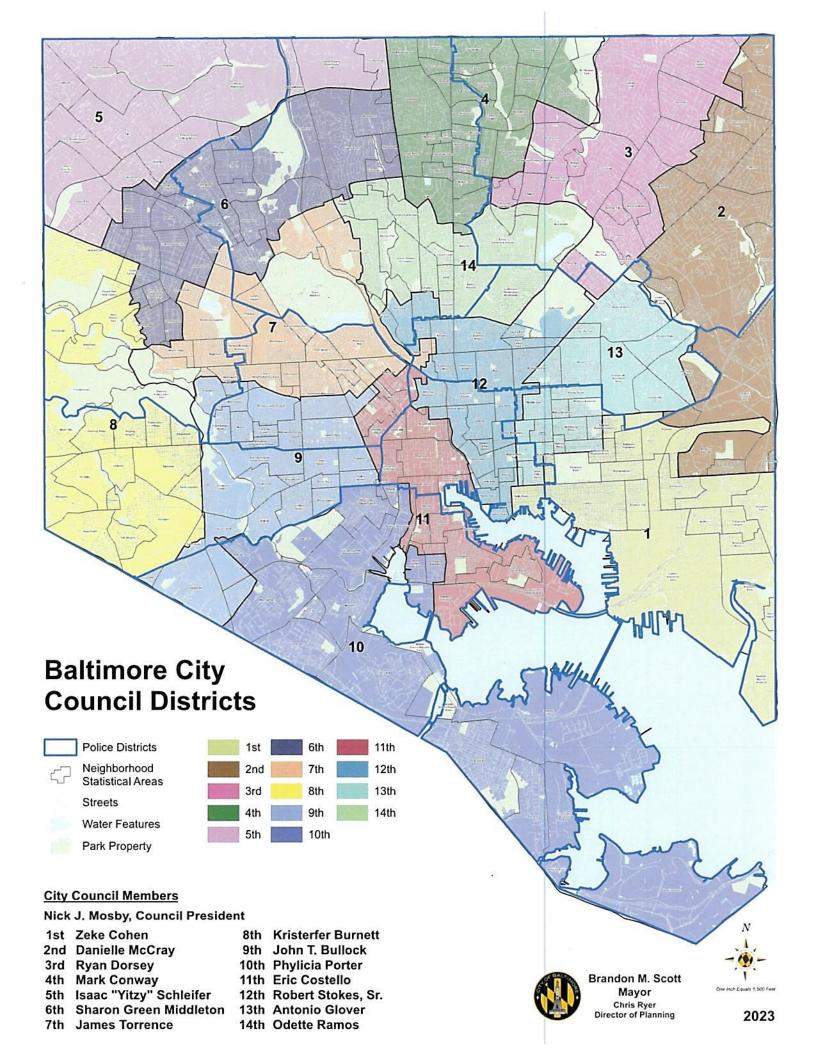
Government Benefits (e.g., Food Stamps, Cash Assistance, Disability)

Landlord-Tenant

Tax Sales

Water Bills







Questions? Call (410) 396-5398





BALTIMORE CITY DEPARTMENT OF PUBLIC WORKS publicworks.baltimorecity.gov

25% Water Bill Discount

Exclusive to Baltimore City Residential Customers

Compare your September bill to your October bill and see the discount listed under "Adjustments/Fees"

Details of Current Charges Service Charges		\$95.12 \$95.12
Account Management Fee		\$4.46
Infrastructure Charge		\$24.76
Water Consumption Charge	4 CCF @ 3.740	\$14.96
Sewer Consumption Charge	4 CCF @ 9.810	\$39.24
Stormwater Fee		\$6.70
Bay Restoration Fee		\$5.00

September

Eligible discount charges

Details of Current Charges Service Charges		\$72.58
		\$95.12
Account Management Fee		\$4.46
Infrastructure Charge		\$24.76
Water Consumption Charge	4 CCF @ 3.740	\$14.96
Sewer Consumption Charge	4 CCF @ 9.810	\$39.24
Stormwater Fee		\$6.70
Bay Restoration Fee		\$5.00
Other Activities		-\$22.54
Adjustments/Fees		-\$22.54

October

25% discount applied

Customers are encouraged to check discount calculations All discounts will be applied by the end of November 2022 NOTE: The \$5 Bay Restoration fee is not included in this discount

Healthy Babies

Pregnancy and Postpartum Coverage



Are you having a baby? You may get **free** health care if you are not a U.S. citizen. Medicaid may be able to help. Medicaid pays for health care for people who cannot afford it. Medicaid is the same as Medical Assistance.

Sign up for Medicaid as soon as you know you are pregnant. Get the care you and your baby need right away. You may keep Medicaid up to four months after your baby is born.

Who can get Medicaid?

To be eligible, you must:

- · Be pregnant
- · Live in Maryland
- · Meet income limits

The best way to know if you can get Medicaid is to apply.

What health care can I get?

Medicaid will pay for:



Doctor visits



Hospital care



Dental care



Lab work and tests



Prescription drugs



Mental health care



Behavioral health care



Transportation Services

Unpaid Medical Bills Before Medicaid

Medicaid may help pay for health care you had in the three months before you applied. To learn more, talk to Maryland Health Connection, or go to your local Health Department or Department of Social Services.

Help in other languages

Learn more about this free help, see Interpreter Services or call 1-855-642-8572. TTY users call 711 for Maryland Relay.





- Online at marylandhealthconnection.gov
- By calling 1-855-642-8572
- TTY users call 711 for Maryland Relay
- In person at a local Health Department
- In person at a Human Services Office
- · By using the Maryland Health Connection App



