



CHICAGO

CRISIS RESOURCES



MENTAL HEALTH + SUBSTANCE

National Suicide Prevention Hotline

1(800)273-8255

24 hour hotline for support crisis resources

NAMI Chicago

1(833)626-4244

Connects you to a number of specific mental health resources in your area

Crisis Textline

Text HOME to 741741

Offers a variety of mental health services via. text

Illinois Helpline for Opioids & Other Substances

(833)-2-3463-4357

Crisis hotline for substance abuse. Offers overdose support and recovery options



DOMESTIC VIOLENCE + SEXUAL ASSAULT

Between Friends

1(800)603-4357

24 hour hotline; immediate help, counseling & legal services

Mujeres Latinas en Accion

1(312)-226-3550

Linea de Crisis de Violencia Domestica

Rape Crisis Hotline

1(888)293-2080

24 hour hotline; rape & sexual assault survivors, intervention & referrals

STARS

1(773)769-0205

24 hour hotline; connects you to counseling services for survivors



LGBTQIA+

The Trevor Project

1(866)488-7386

24 hour suicide hotline for LGBTQIA+ youth

Trans Lifeline

1(877)565-8860

24 hour hotline for emotional support for trans individuals

LGBTQ+ Violence Hotline

(773)871-2273

24 hour hotline for LGBTQIA+ survivors



YOUTH RESOURCES

CCBYS

1(877)870-2663

24 hour hotline for youths ages 11-17; can direct you to shelters & provide other resources

The Night Ministry

1(877)286-2523

24 hour hotline for youth experiencing homelessness that can provide short to long-term housing options (also LGBTQIA+ friendly)

Child Abuse Hotline

1(800)252-2573

24 hour hotline if a child is being abused or neglected



PEOPLE EXPERIENCING HOMELESSNESS

City of Chicago Services

Dial 311

Will direct you to adult shelters with available beds & transportation

ADULT SHELTERS THAT ACCEPT WALK-INS:

A Little Bit of Heaven

11321 S. Wentworth (Roseland)

Franciscan Outreach

2715 W. Harrison (Garfield Park)

Olive Branch Mission

6310 S. Claremont Ave. (Englewood)

Pacific Garden Mission

1456 S. Canal (South Loop)



ADDITIONAL SERVICES

Veterans Crisis Line

1(800)273-8255

24 hour hotline with support & advice for Veterans

Sex Workers Outreach Project Chicago

1(877)776-2004 ext. 872

Provides legal services & support to Sex Workers in Chicago



