

# ADOLESCENT PATIENT INTAKE FORM

*If you are a returning patient, please fill in only the information that has changed.*

## A. IDENTIFICATION.

CHILD'S NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_

NICKNAMES OR ALIASES: \_\_\_\_\_ DATE OF CHILD'S FIRST OFFICE VISIT: \_\_\_\_\_

HOME STREET ADDRESS: \_\_\_\_\_ APT: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME/EVENING PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

CALLS OR E-MAIL WILL BE DISCREET, BUT PLEASE INDICATE ANY RESTRICTIONS: \_\_\_\_\_

CHILD'S GENDER: \_\_\_\_\_ CHILD'S BIRTH GENDER: \_\_\_\_\_

CHILD'S PARENT(S) OR LEGAL GUARDIAN(S): \_\_\_\_\_

BIOLOGICAL OR ADOPTED: \_\_\_\_\_ IF ADOPTED, CHILD'S AGE AT ADOPTION: \_\_\_\_\_

CHILD'S ETHNIC BACKGROUND: \_\_\_\_\_ PRIMARY LANGUAGE SPOKEN AT HOME: \_\_\_\_\_

IF THE CHILD IS NOT LIVING WITH BOTH NATURAL PARENTS (PLEASE ANSWER THE BELOW QUESTIONS):

WERE PARENTS MARRIED? \_\_\_\_\_ WHEN? \_\_\_\_\_

WERE PARENTS DIVORCED? \_\_\_\_\_ WHEN? \_\_\_\_\_

IS EITHER NATURAL PARENT DECEASED? \_\_\_\_\_ WHEN? \_\_\_\_\_

OTHER MARRIAGES? \_\_\_\_\_

BRIEFLY EXPLAIN ANY SPECIAL CIRCUMSTANCES (FOSTER-CARE, CUSTODY ARRANGEMENTS, VISITING RIGHTS, ETC.)

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HOW LONG HAS THE CHILD RESIDED AT THE PRESENT ADDRESS? \_\_\_\_\_

DOES THE CHILD SHARE A BEDROOM WITH ANYONE? \_\_\_\_\_ IF YES, WITH WHOM? \_\_\_\_\_

*IF THE CHILD DOES NOT LIVE WITH BOTH NATURAL PARENTS, BOTH ADOPTIVE PARENTS, OR ONLY LIVING PARENT, I REQUIRE A PHOTOCOPY OF THE LEGAL DOCUMENT STATING CUSTODY ARRANGEMENTS; CONSISTING OF THE COVER PAGE, PAGE SPECIFYING CONSERVATORS AND SIGNATURE PAGE, BEFORE THE CHILD CAN BE SEEN.*

## B. RELIGIOUS AND RACIAL/ETHNIC IDENTIFICATION.

CURRENT RELIGIOUS DENOMINATION/AFFILIATION  PROTESTANT  CATHOLIC  JEWISH  ISLAMIC  BUDDHIST  HINDU

OTHER (SPECIFY): \_\_\_\_\_

INVOLVEMENT:  NONE  SOME/IRREGULAR  ACTIVE

HOW IMPORTANT ARE SPIRITUAL CONCERNS IN YOUR CHILD'S LIFE? \_\_\_\_\_

WHICH (IF ANY) CHURCH, SYNAGOGUE, TEMPLE, OR MEETING DOES YOUR CHILD ATTEND? \_\_\_\_\_

ETHNICITY/NATIONAL ORIGIN: \_\_\_\_\_ RACE(S): \_\_\_\_\_

### C. EDUCATION

CHILD'S SCHOOL: \_\_\_\_\_ #YEARS ATTENDED: \_\_\_\_\_ GRADE LEVEL: \_\_\_\_\_

TEACHER: \_\_\_\_\_ SCHOOL COUNSELOR: \_\_\_\_\_

### D. PATIENT INFORMATION

HAS YOUR CHILD HAD ANY PRIOR COUNSELING OR ARE THEY CURRENTLY IN ANY TYPE OF COUNSELING? \_\_\_\_\_

NAME, ADDRESS, AND PHONE NUMBER OF CURRENT THERAPIST: \_\_\_\_\_

HOW SUCCESSFUL DID YOU FIND PREVIOUS COUNSELING?

\_\_\_\_\_  
\_\_\_\_\_

IS THE CHILD CURRENTLY SEEING A MEDICAL PSYCHIATRIST? \_\_\_\_\_ IF YES, PLEASE PROVIDE THEIR NAME, ADDRESS, AND PHONE #:

\_\_\_\_\_

IS THE CHILD TAKING ANY MEDICATIONS? \_\_\_\_\_ IF YES, WHAT TYPE OF MEDICATION DOES THE CHILD TAKE AND WHY WAS IT PRESCRIBED?

\_\_\_\_\_

DOES THE MEDICATION HELP? \_\_\_\_\_

WHEN WAS THEIR LAST PHYSICAL EXAM? \_\_\_\_\_ GIVEN BY WHOM? \_\_\_\_\_

WHAT WERE THE RESULTS?

\_\_\_\_\_  
\_\_\_\_\_

### E. PATIENT MEDICAL CARE.

FROM WHOM OR WHERE DOES THE CHILD RECEIVE MEDICAL CARE? \_\_\_\_\_

PHONE: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

ANY CHRONIC PAIN OR SERIOUS HEALTH CONCERNS? \_\_\_\_\_

IF THE PATIENT ENTERS TREATMENT WITH ME FOR MENTAL HEALTH CONCERNS, MAY I TELL THEIR MEDICAL DOCTOR SO THAT SHE OR HE CAN BE FULLY INFORMED AND WE CAN COORDINATE YOUR TREATMENT?  Yes  No

### F. PRESENTING CONCERNS.

WHAT IS THE MAIN CONCERN ABOUT YOUR CHILD THAT BROUGHT YOU TO SEE ME? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HOW LONG HAVE THESE CONCERNS EXISTED? \_\_\_\_\_

WHAT KIND OF STRESSORS IS YOUR CHILD EXPERIENCING RIGHT NOW? \_\_\_\_\_

\_\_\_\_\_

WHAT IMPORTANT THINGS ABOUT YOUR CHILD, THEIR RELATIONSHIPS, OR RECENT EVENTS WOULD BE HELPFUL FOR YOUR THERAPIST TO KNOW? (I.E. HANDICAPS, DEATHS, DIVORCES, SCHOOL/JOB CHANGES, SUICIDE) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

DOES THIS CHILD HAVE ANY ACADEMIC CONCERNS? \_\_\_\_\_ IF YES, PLEASE ELABORATE: \_\_\_\_\_

HAVE THEY EVER REPEATED A GRADE? \_\_\_\_\_ WHICH GRADE & WHY? \_\_\_\_\_

*PLEASE CHECK ANY OF THE FOLLOWING THAT APPLY TO YOUR CHILD:*

THOUGHTS OF HARMING SELF

EXPLAIN: \_\_\_\_\_

ATTEMPTS TO HARM SELF

EXPLAIN: \_\_\_\_\_

PSYCHIATRIC HOSPITALIZATIONS

EXPLAIN: \_\_\_\_\_

ATTEMPTED SUICIDE

EXPLAIN: \_\_\_\_\_

SUICIDAL NOW

EXPLAIN: \_\_\_\_\_

**G. PREGNANCY AND DELIVERY**

LENGTH OF PREGNANCY: \_\_\_\_\_ BIRTH WEIGHT \_\_\_\_\_ LBS \_\_\_\_\_ OZ PLEASE DESCRIBE ANY PREGNANCY COMPLICATIONS: \_\_\_\_\_

DRUG/ALCOHOL USE DURING PREGNANCY? \_\_\_\_\_ IF YES, PLEASE DESCRIBE: \_\_\_\_\_

**H. EARLY CHILDHOOD**

CHILD WALKED

CHILD SPOKE WORDS

SPOKE SENTENCES

- \_\_\_ LESS THAN 12 MONTHS
- \_\_\_ 12-24 MONTHS
- \_\_\_ 24-36 MONTHS
- \_\_\_ OVER 36 MONTHS
- \_\_\_ HAS NEVER WALKED

- \_\_\_ LESS THAN 12 MONTHS
- \_\_\_ 12-24 MONTHS
- \_\_\_ 24-36 MONTHS
- \_\_\_ OVER 36 MONTHS
- \_\_\_ HAS NEVER SPOKEN WORDS

- \_\_\_ LESS THAN 12 MONTHS
- \_\_\_ 12-24 MONTHS
- \_\_\_ 24-36 MONTHS
- \_\_\_ OVER 36 MONTHS
- \_\_\_ HAS NEVER SPOKEN SENTENCES

CHILD FIRST TRAINED FOR URINATION

- \_\_\_ LESS THAN 12 MONTHS
- \_\_\_ 12-24 MONTHS
- \_\_\_ 24-36 MONTHS
- \_\_\_ 3-5 YEARS
- \_\_\_ NOT YET TRAINED

CHILD FIRST TRAINED FOR BOWELS

- \_\_\_ LESS THAN 12 MONTHS
- \_\_\_ 12-24 MONTHS
- \_\_\_ 24-36 MONTHS
- \_\_\_ 3-5 YEARS
- \_\_\_ NOT YET TRAINED

SINCE INITIAL TOILET TRAINING

- \_\_\_ FREQUENT WETTING DURING DAY
- \_\_\_ FREQUENT WETTING AT NIGHT
- SINCE INITIAL TOILET TRAINING
- \_\_\_ FREQUENT SOILING DURING DAY
- \_\_\_ FREQUENT SOILING AT NIGHT

I. PUBERTY

THE ONSET OF PUBERTY (BREAST DEVELOPMENT, MENSTRUATION, PUBIC HAIR, FACIAL HAIR)

- Under 10 years, 10-12 years, 12-14 years, 14-16 YEARS, OVER 16 YEARS, NO DEVELOPMENT

J. ILLNESS AND DISEASES (PLEASE CHECK ANY ILLNESS OR DISEASE WHICH YOUR CHILD HAS OR DID HAVE)

- ECZEMA, DIABETES, CANCER, MEASLES, MUMPS, CHICKEN POX, DIPHTHERIA, SCARLET FEVER, POLIO, CEREBRAL PALSY, LEAD POISONING, ENCEPHALITIS, ASTHMA, TUBERCULOSIS, HEART DISEASE, INFLUENZA, MIGRAINE HEADACHES, UNDESCENDED TESTICLES, HIGH BLOOD PRESSURE, LOW BLOOD PRESSURE, SINUSITIS, APPENDICITIS, HEART SURGERY, TONSILLECTOMY, CONVULSIONS, BRAIN INJURY, FAINTING, DIZZINESS, MENINGITIS, BROKEN BONE(S), OTHERS (WRITE IN)

K. TREATMENT. HAVE YOU EVER RECEIVED PSYCHOLOGICAL, PSYCHIATRIC, DRUG OR ALCOHOL TREATMENT, OR COUNSELING SERVICES BEFORE?

No Yes If yes, please indicate:

WHEN? FROM WHOM? FOR WHAT? WITH WHAT RESULTS?

HAS CHILD EVER BEEN HOSPITALIZED FOR MENTAL OR NERVOUS PROBLEMS? No Yes IF YES, PLEASE INDICATE:

WHEN? FROM WHOM? FOR WHAT? WITH WHAT RESULTS?

HAS CHILD EVER TAKEN MEDICATIONS FOR PSYCHIATRIC OR EMOTIONAL SYMPTOMS? No Yes IF YES, PLEASE INDICATE:

FROM WHOM? WHEN? WHICH MEDICATIONS? FOR WHAT? WITH WHAT RESULTS?

L. RELATIONSHIPS IN CHILD'S FAMILY OF ORIGIN AND CHILD'S FAMILY HISTORY

CHILD'S PARENTS' RELATIONSHIP WITH EACH OTHER:

CHILD'S RELATIONSHIP WITH EACH PARENT AND WITH ANY OTHER ADULTS PRESENT:

CHILD'S PARENTS' MEDICAL PROBLEMS, DRUG OR ALCOHOL USE, AND MENTAL OR EMOTIONAL DIFFICULTIES: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

CHILD'S RELATIONSHIP WITH SIBLING(S), IN THE PAST AND PRESENT: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

CHECK ALL OF THE FOLLOWING FAMILY CONCERNS THAT APPLY CURRENTLY OR IN THE LAST 6 MONTHS:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> MARITAL DIFFICULTIES   | <input type="checkbox"/> PARENT IN THE HOME            | <input type="checkbox"/> DRUG ADDICTION IN FAMILY   |
| <input type="checkbox"/> RECENT DEATH OF FRIEND | <input type="checkbox"/> MOVE TO A NEW HOME            | <input type="checkbox"/> OLDER SIBLING LEAVING HOME |
| <input type="checkbox"/> FINANCIAL PROBLEMS     | <input type="checkbox"/> TRAUMATIC EXPERIENCE          | <input type="checkbox"/> RECENT DEATH IN THE FAMILY |
| <input type="checkbox"/> BIRTH OF A SIBLING     | <input type="checkbox"/> MOVE TO A NEW SCHOOL          |   |
| <input type="checkbox"/> AGING GRANDPARENTS     | <input type="checkbox"/> SERIOUS ILLNESS OF THE CHILD  |   |
| <input type="checkbox"/> ALCOHOLISM             | <input type="checkbox"/> SERIOUS ILLNESS OF A RELATIVE |   |

**M. ABUSE HISTORY.**

MY CHILD WAS NOT ABUSED IN ANY WAY.  MY CHILD WAS ABUSED.

IF YOUR CHILD WAS ABUSED, PLEASE INDICATE THE FOLLOWING. FOR KIND OF ABUSE, USE THESE LETTERS: P = PHYSICAL, SUCH AS BEATINGS.

S = SEXUAL, SUCH AS TOUCHING/MOLESTING, FONDLING, OR INTERCOURSE. N = NEGLECT, SUCH AS FAILURE TO FEED, SHELTER, OR PROTECT. E =

EMOTIONAL, SUCH AS HUMILIATION, ETC.

AGE?	KIND OF ABUSE?	BY WHOM?	EFFECTS ON CHILD?	WHOM DID THEY TELL?	CONSEQUENCES OF TELLING?
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**N. SOCIAL & BEHAVIORAL**

PLEASE CHECK THE ITEMS THE CHILD HAS DIFFICULTY WITH:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> AUDITORY                     | <input type="checkbox"/> HYPERACTIVITY       | <input type="checkbox"/> SLOWNESS TO LEARN          |
| <input type="checkbox"/> BLANKING OUT                 | <input type="checkbox"/> IMPULSIVITY         | <input type="checkbox"/> SOILING                    |
| <input type="checkbox"/> BREATH HOLDING               | <input type="checkbox"/> INTERRUPTED SLEEP   | <input type="checkbox"/> SPEECH                     |
| <input type="checkbox"/> CAN'T FALL ASLEEP            | <input type="checkbox"/> MANNERISMS          | <input type="checkbox"/> STUBBORNNESS, REGIDITY     |
| <input type="checkbox"/> DAREDEVIL BEHAVIOR           | <input type="checkbox"/> NAIL BITING         | <input type="checkbox"/> TANTRUMS                   |
| <input type="checkbox"/> DIARRHEA                     | <input type="checkbox"/> NIGHT TERRORS       | <input type="checkbox"/> THUMB SUCKING              |
| <input type="checkbox"/> EARLY WAKING                 | <input type="checkbox"/> NIGHTMARES          | <input type="checkbox"/> FEARS                      |
| <input type="checkbox"/> EATING                       | <input type="checkbox"/> VERBAL AGGRESSION   | <input type="checkbox"/> MOVE TO A NEW SCHOOL       |
| <input type="checkbox"/> VISION                       | <input type="checkbox"/> OTHER LANGUAGE      | <input type="checkbox"/> DRUG ADDICTION IN FAMILY   |
| <input type="checkbox"/> FOCUS ON OBJECTS, NOT PEOPLE | <input type="checkbox"/> PHYSICAL AGGRESSION | <input type="checkbox"/> OLDER SIBLING LEAVING HOME |
| <input type="checkbox"/> FORGETFUL                    | <input type="checkbox"/> ROCKING BODY        | <input type="checkbox"/> RECENT DEATH IN THE FAMILY |
| <input type="checkbox"/> GIVING UP                    | <input type="checkbox"/> SHYNESS             | <input type="checkbox"/> OTHER                      |
| <input type="checkbox"/> HABITS                       | <input type="checkbox"/> SIBLING CONFLICT    | _____   |
| <input type="checkbox"/> HEAD BANGING                 | <input type="checkbox"/> SOCIAL ISOLATION    | _____   |
| <input type="checkbox"/> CLUMSINESS                   | <input type="checkbox"/> COORDINATION        |   |
| <input type="checkbox"/> CONSTIPATION                 | <input type="checkbox"/> DANGEROUS BEHAVIOR  |   |

DESCRIBE BRIEFLY ANY SPECIAL INTEREST, HOBBIES, AND RECREATIONAL ACTIVITIES IN WHICH FAMILY MEMBERS PARTAKE:

CHILD: \_\_\_\_\_

MOTHER: \_\_\_\_\_

FATHER: \_\_\_\_\_

SIBLINGS: \_\_\_\_\_

DESCRIBE AN IMPORTANT FAMILY VALUE: \_\_\_\_\_

\_\_\_\_\_

NAME OF ADULT COMPLETING THIS FORM: \_\_\_\_\_

**A. EMERGENCY INFORMATION.**

IF SOME KIND OF EMERGENCY ARISES AND WE CANNOT REACH YOU, OR WE NEED TO REACH SOMEONE CLOSE TO YOU, WHOM SHOULD WE CALL?

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

IF YOU ARE NOT SUBMITTING CLAIMS TO YOUR INSURANCE COMPANY, THEN TO WHOM SHOULD YOUR BILLS BE DIRECTED:

SELF

OTHER: \_\_\_\_\_

(NAME)

(ADDRESS)

(PHONE)

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINTED NAMES OF PARENTS: \_\_\_\_\_

