

Introducing Pathlight Mentor Program

The Inside Work to Your Ministry

I. Introduction: Why This Matters to the Church Now

The Problem:

Churches are often expected to provide emotional support, healing, and leadership development without a clear structure for doing so. The result? Burned-out leaders, hurting congregants, and ministries full of silent pain.

The Solution:

*The Inside Work offers a complete **trauma-informed, faith-anchored transformation system**. It addresses the emotional and spiritual roots of leadership breakdown and builds a pathway for sustainable healing and growth.*

II. What Is The Inside Work?

Tagline: *A Spiritual System for Raising Healed Leaders in the Church and Beyond*

This isn't just a book. It's a discipleship blueprint for emotional healing, leadership restoration, and whole-person development. Built for **men's and women's ministries, reentry programs, recovery circles, and youth discipleship**, the system equips your church to guide people through healing, biblically, deeply, and sustainably.

III. How the System Works

Format:

- Book-based curriculum (Paperback or Digital)
- Optional group sessions
- Weekly lesson structure (1 session/week for 8–10 weeks)
- Reflection tools, red flag alerts, and wrap-up questions
- Aligned with both **Christian spiritual formation** and **emotional intelligence frameworks**

Each chapter includes:

- A spiritually grounded theme (e.g., identity, pain, trust, restoration)
- A guided self-reflection tool (e.g., “Loyalty Ledger,” “Pain Map”)
- Mentor/Facilitator support prompts
- Practical implementation questions

IV. Who Is This For?

- **Church leaders** looking for a structured way to disciple hurting people
- **Recovery and reentry ministries** in need of a healing curriculum that isn’t surface-level
- **Men’s/Women’s ministries** needing deeper emotional conversations tied to Scripture
- **Youth and family ministries** bridging faith with real-life healing work
- **Small group leaders** ready to grow beyond devotional booklets into transformational mentoring

V. What Makes This Different?

- **Built from real stories.** Each tool and lesson was created in partnership with system-impacted individuals, spiritual counselors, and justice-impacted mentors.
- **Not just inspiration, transformation.** Tools are evidence-based, trauma-informed, and scripturally resonant.
- **Fully scalable.** Can be used 1-on-1, in small groups, or as part of an entire church transformation strategy.
- **Compatible with pastoral counseling.** Easily complements ongoing therapy or support groups.

VI. What Outcomes Can You Expect?

- Leaders who understand their emotional triggers and patterns
- Healthier small group dynamics and accountability structures
- Deepened capacity for forgiveness, healing, and trust-building
- Reduced pastoral burnout through shared emotional discipleship
- A reproducible system that mentors leaders, from the inside out

VII. Implementation Options for Your Ministry

1. **Pilot Group:** Start with 6–10 individuals (staff, ministry leads, or high-capacity volunteers)
2. **8–10 Week Curriculum:** Use one chapter/week; each session includes teaching, discussion, tool use, and prayer.
3. **Certification Pathway:** Option to certify facilitators through The BRIGHTPath Academy for ongoing delivery
4. **Partner Package:** Includes facilitator training, group tracking forms, and optional coaching

VIII. Closing: Why Now?

Ministry leaders are carrying more than sermons. They are carrying emotional wounds the church was never trained to hold.

This book is a lifeline. Not just for your members. For your leaders. For the people doing the quiet, heavy work of showing up. *The Inside Work* gives language, structure, and grace to the deepest parts of our stories, and teaches us how to heal *as a team, not in isolation*.

The Inside Work Pilot Program

One Book – One Mentee Model (5 Participants)

Purpose:

To launch a low-barrier, high-impact healing and discipleship pilot for churches, focused on deep 1-on-1 mentorship using *The Inside Work: A Spiritual System for Raising Healed Leaders in the Church and Beyond*.

What's Included Per Pair:

Item	Unit Cost	Notes
Participant Book (Print)	\$29.00	Bulk discount available (10+ copies)
Mentor Guide	\$15 PDF / \$20	Optional – 1 per mentor
Printable Tools & Worksheets	\$5.00	Church may print or request add-ons
Admin/Support (Optional)	\$25.00/pair	30-min Zoom debrief or group check-in

Cost Estimate – 5 Mentee/Mentor Pairs

Expense	Quantity	Total Cost
Participant Books (Print)	5	\$145.00
Mentor Guides (PDF/Book Option)	3–5	\$0–\$100.00
Tools & Worksheets (Printed)	5	\$25.00
Optional Admin/Zoom Support	5 pairs	\$125.00
Estimated Total Range		\$195 – \$395

Pilot Highlights

- **Simple Launch:** Just 5 books and a few committed mentors to start
- **Mentor-Led:** No specialized training required; includes guides and check-ins
- **Low Cost, High Impact:** Scalable up or down depending on ministry size
- **Outcomes Tracked:** Optional feedback forms available to measure growth

Next Step:

Identify 3–5 mentors and mentees. We'll provide everything else you need to get started, books, guides, tools, and support.