



Out of the Schools: Cyberbullying Prevention

Course Description: More and more students in our schools are experiencing bullying through means like email, social media applications, and text messaging. This issue has left many schools at a loss for what they can do to protect their students.

This online class will examine the issue of cyberbullying and offer insight into what cyberbullying is, how it differs from traditional bullying, and how schools can help. This course will use a variety of resources including from students themselves.

Clock Hours / Continuing Education Units: 5

Learning Objectives:

- Understand terminology and statistics around cyberbullying
- Gain knowledge about what cyberbullying looks like and how it differs from traditional bullying
- Consider how to change the culture in their schools and communities
- Demonstrate an understanding of cyberbullying, the rates at which it occurs, and how to protect students
- Demonstrate a knowledge of methods to change the climate in a school and classroom setting to improve the safety and well-being of students.

Course Requirements: To receive full credit for the course, participants must complete ALL assignments. Failure to complete all assignments will result in a non-passing grade

Getting Started:

- After registering for the course, you will be sent an email with the website address, password, and course key you need to access your online course, along with login instructions
- Access each assignment through the course home page. All assignments will be submitted through the Canvas platform on each respective assignment page.
- Save a backup copy of all course assignments and completed work.

Course Outline:

Lesson Number	Lesson Description	Clock Hours
1	Introductions and Overview: Take the time to get to know the class layout, read over the Help section, and review any other materials present in the class to get started. Take your time!	0.2 hours
2	Defining Cyberbullying – In this lesson, participants will browse the websites of national organizations to learn the definition of cyberbullying. They will then reflect what they learned and how that differed from or matched their knowledge before taking this course, as well as whether they have noticed cyberbullying in their schools.	0.6 hours
3	Cyberbullying vs Traditional Bullying – Participants will read articles discussing the difference between traditional bullying and cyberbullying. They will then reflect on whether they feel there should be a distinction between the two or if they are the same.	0.6 hours
4	Prevalence of Cyberbullying – Participants will review different studies on cyberbullying. They will reflect on the differences in the findings and which ones they believe to be more accurate based on their personal knowledge of what goes on in their schools.	0.6 hours

5	Where's This Happening? – Participants will review the known social media platforms where cyberbullying occurs. They will reflect on which platforms they have witnessed or heard of cyberbullying happening and come up with potential ways to alleviate the bullying that happens.	0.6 hours
6	Role of the Teacher – Participants will learn about ways that they can help prevent and alleviate cyberbullying. They will reflect on what they already do personally and what (if any) policies their school has in place to address cyberbullying.	0.6 hours
7	How to Work with Parents – Participants will learn strategies that parents can utilize to address cyberbullying with their children. They will reflect on ways that they have or could address these issues with parents.	0.6 hours
8	How to Work with Students – Participants will learn from listening to students about what can be done to address cyberbullying. They will reflect on whether they think these strategies will work and how they can present them to students.	0.6 hours
9	Media Response – Participants will read about what the media should keep in mind when reporting on cyberbullying and bullying situations. They will then read an article chronicling a specific bullying incident and analyze what the journalist did right and what they could improve on, per the suggestions they learned.	0.6 hours
	TOTAL HOURS	5 Hours

Student Requirements and Assessment: No outside materials will be required for the completion of this course. Participants will be required to complete a series of electronic quizzes to assess their understanding. Participants can earn up to 40 points total for the course. Each quiz may be taken up to three times, with the highest score recorded in the final grade. All quizzes must be completed in order to earn credit.

Grading Scale:

100-80% (32-40)	Pass
79%-Below (<32 points)	No Pass

Americans with Disabilities Act: If you are a student with a disability and require any auxiliary aids, services, or other accommodations for this class, please email academy@iowasafeschools.org or call 515.381.0588.

Professional Development: Prior to purchasing a course registration, it is your responsibility to ensure that National Safe Schools Convening Online Academy coursework satisfies the license renewal requirements for your state and/or district.