



Navigating Conversations on Human Sexuality

Course Description: Human sexuality can be a difficult topic for many to address. As an educator or a youth-service provider - the conversation does come up. What issues are impacting our students on this topic? What resources are available to incorporate in the classroom? And how do you have these conversations with students?

This course will examine topics including basic tenets of human sexuality, STD/HIV risks, healthy relationships, implications of other issues on sexuality (bullying, substance abuse), resources including lesson plans/potential organizational partners for the classroom, and the legal line of what/when to do when a mandatory reporting requirement has been reached.

At the end of this course, participants will reflect on new learning in this course and develop an implementation plan to utilize in their work.

Clock Hours / Continuing Education Units: 10

Learning Objectives:

- Summarize historical and religious understanding of human sexuality
- Understand biological and psychological issues impacting youth
- Understand critical legal questions surrounding human sexuality related issues and schools
- Develop new lessons that can be used in the classroom and professional development setting

Course Requirements: To receive full credit for the course, participants must complete ALL assignments. Failure to complete all assignments will result in a non-passing grade

Getting Started:

- After registering for the course, you will be sent an email with the website address, password and course key you need to access your online course, along with login instructions.
- Access each assignment through the course home page. All assignments will be submitted through the Moodle platform on each respective assignment page.
- Please save a backup copy of all course assignments and completed work.

Course Outline:

Lesson Number	Lesson Description	Clock Hours
1	Introductions and Overview: Take the time to get to know the class layout, read over the Help section, and review any other materials present in the class to get started. Take your time!	0.2 Hours
2	Philosophy of Sex – Participants will reflect on the philosophical meanings behind sex and love that Western Civilization has inherited over generations. They will analyze resources critiquing the fear of discussing sexuality and sexual health in schools.	0.85 Hours
3	The Scary S-Word - Participants will reflect on the barriers and challenges in talking about sexuality and implementing sex education curriculum in schools.	0.85 Hours
4	HIV/STI Rates Among Youth – Participants will analyze data and statistics on the current trends in sexually transmitted infections among youth.	0.85 Hours
5	Teen Pregnancy – Participants will evaluate the current rates of teen pregnancy in the United States. Participants will also reflect on the stigma behind teen pregnancy and the ways communities are trying to decrease unintended pregnancies and stigma in a discussion post.	0.85 Hours

6	LGBTQ Youth – In this lesson, participants will analyze the issues impacting LGBTQ Youth, including the coming out process, acceptance in schools and communities, and lack of adequate health care.	0.85 Hours
7	Sexual Assault – Participants will discuss the prevalence of sexual assault in the United States. In this lesson, participants will develop a framework of terminology and develop an understanding for addressing the topic.	0.85 Hours
8	Sexting and the Law – In this lesson, participants will develop an understanding for the legal ramifications of minors sexting and its implications with teenagers.	0.85 Hours
9	Discussing with Students – Teaching and talking about sexuality in the classroom can be uncomfortable and controversial. In this lesson, participants will examine several resources on how to teach sexuality, pregnancy prevention, and sexual harassment in the classroom.	0.85 Hours
10	Course Reflection: In this lesson, participants will write a summary of their reflections throughout the course, including new learnings	1.00 Hours
11	Implementation Plan: For this final portion of the course, participants will develop a lesson that can be utilized in the classroom, homeroom period, or professional development training that encompasses the new learnings within this course.	2.00 Hours
TOTAL HOURS		10 Hours

Student Requirements and Assessment: No outside materials will be required for the completion of this course.

Participants will be assessed in three different ways:

- Quizzes:** Participants are required to complete a series of electronic quizzes to assess their understanding. Participants can earn up to 64 points total for the course. Each quiz may be taken up to three times, with the highest score recorded in the final grade. All quizzes must be completed in order to earn credit.
- Course Reflection:** Participants will be required to write a reflection summarizing their new learnings within the course. Participants can earn up to 10 points total for the reflection. The reflection will be graded using the following rubric:

Grading Rubric for Discussion Forums		
		Points
Critical Thinking	Makes connections to the other content and real-life that are supported by reference(s) and/or example(s)	2
	Offers new ideas, connections, or applications	1
	Expresses and justifies personal opinion	1
Assignment Specific Criteria	Addresses all parts of the reflection	6
Total Points Possible		10

- Implementation Plan:** Participants will construct an implementation plan for how their new knowledge can be directly implemented into the classroom, training setting, or professional development environment. Implementation plans will be graded using the following rubric:

Grading Rubric for Implementation Plan		
		Points
Background Information	Lesson / Title Identified	1
	Target Audience and Subject/Course Setting Identified	1

	Learning Goals are measurable objectives students are expected to meet by the end of the lesson.	2
	Lesson Ties to Specific State Standards for Students, Educators, or Professionals	2
	Materials Listed	1
Lesson Plan	<i>Engage:</i> Lesson hooks audience and introduces lesson effectively.	5
	<i>Explore and Explain:</i> Lesson actively engages participants in learning new material using best practices.	5
	<i>Evaluate:</i> Lesson effectively assesses participant understanding.	5
Implementation	Writing is clear, well developed, and organized. No or few grammar and spelling errors	2
	Is realistic in their approach – understands limitations may exist	2
Total Points Possible		26

Grading Scale:

100-80% (80-100 Points)	Pass
79%-Below (<80 points)	No Pass

Americans with Disabilities Act: If you are a student with a disability and require any auxiliary aids, services, or other accommodations for this class, please email academy@iowasafeschools.org or call 515.381.0588.

Professional Development: Prior to purchasing a course registration, it is your responsibility to ensure that National Safe Schools Convening Online Academy coursework satisfies the license renewal requirements for your state and/or district.