



## **On Wednesdays We Wear Pink: Understanding the Politics of Girl World**

**Course Description:** In schools every year, young women are facing an increasing number of pressures at an alarmingly young age. According to several youth climate surveys, girls are now reporting higher rates of bullying victimization than boys. Nationwide, 8 in 10 girls have experienced sexual harassment at school and rates of dating violence are increasing. Bullying and other pressures interfere with a student's ability to successfully participate in academic and social activities. All students have the right to a safe and inclusive learning environment, but additional efforts must be made to address bullying among young women and their peer groups.

This course will examine the social pressures that women are subjected to on a daily basis and explore the educational environment through the lens of adolescent girls and their peers. Topics include the socially constructed standards of body image, teen pregnancy, the inner-politics of cliques, gossip, cyber-bullying, healthy relationships, and successful methods for confronting bullying behavior.

Lessons in this course include the reflection on issues affecting teenage girls in today's school systems, the application of evidence-based methods for confronting dating violence and relationships, and the analysis of resources for managing bullying behavior amongst female students and social groups.

### **Clock Hour / Continuing Education Units: 5**

#### **Learning Objectives:**

- Understand, analyze and explain the social issues affecting adolescent women within the school environment and in society at large
- Identify the characteristics of relational aggression, peer isolation, harassment, and other traits of bullying within teen social groups
- Analyze techniques and resources for anti-bullying, specifically amongst women in the secondary school setting. Techniques include responses for intervention, reporting measures, and empowering students to overcome the role of bystander through awareness and other activities.

**Course Requirements:** To receive full credit for the course, participants must complete ALL assignments. Failure to complete all assignments will result in a non-passing grade

#### **Getting Started:**

- After registering for the course, you will be sent an email with the website address, password, and course key you need to access your online course, along with login instructions
- Access each assignment through the course home page. All assignments will be submitted through the Canvas platform on each respective assignment page.
- Save a backup copy of all course assignments and completed work.

**Course Outline:**

Lesson Number	Lesson Description	Clock Hours
1	<b>Introductions and Overview:</b> Take the time to get to know the class layout, read over the Help section, and review any other materials present in the class to get started. Take your time!	0.2 hours
2	<b>Gender:</b> Participants will watch a TedX Talk on gender, and discuss the concepts of gender, and how stereotypes and social constructs can affect perceptions of gender.	0.6 hours
3	<b>Feminism:</b> Participants will review an article about feminism today and the women's movements in the United States. After reflecting on the article, participants will analyze the concepts of feminism and how it has impacted different areas of society.	0.6 hours
4	<b>Miss Representation:</b> Participants will watch clips from the film <i>Miss Representation</i> and dissect the different impacts that media has had on girls and their self-image.	0.6 hours
5	<b>Queen Bee and Her Court:</b> Participants will reflect on a chapter from the book <u>Queen Bees &amp; Wannabes</u> by Rosalind Wiseman and reflect on its application to today's schools and communities	0.6 hours
6	<b>Girl World and Cyberbullying:</b> Participants will examine several resources on cyber-bullying and gender and reflect on the differences (if any) of bullying between boys and girls.	0.6 hours
7	<b>Relational Aggression:</b> Participants will review materials on relational aggression and its impacts in school.	0.6 hours
8	<b>Intimate Partner Violence Among Teens:</b> Participants will review resources about intimate partner violence and reflect on its prevalence in our schools and communities	0.6 hours
9	<b>Supporting Students Day to Day:</b> Participants will review information on how to spot students who may be in relationships that are potentially unhealthy and how to be supportive of those students.	0.6 hours
<b>TOTAL CLOCK HOURS</b>		5 Hours

**Student Requirements and Assessment:** No outside materials will be required for the completion of this course.

Participants will be required to complete a series of electronic quizzes to assess their understanding. Participants can earn up to 40 points total for the course. Each quiz may be taken up to three times, with the highest score recorded in the final grade. All quizzes must be completed in order to earn credit.

**Grading Scale:**

100-80% (40-32)	Pass
79%-Below (<32)	No Pass

**Americans with Disabilities Act:** If you are a student with a disability and require any auxiliary aids, services, or other accommodations for this class, please email [academy@iowasafeschools.org](mailto:academy@iowasafeschools.org) or call 515.381.0588.

**Professional Development:** Prior to purchasing a course registration, it is your responsibility to ensure that National Safe Schools Convening Online Academy coursework satisfies the license renewal requirements for your state and/or district.