



Sexually Transmitted Infections: The Importance of Educating Youth

Course Description: Sexually Transmitted Infections (STI), commonly known as Sexually Transmitted Diseases (STD), occur in every population at every age range. Half of all new sexually transmitted infections occur in people age 25 and below. This makes the issue especially important for anyone who works with you, like teachers and other school staff.

This course will examine the types of STIs that occur, and how they affect the body. Participants will learn about infection rates, common misconceptions, and prevention strategies when it comes to the most common STIs that affect youth. They will also learn what responsibilities they have toward their students.

Lessons in this course will include discussions on their preconceptions about STIs in general and their reactions to the information they are learning. Participants will also examine their own schools’ policies regarding STI and sexual education for their students. **At the end of this course, participants will reflect on new learning in this course and develop an implementation plan to utilize in their work.**

Clock Hours / Continuing Education Units: 10

Learning Objectives:

- Identify the characteristics and transmission rates of each STI in youth
- Demonstrate awareness of common misconceptions about STIs
- Identify and access resources for medical treatment and prevention of STIs
- Develop new lessons that can be used in the classroom and professional development setting

Course Requirements: To receive full credit for the course, participants must complete ALL assignments. Failure to complete all assignments will result in a non-passing grade

Getting Started:

- After registering for the course, you will be sent an email with the website address, password and course key you need to access your online course, along with login instructions.
- Access each assignment through the course home page. All assignments will be submitted through the Moodle platform on each respective assignment page.
- Please save a backup copy of all course assignments and completed work.

Course Outline:

Lesson Number	Lesson Description	Clock Hours
1	Introductions and Overview: Take the time to get to know the class layout, read over the Help section, and review any other materials present in the class to get started. Take your time!	0.2 Hours
2	Discussion: What’s an STI and Who Cares? – Participants will learn exactly what STIs are and why it’s important to know about them when working with students. Participants will reflect on the preconceived notions they had about STIs and how that is similar or different from what they learned.	0.85 Hours
3	Discussion: Chlamydia – Participants will learn about what chlamydia is and how it relates to youth. They will reflect on what they learned, especially as it relates to what they may have known about chlamydia.	0.85 Hours

4	Discussion: Gonorrhea – Participants will learn about what gonorrhea is and how it relates to youth. They will reflect on what they learned, especially as it relates to what they may have known about gonorrhea.	0.85 Hours
5	Discussion: Syphilis– Participants will learn about what syphilis is and how it relates to youth. They will reflect on what they learned, especially as it relates to what they may have known about syphilis.	0.85 Hours
6	Discussion: HIV – Participants will learn about what HIV is and how it relates to youth. They will reflect on what they learned, especially as it relates to what they may have known about HIV.	0.85 Hours
7	Discussion: Hepatitis – Participants will learn about what hepatitis is and how it relates to youth. They will reflect on what they learned, especially as it relates to what they may have known about hepatitis.	0.85 Hours
8	Discussion: STIs in the LGBTQ Youth Community – Participants will learn how STIs effect the LGBTQ youth community and effective ways to recognize that. Participants will reflect on the factors that lead to these numbers.	0.85 Hours
9	Discussion: Curriculum – Participants will learn about how inclusive curriculums help prevent and reduce the number of new infections in youth. Participants will reflect on what methods are currently being used in schools and which are effective.	0.85 Hours
10	Course Reflection: In this lesson, participants will write a summary of their reflections throughout the course, including new learnings	1.00 Hours
11	Implementation Plan: For this final portion of the course, participants will develop a lesson that can be utilized in the classroom, homeroom period, or professional development training that encompasses the new learnings within this course.	2.00 Hours
TOTAL HOURS		10 Hours

Student Requirements and Assessment: No outside materials will be required for the completion of this course. Participants will be assessed in three different ways:

- Quizzes:** Participants are required to complete a series of electronic quizzes to assess their understanding. Participants can earn up to 64 points total for the course. Each quiz may be taken up to three times, with the highest score recorded in the final grade. All quizzes must be completed in order to earn credit.
- Course Reflection:** Participants will be required to write a reflection summarizing their new learnings within the course. Participants can earn up to 10 points total for the reflection. The reflection will be graded using the following rubric:

Grading Rubric for Discussion Forums		
		Points
Critical Thinking	Makes connections to the other content and real-life that are supported by reference(s) and/or example(s)	2
	Offers new ideas, connections, or applications	1
	Expresses and justifies personal opinion	1
Assignment Specific Criteria	Addresses all parts of the reflection	6
Total Points Possible		10

- Implementation Plan:** Participants will construct an implementation plan for how their new knowledge can be directly implemented into the classroom, training setting, or professional development environment. Implementation plans will be graded using the following rubric:

Grading Rubric for Implementation Plan		
		Points
Background Information	Lesson / Title Identified	1
	Target Audience and Subject/Course Setting Identified	1
	Learning Goals are measurable objectives students are expected to meet by the end of the lesson.	2
	Lesson Ties to Specific State Standards for Students, Educators, or Professionals	2
	Materials Listed	1
Lesson Plan	<i>Engage</i> : Lesson hooks audience and introduces lesson effectively.	5
	<i>Explore and Explain</i> : Lesson actively engages participants in learning new material using best practices.	5
	<i>Evaluate</i> : Lesson effectively assesses participant understanding.	5
Implementation	Writing is clear, well developed, and organized. No or few grammar and spelling errors	2
	Is realistic in their approach – understands limitations may exist	2
Total Points Possible		26

Grading Scale:

100-80% (80-100 Points)	Pass
79%-Below (<80 points)	No Pass

Americans with Disabilities Act: If you are a student with a disability and require any auxiliary aids, services, or other accommodations for this class, please email academy@iowasafeschools.org or call 515.381.0588.

Professional Development: Prior to purchasing a course registration, it is your responsibility to ensure that National Safe Schools Convening Online Academy coursework satisfies the license renewal requirements for your state and/or district.